



CONGREGATION BETH EL OF MONTGOMERY COUNTY

22 ADAR II 5755

VOLUME 44 ISSUE 15

March 24, 1995

Shabbat Schedule

Friday, March 24th, at 6:30 p.m.
Kadima/USY Shabbat Dinner at 7:00 p.m. in the SH
Singles Dinner at 7:00 p.m. in the APR
Beth El Retreat Weekend

Saturday, March 25th, at 7:30 and 9:15 a.m.
Lesley Matty Bat Mitzvah at 9:15 a.m.
Jr. Congregation at 10:00 a.m.
Nitzanim at 10:30 a.m. in the APR

Friday, March 31st, at 6:30 p.m.

Saturday, April 1st, at 7:30 and 9:15 a.m.
Susanna Lewis Bat Mitzvah at 9:15 a.m.
Jr. Congregation at 10:00 a.m.
Shabbat Havurah at 12:45 p.m. in the Chapel

Friday, April 7th, at 6:30 p.m.

Saturday, April 8th, at 7:30 and 9:15 a.m.
Adam Heller Bar Mitzvah at 9:15 a.m.
Jr. Congregation at 10:00 a.m.
Nitzanim at 10:30 a.m. in the APR

Friday, April 14th, Shabbat and Festival Services
at 6:30 p.m.
First Seder

Saturday, April 15th, Shabbat and Festival Services
at 9:15 a.m.
Jr. Congregation at 10:00 a.m.
Gan Shabbat at 10:30 a.m. in the APR
Keruv at 12:00 p.m. in the BR
Festival Service at 7:15 p.m.
Congregation Seder at 7:30 p.m.

Report of the Ritual Committee

At the February 22, 1995 meeting of the Ritual Committee a number of decisions were made regarding services. Starting time of the weekday Morning Minyan, the Sunday Morning Minyan, and the availability of a Sunday evening and national holiday Evening Minyan were discussed.

The Morning Minyan will continue to meet at 7:30 a.m. Monday through Friday mornings. In response to the Morning Minyan regulars' request, beginning July 1, 1995, the only time the weekday Morning Minyan will be at 9:00 a.m. will be on Labor Day, Thanksgiving, Christmas, New Year's Day, Memorial Day and July 4th. On Martin Luther King's Birthday, Presidents' Day, Veterans Day and Columbus Day, the Morning Minyan will be at 7:30 a.m. Currently these minyanim occur at 9:00 a.m. The rationale for this change is that although these days are Federal holidays, people who do not work for the Federal government, particularly those in retail businesses, need to work on these days and can't make a 9:00 a.m. minyan.

The Sunday Morning Minyan will always start at 9:00 a.m. Currently, the Sunday Morning Minyan starts at 9:00 a.m. except on Rosh Chodesh or a holiday when the service can be expected to last longer than thirty minutes. In order to give the Men's Club time to accommodate to this change, it will not begin until July 1, 1995.

To accommodate people who are saying Kaddish, we will be instituting a Sunday Evening Minyan at 8:00 p.m. and an Evening Minyan at 8:00 p.m. on Federal holidays when the synagogue is closed. This will be instituted as soon as logistical arrangements can be worked out.

We urge people to attend the Evening Minyan when they are assigned. All of us have the responsibility to make sure there is a minyan for those who need to say Kaddish. Only if each of us comes to the Evening Minyan during the week we are assigned can we insure that there will be a minyan. If you have any suggestions how to get people to come to the Evening Minyan, please share them with me.

B'Shalom,
Marilyn Wind, Chairman, Ritual Committee

Calling All Kohanim, Leviim and Yisraelim!

Because Beth El would like to honor as many of our members as possible during services, we are updating our list of names of those who would like to be called to the Torah for aliyot. We have a particular need to expand our list of kohanim and leviim. If you wish to be included, please phone Toby Moss at (301) 530-0861 or send a note to 10301 Dickens Avenue, Bethesda, MD 20814.



**Have you RSVP'ed for a
Capital Evening?**

**Don't miss this enjoyable
event!**

Do you need a babysitter? Call Rachel
Handloff at 652-2606.

Do you need a ride? Call Suzanne Bronheim at
320-3220.

**Be sure to buy your raffle tickets—you can't
win any of the wonderful prizes if you don't
have tickets.**

Shopping Certificate News

It was your effort and cooperation that made the shopping certificate program a great success last year (over \$800,000 in sales with 5% profit going to Beth El!) Let's continue to work together to make this year's effort equally successful.



Certificates are available for Giant, Magruders, Safeway, Shoppers Food Warehouse, Snider's, Shalom, Katz's, and Fresh Fields. Join the many "standing order" families or purchase yours by mail, in the synagogue office, at Vatikim meetings or in the Rotunda on Sunday mornings.

Since 5% of all sales goes directly to Beth El, this is an easy way to keep dues' increases to a minimum. For further information, please call Cheryl Rod at (301) 299-8362.

All in the Family

Mazal Tov to Eleanor and Richard Cohen on the birth of their granddaughter, Jessie Paige Lichtenstein, on February 12, 1995. Jessie is the daughter of Dee and Jeremy Lichtenstein.

Congregation Beth El wishes a speedy recovery to Joseph Levy.

Membership Information

Elliot and Vivian Cines moved to 5809 Nicholson Lane, #510, North Bethesda, MD 20852. Thomas and Ann Friedman have moved to 9118 Redwood Avenue, Bethesda, MD 20817. (301) 469-8768.

Attention Ushers!

Have you confirmed the receipt of your ushering certificate? It is extremely important that Beth El knows you are aware of your special day. Remember, confirmation does not obligate you to be at Beth El on your assigned day; changes may be made at any time prior to your ushering date.

Toby Moss has heard from many of you, but there are still some people who have not been in touch. Please mail your ushering certificate to Toby today or save the postage and phone her at (301) 530-0861.

Didn't get one? Don't be disappointed. You may be among the privileged Beth El members chosen to usher next year. If you have a secret desire to be included in this elite group, you may apply for usher status by phoning Toby Moss.

Oops!

How could we have forgotten? The article about Beth El's presence at the Seaboard Region Convention was incomplete! Beth El member Paula Horowitz was also elected Vice President of the Region. Paula has made the wonderful contribution to the Seaboard Region of the Jewish Computer Dating Service.

Baruch Dayan Emet

Congregation Beth El offers its sincere condolences to Irwin Aisenberg on the death of his wife, Ria Billett; to Frances Leibowitz on the death of her son-in-law, Professor Jordan A. Schwarz; to Sheldon London on the death of his father, Barney London; and to Thomas Hoffman on the death of his father, Stanley Hoffman.

The Evening Minyan

The following people are asked to help us with our daily Evening Minyan for the next three weeks. The Minyan begins at 8:00 p.m. and concludes at 8:15 p.m. Please note that the Evening Minyan starts at 8:20 p.m. on Wednesdays when the Saul Bendit Adult Institute is in session. During the week of your assignment, we would appreciate your attending as many evenings as possible, so that those who are saying Kaddish will have a minyan that they can attend at Beth El.

March 27 - March 30

Bennett and Marlene Harte
John and Bonnie Harte
Herbert and Lila Harvey
Gabriel and Tova Hauser
Julius and Irene Hauser
Danielle Hazan
Alan and Dunya Hecht
Mindy Hecker
Bernard and RuthAnn Heckman
Jerome and Cyma Heffter
Anne Heilman
Thomas Helf and Barrie Berman
James and Debbie Heller
Clifford and Deborah Hendler
Jerry and Linda Herman
Michele Herman
Rose Herman
Roger and Rona Heymann
Daniel Hirsch and Brenda Gruss
Hans Hirsch

April 3 - April 6

Reba Hirsh
Abraham Hochberg
Joseph and Lisa Hochheiser
Abram and Andrea Hoffman
Howard and Leora Hoffman
Ira and Meredith Hoffman
Lee Hoffman and Leslie Whipkey
Thomas and Judith Hoffman
Jerome and Caryl Holiber
Norman and Barbara Hollander
Elmira Hopp
Jason and Josephine Horn
Paul and Sharon Horn
Sidney and Paula Horowitz
Eric and Alissa Horvitz
David and Florence Horvitz
Ely and Barbara Hurwitz
Harold and Selma Hurwitz
David and Gail Ifshin
Pavel and Makaella Ilyin

April 10 - April 13

Lia Imas
Kenneth Ingber
Robert and Sheryl Isaacs
Bernard and Rita Jacobi
David and Ilene Jacobowitz
Gary Jacobs and Harriet Kerwin
Robert and Debra Jacobs
Mark and Joanne Jacobson
Steven and Nancy Jacobson
Philip and Zelda Janus

Newton and Lois Jassie
Jeffrey Jay and Molly Peter
Mervyn and Marcia Jeffries
Heinz and Bertl Just
Stanley and Gail Jutkowitz
Alan and Nancy Kaden
Walter and Barbara Kahn
Gail Kailo
Joel and Denise Kalman
Robert and Marcia Kalman
Ben and Sarah Kalser

Keruv

Dear Keruv: My husband and I are rearing our children as Jews, but I guess they are not technically Jewish because I never converted. Will they be allowed to attend Beth El's Religious School? My husband is a member. Mom

Dear Mom: Yes, your children may attend the Religious School; determining whether a child is Jewish is not part of the admissions process. Because you have chosen a Jewish life for your family and because children can be fragile when it comes to questions about "What/Who am I?", Keruv encourages you to convert your children to Judaism as early in their lives as possible. In any case, conversion must take place before a child's Bar/Bat Mitzvah.

Shabbat Discussions

Keruv welcomes everyone to our Shabbat discussion group, held after the morning services on the third Shabbat of each month. In our discussions we talk about how we have met our own challenges with children, spouses and grandchildren, our questions about how to integrate our non-Jewish family members in Jewish life, and how we preserve our Jewish heritage. The next discussion will be held on May 20th and will focus on "When Your Child Interdates."

Keruv wants your questions and comments! Feel free to ask about almost anything, and we will try to answer you in the Beth El Scroll or, if you prefer, privately. Address: "Dear Keruv" in care of the synagogue office.

Keruv ("outreach") was formed to address the issues of intermarriage at Beth El. For information about Keruv and its discussion groups and other activities, call Susan Levine at (301) 530-2919.

Social Action News

Volunteers Needed for Congregation Based Shelter

Beth El will once again open its doors to shelter twenty homeless men and women in our synagogue for the week of April 2nd through April 9th. The Congregation Based Shelter program is run by Community Ministry of Montgomery County, of which Beth El is a member, and the Montgomery County Department of Social Services. CBS is a system of fifty churches and two synagogues which volunteer to provide temporary overnight year-round housing to certain homeless individuals in Montgomery County. The program is now in its twelfth year.

The shelter will operate as it did last year: we will provide dinner, breakfast and a bag lunch to our shelter guests who will sleep in the All Purpose Room and use the adjacent bathroom. The rest of the building is off-limits. Shelter hours are from 7:00 p.m. to 7:00 a.m. No guest will be on the premises or in the neighborhood at any other time. The homeless men and women in the CBS program are all carefully screened. No one is admitted who is unable to comply with shelter rules, or who is not committed to working with the problems causing their homelessness. A paid CBS staff person is on the premises during shelter hours.

Beth El members are needed to staff the shelter: to serve dinner, visit with guests and sleep over. Other tasks, including transporting and laundering linens at the end of the week, need volunteers as well. Donations of snacks, drinks and toiletries, as well as contributions to the Social Action Fund to cover costs associated with the program, are also welcomed. If you would like to help, please call either Debbie Ross, (301) 229-4131, or Julie Maltzman, (301) 530-9199.

A mandatory organizational meeting for all volunteers will be held on Tuesday, March 14th at 8:00 p.m. in the All Purpose Room.

As they did so successfully last year, our Religious School students will prepare dinner and lunch for much of the week. This year day school students will also have an opportunity to prepare a meal. Interested day school students should contact Susan Siegel, (301) 469-9585.

Those of us who participated in this project last year were affected by the experience and are eager to be involved again this year. The shelter is a wonderful opportunity for Beth El to show we care about the homeless in our community. Please join in this most worthwhile endeavor.

Nitzanim

Nitzanim Shabbat Services are held the second and fourth Saturdays of each month at 10:30 a.m. in the All Purpose Room. A special service for children ages six and under and their parents, Nitzanim Shabbat Services feature a Torah parade, stories, lots of songs and a snack. We look forward to seeing you there!

BETH EL SCROLL

8215 Old Georgetown Road, Bethesda, Maryland 20814

Rabbi Jonathan Z. Maltzman
 Assistant Rabbi William D. Rudolph
 Rabbi Emeritus Samuel Scolnic
 Hazzan Abraham Lubin
 Executive Director Steven J. Kravitz
 Education Director Louis A. Nagel
 Nursery School Director Ellen M. Darr
 Youth Director Rachel B. Handloff
 President Leonard N. Bebchick
 First Vice President Suzanne M. Bronheim
 Second Vice President Benson D. Adams
 Second Vice President Norman L. Eule
 Treasurer Susan Brinn Siegel
 Financial Secretary Cary M. Feldman
 Secretary Arthur N. Popper

Synagogue Office 301-652-2606
 Nursery School 301-652-1228
 Religious School 301-652-2608
 FAX Number 301-907-8559

AFFILIATED WITH UNITED SYNAGOGUE OF CONSERVATIVE JUDAISM

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Congregation Beth El Gratefully Acknowledges the Following Contributions (As of February 21, 1995)

Bauer Confirmation Fund

In Honor Of: Heinz Bauer's special birthday by Doris J. Rauch.

Beth El Forest

In Honor Of: Speedy recovery of Mrs. Roni Somers by Rita and Irv Weiss. In Memory Of: Erika and Martin Weiss by Rita and Irv Weiss; Cecelia and Jack Brown by Rita and Irv Weiss; Rabbi Abraham Shoulson by Mr. and Mrs. Jason Horn.

Cantor's Fund

In Honor Of: Hazzan Lubin by Julian Levin.

College Fund

In Memory Of: Ed Marks, father of Gail Bloom, by Steven Kravitz and Esther Siegel; Bess Unger Cohn by Cyra Heffter.

Conservative Judaism in Israel

In Memory Of: Louis Katz by Roy H. Millenson.

Fine Arts Fund

In Memory Of: Eileen G. Rubin by Marilyn and William Paul.

General Endowment Fund

In Memory Of: Anne Jacobs by Shirley Boris.

General Fund

Jean S. Golding. In Honor Of: Mark Jacobson's 40th birthday by David and Susan Siegel; Rabbi Scolnic by Craig D. Yokum. In Memory Of: Isadore Frumkin by Jerome and Barbara Frumkin; George Orentlicher by Regardie, Brooks and Lewis.

Groner Ramah Scholarship Fund

In Honor Of: The speedy recovery of Allan Lang by Leena and Erwin Groner; The Bat Mitzvah of Rebecca Wexler. Mazal Tov by Leena and Erwin Groner.

Lipnick Israel College Scholarship Endowment Fund

In Honor Of: Lauren Bregman's Bat Mitzvah by David B. and Susan Brinn Siegel. In Memory Of: Rabbi Jerome Lipnick by Joan Lipnick Abelson; Jonathan Simon's father, Eugene V. Debs Simon, by David and Susan Siegel.

Mazon

Judith Matz. In Honor Of: 50th anniversary of our parents, Doris and Joseph King, by Susan and Bert King. In Memory Of: Jennie Ash by Bernard Ash; Tillie Lotman by Mr. and Mrs. Philip Janus.

Mintz Landscaping Fund

In Memory Of: Maxwell J. Oling, father of Gloria Frank, by Gloria O. Frank; Rachel Frank, stepmother of Beryl Frank, by Beryl and Gloria Frank.

Morning Minyan Fund

In Honor Of: Jack Goldberg's 90th birthday by Leonard and Sylvia Sheeskin and Julian Levin. In Memory Of: Eugene V. Debs Simon by Marsha K. Glazer and Family; Jack Moss, father of Bernie Moss, by Leonard and Sylvia Sheeskin; Sara Rea Burkorn by Ruth Lee Greenberg; Samuel Tanenbaum by Dr. and Mrs. Herbert Tanenbaum; Meyer Marcus, father of Dr. Lawrence Marcus, by Dr. and Mrs. Lawrence Marcus; Nettie Edenbaum by Sandra and Robert Edenbaum; Sarah Simon Golub by Dorothea K. Lear.

Music Fund

In Honor Of: Jack Goldman's 80th birthday by Mrs. Beatrice Lavker. In Memory Of: Leah Heffter by Jerome and Cyra Heffter.

Nitzanim Fund

In Honor Of: David's 5th birthday by Nancy Rose and Bob Lipman.

Prayerbook Fund

In Memory Of: Israel Kamens by Dean and Toby Rodman and Family; Arthur Levine by William R. Fairweather; Fred Markus, father of Sharon Markus, by David and Susan Siegel; Beloved father, Isaac Golumbic, by Calvin Golumbic; Beloved father, Isadore Richman, by Norma Golumbic; Meyer Marcus, father of Dr. Lawrence Marcus, by Dr. and Mrs. Lawrence Marcus.

Rabbi's Fund

In Honor Of: Newborn granddaughter, Jessie Paige Lichtenstein, by Richard and Eleanor Cohen. In Memory Of: Pauline Cohen, mother of Richard L. Cohen, by Richard and Eleanor Cohen; Maurice William Greenstein by Craig and Judy Futterman; Max Friedman by Phyllis and Victor Katz; Massie Polakoff, mother of Rhoda Nagler, by Dolly and Marvin Band.

Sisterhood Torah Fund

In Memory Of: Evelyn Levine, sister-in-law of Reva Sosman, by Andrea, Mike and Nate Druckman.

Suls Youth Activities Fund

Alan and Andrea Golden; Talia Matz. In Honor Of: A speedy recovery to Magda Miselbach by Ben and Suzanne Bronheim.

Torah Scroll Fund

In Honor Of: The speedy recovery of Ronnie Treinish by Marilyn D. and Daniel Kweller. In Memory Of: Fred Markus, father of Sharon Markus, by Gale and Ron Dutcher; Alec Chinn, beloved father of Sarah Kaiser, by Sarah and Ben Kaiser.

Vatikkim

In Memory Of: Rose Cohen by Jessica Goldin.

Wolf "Israel Quest" Fund

In Honor Of: The wedding of Faye Rosen and Seymour Wolf by Mr. and Mrs. Frederick R. Wohl and Ariyne and Syd Swartz.

From the Library

The Beth El Library has both good news and bad news. The good news is that many members of the congregation are taking advantage of our fine collection and borrowing books. The bad news is that not all of the books are coming back so that other members may read them. The rules are simple and old-fashioned; to borrow a book, you take the card out of the pocket, write your whole name and phone number on it (legibly, please!) and deposit it in the basket on top of the catalogue. Place a yellow date due card in the pocket to remind you when to bring it back. Then you read, enjoy and bring it back in three weeks. If you are likely to borrow a book on Saturday, please bring an address label or business card and paper clip with you so as not to write on Shabbat.

There are many books listed in our card catalogue which are no longer available, either because they were borrowed forever without being checked out, or because those who did sign them out have failed to respond to repeated overdue notices. If you have overdue Beth El books at home, please bring them back! Because we charge no fines anyway, we can't offer a special amnesty, but other readers will bless you!

Collection for Israeli Dental Clinic

Religious School student Joey Friedmann is collecting new toothbrushes and toothpaste for a free dental clinic in Jerusalem. He will bring them with him when he goes to Israel during Pesach. Please drop off donated articles in the box outside the school office by April 9th.

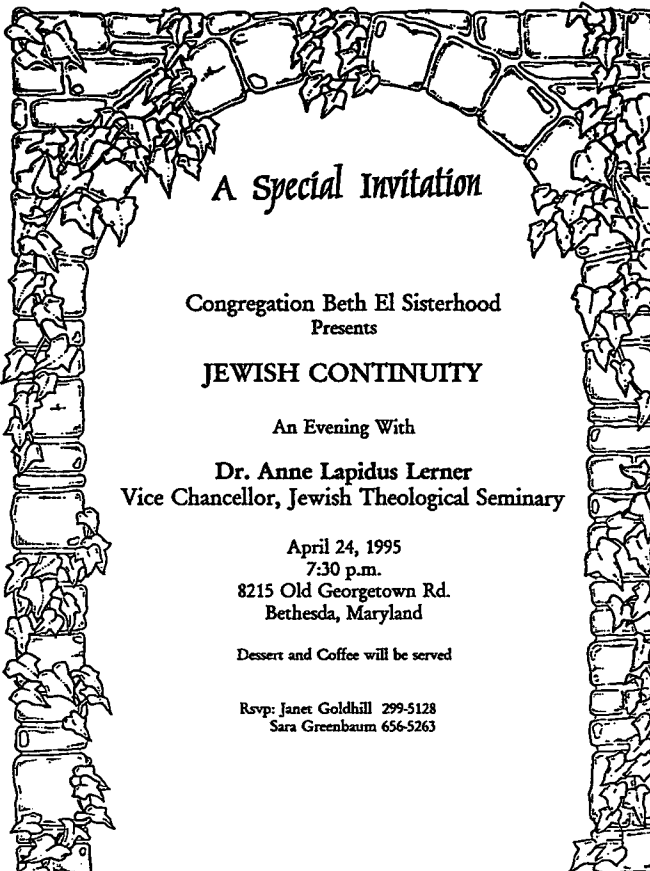
Sisterhood News

Parent Education Workshops

The Sisterhood/Religious School Committee sponsored Family Life - Parent Education Workshop Series will have programs on the following dates:

April 2: "How to Speak to Your Child About the Holocaust" presented by Flora Singer.

These workshops are held between 9:15 a.m. and 11:00 a.m. and are open to all interested adults. Mark your calendar now and plan to attend these programs.



A Special Invitation

Congregation Beth El Sisterhood
Presents

JEWISH CONTINUITY

An Evening With

Dr. Anne Lapidus Lerner
Vice Chancellor, Jewish Theological Seminary

April 24, 1995
7:30 p.m.
8215 Old Georgetown Rd.
Bethesda, Maryland

Dessert and Coffee will be served

Rsvp: Janet Goldhill 299-5128
Sara Greenbaum 656-5263

**Beth El Judaica Shop
for your Pesach Needs!**

**Buy \$20 of
Pesach Merchandise
and
Receive Hazzan Lubin's
Tape of Seder Melodies**

Free!

**Hours: Sunday and Thursday
9:00 a.m. to 12:00 p.m.**

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All profits directly benefit Beth El & Sisterhood

**Large Print Prayer Books
and Hearing
Enhancement Receivers
are available for your use
in our sanctuary.
Please see the ushers
when you arrive.**

Contributions

We are always grateful for contributions to our restricted funds. Please be sure to use our donation envelopes and complete the information requested so we can accurately acknowledge your donation. Should you need donation envelopes, they are available in the lucite holder outside the office, or by calling Esther Rubin in the synagogue office.

Special Pesach Information

Memo From The Rabbi

The following Pesach guidelines have been made available through the Conservative Movement. It is an incomplete list but helpful nonetheless. Please feel free to call on me with any individual questions and be sure to fill out the form to sell your chametz. I will conduct the "Mechirat Chametz" on Friday, April 14, 1995 at 8:00 a.m., after the Siyyum. Have a wonderful holiday with family, friends, and congregation.

Siyyum For The First Born

The Annual Siyyum for the First Born Child will be held on Friday, April 14th at 7:15 a.m. The Morning Minyan will include a brief study session with the Rabbi and a special breakfast honoring our first born children will follow.

Our thanks to Sy Wolf, who is sponsoring the Siyyum in memory of Barbara Wolf, Sarah and Abraham Krupsaw, and Abraham and Dora Wolf.

CONGREGATION BETH EL OF MONTGOMERY COUNTY

Pesach Yizkor Book Listing

Our Pesach Yizkor Book will be available on Saturday, April 22, 1995.

Please complete and mail the form below without delay. Please **PRINT** or **TYPE** the form to avoid errors.

I/We are enclosing a contribution to Congregation Beth El of \$ _____.

Please check one:

- I/We would like to use the same listing(s) from the 1994 Yom Kippur Yizkor Book.
- I/We did not have a listing in the 1994 Yom Kippur Yizkor Book. Please include the names listed below in the Pesach Yizkor Book.
- I/We had a listing in the 1994 Yom Kippur Yizkor Book and would like to have that listing plus the following names:

IN MEMORY OF: _____

REMEMBERED BY:

NAME _____
PHONE _____

Please return this form by April 10, 1995.

Congregation Seder

The Congregation Seder will be held on Saturday evening, April 15th, at 7:30 p.m. in the Social Hall
I/We would like to make the following reservations:

<input type="checkbox"/> Adults @ \$25	Total \$ _____
<input type="checkbox"/> Non-member Adults @ \$30	Total \$ _____
<input type="checkbox"/> Children 7-12 @ \$14	Total \$ _____
<input type="checkbox"/> Children 2-6 @ \$7	Total \$ _____
<input type="checkbox"/> Children under 2	No Charge

Grand Total \$ _____

Name _____

Phone No. _____

Address _____

I/We would like to be seated with:

Yes! I would like to be seated at a Singles table.

Yes! I would like to be seated at a Vatikkim table.

Price includes contribution to Mazon

Reservations must be accompanied by a check and sent to: Beth El, Attn: Seder

Reservations are limited and due by Sunday, April 9, 1995 or the first 250 people, whichever comes first.

No Refunds or Phone Reservations!!

Selling of the Chametz

During the week of Passover, it is forbidden, according to Jewish tradition, to eat chametz or even to own the chametz that has been put away in your home. Therefore, we annually observe the custom of **Mechirat Chametz**, selling the chametz to someone who is not bound by Jewish law. If you would like to have Rabbi Maltzman sell your chametz, please mail in the following form by April 13, 1995 or drop it off in the Rabbi's office.

I, _____

hereby authorize Rabbi Jonathan Z. Maltzman to sell my chametz before Passover, April 14, 1995, according to Jewish law.

Signature _____

Address _____

Special Pesach Information

Permissible or Not? Chametz or Kosher?

This year Pesach falls on Friday evening, April 14th through Saturday, April 22nd. The following guidelines are designed to help you in your celebration.

A Pesach home atmosphere is created each year by the traditional practice of thoroughly cleansing the home in all its parts and by the removal of all Chametz or leaven in preparation for the welcoming of Pesach; also through the meticulous avoidance of the use of Chametz or leaven throughout the Pesach days, both at home and when away.

The term Chametz or leaven is applied not only to foods, the use of which is to be avoided during Pesach, but also to the dishes and utensils in which foods are prepared or served during the year and which may not be used during Pesach except as herein indicated.

Foods During Pesach

1. Forbidden for Use

The following foods are forbidden for use during Pesach: Leavened bread, cakes, biscuits and crackers, cereals, coffee substances derived from cereals, wheat, barley, oats, rice, dried peas and dried beans, and all liquids which contain ingredients or flavors made from grain alcohol. Most processed food fall under this category.

2. Permitted Foods

A. Requiring No "Kosher L'Pesach" Label

The following foods are permitted in unopened packages or containers: Natural coffee, sugar, tea, salt, pepper, onion and garlic powder, dates, dried fruits, nuts, eggs, meat, fish, honey, milk, vegetables (except peas and beans, string beans being permitted). They require no "Kosher L'Pesach" label. Such things as aluminum foil, plastic wrap, detergents and metal polishes also require no supervision.

B. Frozen Fruits and Vegetables

Fruits and those vegetables normally permitted for Pesach use are permitted also in their frozen state.

C. If Certified for Pesach Use by Rabbinical Authority

Matzot, matzo flour, Pesach noodles, candies, cakes, beverages, canned and processed foods, milk, butter, jams, cheese, jellies, relishes, dried fruits, salad oils, vegetable gelatin, shortenings, vinegar, wines and liquors are permitted if they are certified by competent rabbinical authority as fit for Pesach use. Labels and tags marked "Kosher L'Pesach" are of no value unless they bear rabbinical signature.

Dishes and Utensils

1. Only dishes and utensils specially reserved for Pesach should be used with the following exceptions:

A. Silverware, knives, forks, and spoons made wholly of metal, if used during the year, may be used on Pesach if thoroughly scoured and immersed in boiling water. All table glassware is permitted after thoroughly scouring. Fine translucent chinaware, if not used for a year, is permitted.

B. Metal pots and pans used for cooking purposes only (but not for baking), if made wholly of metal, though used during the year, may be used on Pesach if first thoroughly scoured and immersed in boiling water.

C. Utensils used for baking during the year cannot be used during Pesach.

2. Earthenware, enamelware, and porcelain utensils used during the year may not be used on Pesach.
3. The stove is prepared for Pesach by thorough scrubbing and cleaning of all parts and turning on full flame in the bake oven and all the grates.
4. A dishwashing machine may be used for Pesach after thorough scouring with boiling water and running it through a cycle while empty. Some authorities say you must use new trays.
5. Microwave ovens are made kosher for Pesach by a thorough scrubbing and placing a container of water in the oven and turning on the power until the oven is filled with thick steam.
6. Sinks should be scoured and boiling water should be poured over them. Some authorities call for a sink liner if the sink is made of porcelain or enamel.

Volunteers Needed to Host Russian and Iranian Jewish Newcomers for Passover Seders

The Community Resettlement Program (CRP) of UJA Federation of Greater Washington needs families and individuals to host newly-arrived Russian and Iranian Jewish families or individuals for the first and/or second Passover seder(s) on Friday, April 14th and Saturday, April 15th. Due to the steady stream of newcomers able to emigrate to our area, the need for volunteers continues to rise.

According to Rachael Gray-Raff, Director, Community Resettlement Program at UJA Federation, "The outpouring of support from the Jewish community is astounding -- more than anyone could have imagined. I'm confident that community support will continue to be strong and we will match or exceed this year's volunteer needs."

Passover celebrates the Exodus of the ancient Israelites from slavery in Egypt and is called "the season of our liberation." The seder symbolizes unity among all generations of Jewish people. It is especially poignant to recently arrived emigres. For them, the seder reflects a personal celebration of their own modern day Exodus to freedom.

To extend a Passover invitation or for more information, please call Rachael Gray-Raff at (301) 230-7200, ext. 204.

Education Notes

Our Upper School students began their spring semester on Tuesday, February 14th. Most of the first hour core courses, Relationships (8th grade), Jewish Literacy (10th grade) continue with the second half of the curricula. The exception to this is the ninth grade spring requirement: Tikkun Olam: Building A Just Society is the new course. We repeat the format of offering elective courses for the second hour of study with a new list of choices. Based on registration, our most popular course is Jewish Values Through Film, which is being taught by Rich Handloff. Other choices are Conversational Hebrew, Level I, with Rivka Degani; Conversational Hebrew, Level II, with Cheryl Kreiser; Family History Video Project, with Rachel Handloff; and Beit Din: The Jewish Pursuit of Justice, Honesty and Fairness, with Suzin Glickman.

For the past two years at least 80% of our students have continued past Bar/Bat Mitzvah into the Upper School program. They are experiencing a dramatically different approach to religious school than in their pre-adolescent years and a method that appeals to their early adult maturity and their teenage world view. The enrollment has given us the flexibility to offer elective courses, and the innovation has been greeted with enthusiasm by the students.

Classroom instruction is supplemented with tikkun olam/ community service projects and a monthly supper and speaker program, Take 30. The tikkun olam projects have taken students to soup kitchens, nursing homes, group homes and, on occasion, to other parts of the community where volunteer assistance is needed. The February Take 30 topic was domestic violence. The speaker was Rabbi Julie Spitzer, one of the country's leading experts on Judaism and domestic violence. Our April program, with a nod to Yom HaShoah, will bring in the nationally renowned Living Voices presentation, "Through The Eyes of a Friend," a dramatization based on the Diary of Anne Frank. Our guests for this program will be students from Operation Understanding/DC, a project for improving relations between Jewish and African-American communities.

Retreat

A new element has been added to further enrich the Religious School program: a 4th - 6th grade Retreat Weekend. Students will spend the weekend of May 19th - 21st at Capital Camps engaged in activities built around the theme "Into The Wilderness." Planning is progressing exceptionally well, led by a parents' committee co-chaired by Barbara Hurwitz and Phyllis Solomon. With two days to the registration deadline, we already have more than 50 students signed up. In addition to the central theme-based activities, students will participate in student-led Shabbat services, sports and games, a team development course (ropes course) and an evening social. Enthusiasm is high, and we anticipate an excellent turnout for this retreat.

Faculty Workshop

On Sunday, March 26th the Religious School faculty will have their last United Synagogue sponsored workshop of the year. The primary theme of the in-service will be Classroom Management, but as with all of the USTEP seminars, the medium is the message, and we will explore Pirke Avot, Conservative Judaism and other aspects of teaching. This will round out at least 12 hours of in-service teacher training, an exceptionally high degree of commitment, especially in comparison to most synagogue schools in the country. The degree of participation

in this program by our faculty is another expression of their dedication to the synagogue, the children and to Jewish education. Our participation has had a direct and positive impact on instruction in our Religious School.

Tikkun Olam Projects for April

In the month of April, we will engage in two Tikkun Olam drives. We will collect Kosher for Pesach food to be distributed to families served by the Jewish Social Service Agency. This will run from April 2nd - 9th, and a collection basket will be in the hall outside the school office. This is a contemporary fulfillment of the Pesach mitzvah, "Let all who are hungry come and eat."

Our second project, far and away the most enthusiastically accepted last year, will be preparing meals for the homeless. This effort is in cooperation with the Social Action Committee and is the Religious School's participation in the Congregation Based Shelter program. School families will be contacted by their child's teacher informing them what food products to send. In the past, classes have prepared casseroles, soups, sandwiches and desserts. The mitzvah we will be acting on is linked to the harvest festivals peah, leket, shichacha (leaving the gleanings).

Jewish Information and Referral

Do you have room at your seder table for a guest? In our transient Washington community, people are constantly moving in or out from other parts of the country. Some of these individuals and families will be separated from their extended families for Passover and would love to participate in your family seder. Over the last several years, many wonderful matches have been formed that have enhanced everyone's celebration.

If you can accommodate one or more persons, please call the Jewish Information and Referral Service in Maryland at (301) 770-4848, or in Virginia through the Northern Virginia Information line at (703) 978-3910.

Are you new to the Washington area, or a native Washingtonian interested in learning about Jewish Washington? Just ask the Jewish Information and Referral Service, at the phone numbers above, for an information package tailored to your individual needs. Newcomers will also be invited to one of several spring welcome receptions scheduled for April and May throughout the Washington area.

New Book by Congregant Available in Judaica Shop

A new book by Beth El member William Gerber is now available in the Beth El Judaica Shop. It is entitled Nuggets of Wisdom from Great Jewish Thinkers, from Biblical Times to the Present. It is published by Editions Rodopi, Amsterdam, and is 195 pages with 22 illustrations, including pictures of Maimonides, Spinoza and Einstein. The cost is \$21.50 per copy.

Nursery School News

BENS Rummage Sale

Be sure to come check out the bargains at the BENS Multi-Family Rummage Sale on Sunday, March 26th from 9:00 a.m. to 4:00 p.m.! There will also be a raffle drawing for assorted new items and services, and there will be nosh items available for purchase. Another person's junk could be your treasure of the day! Come have a look.

BENS Candy Sale

Chocolate-covered matzoh! Milk chocolate almond bark! Put Beth El on your list as the place you can purchase Passover candies! Beth El Nursery School will be selling an assortment of Krums and Bartons Passover candies at the synagogue on April 2nd and April 9th from 9:00 a.m. to 1:30 p.m. Don't forget to check it out!

Beth El Nursery School Camp
applications will be available March 1st
for children who will be 3 years old by June 1st.

Please call (301) 652-1228 for information.
Camp hours are 9:30 a.m. to 1:00 p.m.
Tuesdays through Fridays.
Session I is June 20th - July 7th;
Session II is July 11th - July 28th.

Beth El Nursery School's 1st Annual Jewish Year Calendar

In August, 1995, all Beth El congregants will be receiving a courtesy copy of Beth El Nursery School's 1st Annual Jewish Year Calendar. We invite you to participate in the calendar by placing a business/patron ad or by announcing birthdays, anniversaries, B'nai Mitzvah and yahrzeits.

On a personal note, this is a great way to ensure that your special family dates are shared with the congregation. On a professional level, this is a smart, economical way to reach out to your Beth El community (approximately 1,050 strong!!!) and enhance your business/professional exposure.

A single personal announcement is just \$5.00, and \$3.00 if you purchase five or more. Business/patron ads are priced as follows: Business card size ad -- \$36; double business card size ad -- \$50; 1/4 page ad -- \$75; 3/4 page ad -- \$150; full page ad -- \$200. A listing in the directory only is \$12, and an ad in a calendar square is \$18. All ads must be placed by May 15, 1995.

For personal announcements: send your announcement to Julie Murray, 7743 Heatherton Lane, Potomac, MD 20854 along with a check made out to B.E.N.S.

For business/patron ads: call Judy Sherman at (301) 564-0174.

Beth El Nursery School Camp is hiring Junior Counselors for June 19th through July 28th to help campers aged 3 - 5 years enjoy a warm, loving and safe atmosphere supervised by experienced teachers.

Camp activities include arts and crafts, water play, games and trips.

Work hours are Tuesday - Friday, 9:00 a.m. - 1:15 p.m.

Salary depends on related work or learning experience.

Please call (301) 652-1228 for information.

BETH EL NURSERY SCHOOL'S 1ST. ANNUAL JEWISH YEAR CALENDAR PERSONAL ANNOUNCEMENTS FOR 1995-1996 (5756) CALENDAR

	NAME	MONTH	DAY	AMOUNT
BIRTHDAY LISTINGS	1.			
	2.			
	3.			
	4.			
ANNIVERSARIES	1.			
	2.			
	3.			
BAR/BAT MITZVAH	1.			
	2.			
Yahrzeits	1.			
	2.			
	3.			
	4.			

Your name _____

Your phone number _____ Amount Enclosed _____

Place order form and check payable to BENS in envelope located on B.E.N.S. Bulletin Board on lower level