



CONGREGATION
BETH EL OF
MONTGOMERY
COUNTY

Off the Bimah

I read recently in the press that one of my colleagues, an avid sports fan, stopped attending athletic events. As a sports enthusiast myself, I was intrigued. Football in the fall, basketball in the winter, baseball in the spring and summer. It seems he quit the sports business once and for all. Why would he stop? You will never get him near one of these places again. Do you want to know why?

- 1) Every time he went, they asked him for money.
- 2) The people with whom he had to sit didn't seem very friendly.
- 3) The seats were too hard and not at all comfortable and the view sometimes was obstructed.
- 4) He went to many games, but the coach never came to call on him.
- 5) The referee made a decision with which he could not agree.
- 6) He suspected that he was sitting with some hypocrites. They came to see their friends and enjoy the food rather than see the game.
- 7) Some games went into overtime so he was late getting home.
- 8) The band played some songs with tunes he had never heard before.
- 9) It seemed that the games were scheduled when he wanted to do other things. And last,
- 10) He was taken to too many games by his parents while he was growing up.

Does this sound familiar?

Rabbi Jonathan Z. Maltzman

Evening Minyan Announcement

Beginning Sunday, October 6, 1996, Beth El will hold an Evening Minyan at 8:00 p.m. on Sundays, as well as Mondays through Thursdays. Our thanks to all our Evening Minyan Captains: Murray Haber (Sunday), Erwin Groner (Monday), Alex Rosenberg (Tuesday), Alan Swoff (Wednesday) and David Margulies (Thursday).

SPECIAL
CHEVRA KADISHA
PULL-OUT SECTION
ENCLOSED

Gan Shabbat

Gan Shabbat, a service designed for 7 - 10 year old children, meets the third Saturday of each month, starting September 21st, at 10:00 a.m. We are looking for new members for this simplified service led by Les Ziskind. Bible stories and snacks are also a part of each service. Come join us!

Membership Information

Sidney Goldstein has moved to 7600 Leesburg Drive, Bethesda, MD 20817. Steven and Wendy Kaufman have moved to 7528 Pepperell Drive, Bethesda, MD 20817, (301) 365-2078.

Shabbat and Festival Schedule

Friday, September 27th, at 6:30 p.m.
Erev Sukkot

Sukkot, First Day
Saturday, September 28th, at 7:30 a.m.
Saturday, September 28th, at 9:15 a.m.
David Edlow Bar Mitzvah
Ross Koenig Bar Mitzvah
Jr. Congregation at 10:00 a.m.
Festival Service at 6:30 p.m.

Sukkot, Second Day
Sunday, September 29th, at 9:15 a.m.
Welcome to New Members

Shemini Atzeret
Friday, October 4th, at 6:30 p.m.
Saturday, October 5th, at 7:30 and
9:15 a.m. (Yizkor at both services)
Jeffrey Zahler Bar Mitzvah at 9:15 a.m.
Jr. Congregation at 10:00 a.m.

Simchat Torah

Saturday, October 5th at 7:30 p.m.
Sunday, October 6th, at 9:15 a.m.

Friday, October 11th, at 6:30 p.m.
Congregation Dinner at 7:00 p.m.

Saturday, October 12th, at 7:30 and
9:15 a.m.
Jesse Spiegel Bar Mitzvah at 9:15 a.m.
Jr. Congregation at 10:00 a.m.
Nitzanim at 10:30 a.m. in the APR

BETH EL SCROLL Congregation Beth El of Montgomery County

8215 Old Georgetown Road
Bethesda, MD 20814-1451

Rabbi

Jonathan Z. Maltzman

Associate Rabbi
William D. Rudolph

Rabbi Emeritus
Samuel Scolnic

Hazzan
Abraham Lubin

Executive Director
Steven J. Kravitz

Education Director
Louis A. Nagel

Family Education Director
Sarah L. Roark

Nursery School Director
Ellen M. Darr

Youth Director
Rachel B. Handloff

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Suzanne M. Bronheim

First Vice President
Norman L. Eule

Second Vice President
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Second Vice President
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The Evening Minyan

The following people are asked to help us with our daily Evening Minyan for the next two weeks. On Monday through Thursday, the Minyan begins at 8:00 p.m. and concludes at 8:15 p.m. Please note that beginning Sunday, October 6, 1996, there will also be a Minyan at 8:00 p.m. on Sundays. During the week of your assignment, we would appreciate your attending as many evenings as possible, so that those who are saying Kaddish will have a minyan that they can attend at Beth El.

September 30 - October 3

Benson and Natalie Adams
Irwin Aisenberg
Dorothy Alberstadt
Marla Allard
Larry and Myra Altschuler
Linda Ames
George and Michlean Amir
Jack and Faye Amster
Theodore and Miriam Anders
Charles and Elizabeth Anello
Jeffrey and Terri Annis
Richard Ansbacher and Terry Whitehouse

Wayne Arden and Lisa Handley
Mark Argosh and Paula Weinberger
Walter Arnheim and Marsha Rehns
Dennis and Sherlyn Askwith
Tsvi and Ruth Assal
Marcello and Marilda Averbug
Joachim and Elizabeth Baer
William and Pearl Baker

October 6 - October 10

Stanley and Judith Baldinger
Anne Ball
Bernard and Annabelle Band
Marvin and Dolly Band
Richard and Florence Bank
Bruce and Ann Barcome
Jeffrey and Patricia Baron
Solomon and Rita Barr
Abraham and Gertrude Bass
Raymond and Vivian Bass
Rosalyn Bass

Heinz Bauer
Jesse Baumgold and Linda Golden
Leonard and Gabriela Bechick
Arthur and Sandra Becker
Harvey and Arlyn Becker
Roy and Elaine Becker
Seth and Meredith Beckhardt
Richard Belferman
Julie Belinkie

Spiritual Revival in South Carolina by Dick Belferman

As reported in the last issue of the Beth El Scroll, Beth El was able to field a team to help rebuild the Effingham Baptist Church in South Carolina, ten miles south of Florence. At the last moment, I decided to join the group that set out at 5:00 a.m. in Montgomery County vans on Wednesday, August 21st, the third of four such contingents the county was transporting. It was a most rewarding experience, in terms of team effort and sheer spiritual involvement (so much "spirit," in fact, that many of us talked of returning to Effingham to be present at the rededication ceremony on November 24th). Much was accomplished in just two full days, principally the daunting tasks of installing large drywall panels and sanding the caulking over and over.

The twenty-seven participants included five other Jews besides myself: Rabbi Joseph Weinberg and his wife Marcia and two other women members of Washington Hebrew Congregation, as well as Richard Lodish, principal of the lower school of Sidwell Friends in Washington. All were among the hardest workers there.

On the final day, Saturday, a meeting with the Pastor, Troy Shaw, provided the opportunity to present him with the contributions donated by Beth El members.

Nitzanim

Nitzanim Shabbat Services are held on the second and fourth Saturdays of each month at 10:30 a.m. in the All Purpose Room. A special service for children ages six and under and their parents, Nitzanim Shabbat Services feature a Torah parade, stories, lots of songs and a snack. We hope you will join us!

Beth El Blood Drives

On Sunday, August 11th, Beth El sponsored a Red Cross bloodmobile. Forty-nine pints of blood were collected. Turn-out for our August bloodmobiles has consistently declined since 1992 when 68 pints were collected. I would like to see this trend reversed.

Toward this end a phone survey of the membership will be conducted in the coming months. If you can help with this survey, please call the synagogue office and leave a message for me at (301) 652-2606, ext. 331. You may also leave a message if you would like to start donating at our bloodmobiles, if you would like to help staff them or to help in any other way.

Our next bloodmobile is scheduled for Sunday, December 29th. This is the time when the demand for blood is traditionally high and donations traditionally low. It is therefore very important that we collect as much blood as possible. Help make sure blood is available to all who need it, including your own loved ones, by helping with the survey or donating blood. Thank you.

Steve Frank
Blood Drive Chair

All in the Family

Mazal Tov to Susan and Stuart Levy on the birth of their son, Garrett Brandon Levy, on August 6, 1996. Garrett is the grandson of Sandi and Marshall Levy and Georgea Sacher.

Mazal Tov to Jerry and Caryl Holiber on the birth of their first grandchild, Joshua Isaac Holiber. Joshua is the son of Adam and Amy Holiber.

Mazal Tov to Ethan and Sue Kanter on the birth of their son, Benjamin Danziger Kanter, on August 26, 1996.

Mazal Tov to Murray and Marilyn Hammerman on the marriage of their son, Dr. Steven Hammerman, to Wendy Shapiro on September 1, 1996 in Toronto, Canada.

Mazal Tov to Erwin and Leena Groner on the birth of their granddaughter, Sarah Morgan Hulit, on September 3, 1996. Sarah is the daughter of Felicia and Richard Hulit.

Mazal Tov to Rachel Dellon for receiving First Prize in the June 1996 Cricket League writing competition. Rachel's story about being pressured appears in the September issue of Cricket magazine. Rachel is the daughter of James and Leslie Dellon.

Michael Platt will be appearing in a production of The Sisters Rosensweig at the Silver Spring Stage at the Woodmoor Shopping Center in Silver Spring. The play will run on weekends from late September through early November. Call (301) 593-6036 for reservations. This is a funny and moving play about the relationship between three Jewish sisters and the others in their lives.

The following letter was received from Natalie and Benson Adams, Ann and Bruce Barcome, Jacquelyn and David Levine and Jonathan Schultz:

We recently had the privilege of accompanying our Hazzan, Abraham Lubin and his wife, Sandy, for the 49th Annual Cantors Assembly Convention in honor of the 3000 Anniversary of the City of David. Hazzan Lubin is currently president of this professional international organization of Conservative cantors.

Between July 21 and August 4 we attended nightly performances by world wide known hazzanim which included Hazzan Lubin, the Chorus and Orchestra of the Ra'anana Symphony of Israel, the Kfar Saba Choir, the North American Jewish Choral Festival and the Police Band of Israel.

RESERVATION FORM

Congregation Dinner

Friday, October 11, 1996 @ 7:00 p.m.

Adult Members _____ @ \$12.50 each	Total	\$ _____
Non-member _____ Adults @ \$15 each	Total	\$ _____
Children (6-12) Members _____ @ \$8 each	Total	\$ _____
Children (under 6) _____ @ \$4 each	Total	\$ _____
	Grand Total	\$ _____

Name _____
 Phone No. _____
 I would like to sit with _____

Reservations will not be accepted after Friday, October 4, 1996
NO PHONE RESERVATIONS OR REFUNDS!!
 (All rates include a 3% Mazon donation)

Our thanks to Hazzan Lubin for leading us on this outstanding musical pilgrimage. All of us came away with a renewed sense and appreciation of Jewish liturgical music and a great respect for the cantors who dedicate their lives to preserve our musical heritage.

Retired? Join the Vatikim!

The Vatikim, a group of retired persons, meets every Thursday at noon in the Social Hall. Members bring their own dairy brown bag lunch; dessert and coffee/tea are provided. From 12:30 to 1:30 p.m. there is a stimulating educational program. Our regular leaders are Rabbis Scolnic, Maltzman and Rudolph and Hazzan Lubin. Once a month we have a luncheon and a special speaker is featured. In November we will have the annual paid-up membership luncheon. Enjoy the interesting discussion each week! Annual dues are only \$15 per person. For further information, please contact Judy Newman, President, at (301)460-5564, or John Wolff, Membership Vice President, at (301) 530-4209.

The Foundation for Jewish Studies Programs

In October, Dr. Reuven Hammer, Fall 1996 Scholar-in-Residence for The Foundation for Jewish Studies, will teach a series of six classes on "Entering Jewish Prayer." These classes will be held here at Beth El starting Wednesday, October 9th as part of the Fall series of Saul Bendit Adult Institute classes. Other community classes include "Understanding Midrash: Rabbinic Interpretations of the Torah" beginning Tuesday, October 15th at Adas Israel and Sunday, October 20th at B'nai Israel Congregation in Rockville. Two synagogues will feature classes on "Israel Today," life in Israel as it is, as opposed to the way it is perceived; beginning Thursday, October 17th at Temple Shalom in Chevy Chase and Sunday evening, October 20th at Tifereth Israel Congregation in Northwest Washington, DC. Dr. Hammer will discuss "Jerusalem 3000," how Jerusalem has been perceived and understood by Jews from the times of the Bible until today, at Kehila Chadasha (BCC High School) in a class beginning Sunday, October 13th.

You are invited to the Lunch and Learn Downtown Bible Study Group, which meets at the B'nai B'rith building on Thursdays from 12:15 - 1:30 p.m., for a series of classes with Rabbi Avrom Landesman on "Themes in Genesis" on October 10th, 17th, 24th and 31st. No previous Bible study is required. Advance registration fee of \$15. Bring a Bible and a brown bag lunch.

Please call The Foundation for Jewish Studies at (301) 770-4787 for more information and a free brochure with a complete listing of Foundation programs.

Bethesda Cares Needs Your Help

What do you do with the soap, shampoo, lotion, etc. given to you by hotels during your vacation and/or business trips? These are much needed and appreciated by the needy and homeless served by Bethesda Cares. Please bring them to Beth El and place them in the basket in the Gallery next to the Board Room.

Sisterhood News

Since this time last year, Sisterhood of Congregation Beth El has contributed \$42,500 to help support important items, programs and organizations, mostly within the synagogue. Most recent contributions have been \$6,000 to the synagogue to support changes and additions to the sound system in the Sanctuary and \$5,000 to sponsor the Torah Writing Project. The Sisterhood has also given significantly to the Beth El College Outreach Program, chaired by Esther Wilner, with a contribution of \$4,000. In addition to the \$16,000 directed into the congregation's general fund, Sisterhood also bought kitchen supplies totaling \$3,400, which included the purchase of a refrigerator. Within our congregation, Sisterhood has also financially supported unsponsored kiddushes and has provided food on holidays. We also have provided on a daily basis most of the coffee and linens used in the synagogue. We sponsored special programs for our congregants throughout the year and also gave a donation to the Nursery School to help them buy a laminating machine.

In the community, we supported a sister congregation in Israel through the Masorti program, bought necessary articles for residents at the Rainbow Shelter, provided funds for Siddurim to Russian Jews, sponsored a Sunday Sweets program at the Hebrew Home, implemented and provided refreshments for a blood drive, supported the Jewish Braille Institute and gave a contribution to our congregation's own Boy Scout Troop 1800 (who so willingly helped us set up our art show last December).

Sisterhood provided \$750 to help support the Torah Fund campaign in which we were able to raise \$3,480 to send to the Jewish Theological Seminary in New York that will help provide scholarships, residences, a Sanctuary and equipment for study purposes for students who are becoming Conservative rabbis, cantors and religious educators.

Sisterhood would like to thank all who have been involved in these efforts. Without the help and support of Suzanne Bronheim, Susan Siegel, Steven Kravitz and Miriam Davidson, we would not have been able to do all of the above. Thank you

You are cordially invited to attend the Beth El Sisterhood Annual Paid Up Membership Dinner

Presenting speaker: Eleanor Clift, journalist

October 22, 1996 6:30 P.M.

Members free-Dues \$25 Guests \$18

R.S.V.P. by October 18 with this reservation form to the synagogue office (please include check payable to Beth El Sisterhood), or by calling:

Phyllis Solomon: 424-4467 or

Laurie Webber: 652-1510

Your name: _____

Guests: _____

Who you would like to sit with: _____

very much! Thank you to everyone else who has been a part of our planning and implementation of our programs and fundraising efforts. A special thank you to our unbelievable Catering Committee: Dale Gold (Chair), Janet Goldhill (Chair), Julia Copperman, Jackie Levine, Dunya Hecht, Judy Goldman, Vivi Sheff, Ruth Sickel and Joan Simon. Thanks also to Bernice Blumenthal, Chair of Hospitality.

We are proud of what we have been able to do over the past year, and we look forward to this year being another productive and fulfilling year for all of us! If you are interested in being active and involved in Sisterhood activities, please let us know! Bring in your ideas and your energy and help us complete meaningful endeavors that will positively enhance our congregation and community. The more involved our membership is, the greater is the likelihood that our efforts will lead to positive endpoints. With your help, hopefully we can make a difference in important areas of our lives and others' lives.

Shanah Tovah!
Paula Siegel

Sisterhood Rosh Hodesh Meetings Announcement

We are excited to announce four meetings of learning Torah with Rabbi Susan Fendrick, an excellent teacher and discussion leader! The ongoing topic will be "Who Is the God of Our Mothers?" Even though the meetings will be connected in theme, each will be led in such a way that you will be comfortable attending any meeting without having been at all of them. The meetings are planned at 7:30 p.m. at Beth El on October 15th, November 11th, December 11th and January 13th. We look forward to seeing you there!

Vatikkim Luncheon

Our speaker for the Vatikkim luncheon on October 17th will be Professor Suheil Bushrui. Professor Bushrui teaches at the Center for International Development and Conflict Management at the University of Maryland. His topic will be "Literature in the Service of Peace."

Lunch is at noon and the program is at 1:00 p.m. Cost for members is \$5.00 and for non-members, \$6.00. Please fill out the reservation form below and make your checks payable to Beth El Vatikkim. Please mail the form and check to: Bea Goldman, 3214 Henderson Avenue, Silver Spring, MD 20902, (301) 942-9434, or Lillian Kessler, 5450 Whitley Park Terrace, Bethesda, MD 20814 (301) 530-5650.

Please note that we will not accept reservations later than two days before the scheduled event to assure proper planning.

Reservation Form - Vatikkim Luncheon Thursday, October 17, 1996

Please reserve _____ places for me at the Vatikkim luncheon.

Enclosed is my check for \$ _____.

Name: _____

Phone Number: _____

Please have your response reach us by October 15th. No reservations will be accepted after this date.

A Guide to the JEWISH FUNERAL

Prepared by the **Chevra Kadisha**
 Congregation Beth El of Montgomery County
 8215 Old Georgetown Road
 Bethesda, Maryland 20814
 (301) 652-2606

WHEN DEATH OCCURS

Contact Rabbi Maltzman or the Beth El office first! If the Rabbi is unavailable and the office is closed, contact Rabbi Rudolph or Hazzan Lubin.

The Rabbi and the Chevra Kadisha are prepared to assist and advise you in making all necessary arrangements.

Phone numbers of importance:

Rabbi Maltzman	530-9199
Beth El Office	652-2606
Rabbi Rudolph	897-8010
Hazzan Lubin	718-9426

Retain this guide as an aid in making decisions.

THE BETH EL CHEVRA KADISHA

The **Chevra Kadisha** of Beth El is a group of men and women dedicated to serving the needs of fellow congregants who experience a death in the family. The members of the Chevra perform **TAHARA**, help provide the condolence meal, can provide a person to stay in the home during the funeral, arrange for minyan prayer books and for shiva chairs, and can assist in dealing with the Jewish cemeteries.

The Chevra Kadisha acts in accordance with Jewish custom and law, under the guidance of the Rabbi. The activity of the Chevra constitutes a **Chesed Shel Emet**, a true act of kindness, performed without ulterior motive, for the service cannot be repaid.

Our customs are derived from the traditional view that each person is holy. Hence, the preparation for burial and the burial itself are done with respect and honor for the deceased. The funeral and mourning practices are directed towards

the needs of the family, and help to relieve the intense grief that death of a loved one brings. These observances help to overcome the feelings of hurt, anger, guilt, and resentment that may occupy the heart and mind of the mourner. The Jewish way of mourning lessens the loneliness and isolation of the mourner, and brings the individual into a community of comforters.

Jewish law requires that burial take place as soon as possible, usually within twenty-four hours of death. This is done as a sign of respect for the deceased, but is also of great psychological benefit to the family. In today's world, however, delays are often necessary to allow family members to gather. The Sabbath and Jewish holidays may also necessitate delays. The Rabbi should be consulted in these cases.

Any questions regarding the operations of the Chevra Kadisha should be directed to Darryl Sherman, Chairman, at 656-5263.

FROM THE TIME OF DEATH TO THE FUNERAL

Shmira (watching the body): It is customary not to leave the deceased alone from the moment of death until burial. **Shomrim** (guardians) are most commonly relatives or personal friends of the deceased or members of the Congregation. Shomrim may be arranged through the Chevra Kadisha.

Autopsy/Organ Donation: Jewish law permits organ donation under various conditions. The Rabbi should be consulted for the specifics of these matters.

Embalming: Embalming is contrary to Jewish practice and is permitted only under unusual circumstances. It is not required by civil law.

TAHARA (ritual cleansing and purification): Tahara is performed by members of the Chevra Kadisha who are knowledgeable about the traditional customs. Cleansing of the body, followed by a ritual washing, is accompanied by the recitation of prayers asking for forgiveness for any sins the deceased may have committed, and asking that the All-merciful guard and grant eternal peace to the deceased. Membership in the Chevra Kadisha to perform this act of respect has always been considered an honor bestowed upon those who are truly pious. Now it is considered a privilege to be able to perform this act.

FROM THE TIME OF THE FUNERAL TO THE BURIAL

Funeral services may be held in the synagogue, the funeral home, or at the grave site. The service is brief and simple, and is designed to honor the deceased. A eulogy emphasizing the worthy values, good deeds, and noble characteristics of the deceased is said. Psalms are recited and the prayer **El Mole Rachamim** is said.

K'ria (rending the garment): The spouse, parents, children, and siblings of the deceased participate in the k'ria prior to the funeral service. The clothing to be rent is an item of daily outer wear (not an overcoat) or a ribbon affixed to the clothing which may then be cut. The torn garment or symbol is worn through the thirty day period of mourning (the **Shloshim**), except on the Sabbath.

Pallbearers: Pallbearers from among the family and friends should accompany the casket and deposit it in the grave. This is an honor and a symbol of personal tribute to the deceased.

Tachrichim (burial garments): We are all considered equal before God, whether we were rich or poor in life, scholars, workers, or retired persons. Therefore, our tradition demands that all Jews be buried in the same type of garment. Burial clothes are simple, handmade white garments, signifying purity, simplicity, and dignity. A Jewish male is customarily buried wearing a kippah and his own tallis. A Jewish woman may also be buried wearing her tallis, if applicable.

Aron (casket): The coffin should be made entirely of wood, without decoration or lining. Earth from Israel is provided by the Chevra Kadisha for placement within the coffin.

Flowers: Flowers are not part of the Jewish burial or funeral tradition. A contribution to a charitable institution in memory of the deceased is an appropriate way of expressing respect.

Cremation: Cremation is not permitted in Jewish law. The Chevra Kadisha will not participate in preparations leading to cremation.

Condolence calls: Condolence calls should be made after the funeral during the Shiva week, except on the Sabbath.

Viewing: Viewing the body is contrary to our tradition.

K'vura (burial): In traditional practice, the casket is covered with dirt to form a mound. Kaddish is recited at the grave site after the burial.

Leaving the cemetery: It is customary for the mourners to pass between two rows of the others in attendance to receive expressions of consolation. It is also traditional to wash one's hands before entering a home after leaving the cemetery.

PERIODS OF MOURNING

Shiva (the first seven days): Shiva is the seven-day period of intensive mourning observed by the immediate family of the deceased, beginning on the day of burial. The mourners include those whose spouse, parent, sibling, or child has died. During the entire **Shiva** period, mourners are urged to stay away from work or school in order to stay at home and contemplate the meaning of life and the manner in which adjustment will be made to the death of the loved one. Public mourning observances are suspended on the Sabbath in view of the belief that the sanctity and serenity of this day supersedes personal grief. Mourners are encouraged to attend Sabbath Services, but are not given an aliyah, do not conduct Services, and the k'ria is not displayed publicly. A major Holiday Festival terminates shiva (for details, consult the Rabbi). Since Judaism teaches that the feelings of loss of a human life are not limited to the family alone, it is customary at Beth El to announce the name of the deceased at a Sabbath Service after the funeral.

It is customary for family and friends to arrange for a condolence meal (which traditionally includes round foods such as eggs) to be served to the mourners at the house of mourning when they return from the cemetery.

The mirrors in a shiva home are covered as a symbol of mourning. The mourners are provided with lower seats on which to sit, a seven-day memorial candle is kindled, and the mourners refrain

from wearing leather shoes and from shaving. Greetings between mourners and visitors are not normally exchanged.

It is also customary for the mourners to participate in morning, afternoon, and evening services in the shiva home except on the Sabbath when mourners attend synagogue services. Mourners may conduct the home services or designate others to do so.

Shloshim (the first thirty days): During the thirty days following burial (except during shiva), mourners return to work and normal activities, but refrain from public entertainment or social activities. The k'ria is worn during shloshim. In place of home services, mourners attend synagogue services daily to recite Kaddish.

Shanna (the first year): Mourners for deceased parents continue to attend services daily to recite Kaddish for eleven months, and continue to refrain from celebratory activities for a full year.

Yahrzeit (anniversary of death): The Kaddish is recited each year on the anniversary of death (not burial).

Yizkor (Memorial Prayers): Yizkor prayers are recited on Yom Kippur, Shemini Atzeret, Pesach, and Shavuot.

FUNERAL HOMES

Beth El has a contract with **Ives-Pearson Funeral Home** permitting us to conduct an authentically Jewish funeral, with appropriate participation of the Chevra Kadisha. The contract was negotiated through the Funeral Practices Committee of the Greater Washington Area, representing a number of area congregations. A very competitive and fair cost has been established for these services. The Chevra Kadisha does not charge for its services. Expenses incurred in the

performance of its duties are defrayed by contributions to the Chevra Kadisha Fund. Beth El does not have, at this time, a contract with the Stein, Danzansky-Goldberg or Edward Sagel establishments for specified services at a pre-determined cost. However, owners of all these firms have indicated that fully traditional services and equipment are available when requested, at competitive costs.

CEMETERIES

There are four Jewish cemeteries in the Washington area: King David in Falls Church, Virginia, Judean Gardens in Olney, Maryland, Mt. Lebanon in Adelphi, Maryland, and Menorah in Wheaton, Maryland. The cemeteries should be

contacted directly. We recommend pre-planning, as the time of bereavement is not the time to make these decisions.

PRE-PLANNING

The time of bereavement is not the time to make any of the decisions which survivors must face. An earlier preparation of a will is the first step to relieve such anxiety and anguish. Advance purchase of grave sites is another important step. The following is offered as a guide to a few key items to form a minimal source of information to help survivors to make the necessary arrangements. The Beth El Chevra Kadisha encourages you to fill out the form and to keep it together with this guide in a well-identified location.

Full Names - English

Social Security Numbers _____

Cards are kept _____

Legal Advisor _____

Phone number _____

Will is kept _____

Life Insurance Co./Agent _____

Phone number _____

Policy numbers _____

Policies are kept _____

Health and Accident/Agent _____

Phone number _____

Policy numbers _____

Policies are kept _____

Safe Deposit Box - Number _____

Location _____

Key is kept _____

Full Names - Hebrew

Bank Accounts	Number	Bank
----------------------	---------------	-------------

Checking _____

Savings _____

Location of passbooks _____

Real Estate located at _____

Securities are kept _____

Military Service - Branch _____

Dates _____

Serviceman number _____

VA claim number _____

Gov't. insurance number _____

Discharge papers are kept _____

Birth Certificates are kept _____

Cemetery Property - Name _____

Deed number _____

Location _____

Number of spaces _____

Funeral Home - Choice of _____

Letter on file _____

Relatives and Close Friends Who Should Be Notified

Name

Address

Phone Number

From the Desk of the Youth Director.....

From September through December, the Beth El Youth Department mails information about events to all potential youth group members. If your child is receiving the wrong mailing, please notify the Youth Department so that we may correct the error. After December, information is mailed only to youth group members. To join a youth group, please pick up an application in the Youth Director's office. If you have any questions, please feel free to call me in the synagogue office, (301) 652-2606 ext. 308.

THE YOUTH GROUPS

BONIM (Grades K, 1, 2)
(301) 652-2606, ext. 342

Advisor: Heather Handloff
Sunday, October 6th Simchat Torah Youth Program
Meet at 9:30 a.m. in the All Purpose Room. Join Ariel and the Machar Youth Group for a special Simchat Torah Service. Children will join in the festivities in the Sanctuary at 10:15 a.m. and then return to the APR for a group activity and snack.

MACHAR (Grades 3, 4, 5)
(301) 652-2606, ext. 341

Advisor: Ariel Glassman
Sunday, October 6th Simchat Torah Youth Program
Meet at 9:30 a.m. in the Chapel. Join Heather and the Bonim Youth Group for a special Simchat Torah Service. Children will join in the festivities in the Sanctuary at 10:15 a.m. and then return to the Chapel for a group activity and snack.

KADIMA (Grades 6, 7, 8)
301 652-2606, ext. 340

Advisor: Adam Gluck
Thursday, October 3rd Sukkah Dinner
Join Adam and the Kadima Youth Group for a festive dinner in the Sukkah at 6:15 p.m. The program will be over at 7:30. Cost: \$5.00 for members, \$8.00 for non-members. RSVP to Adam at (301) 652-2606, ext. 340, by Tuesday, October 1st.

Sunday, October 6th Simchat Torah Youth Program
Meet in front of the Sanctuary at 9:30 a.m. Beth El youth will be participating in many parts of Simchat Torah Services. Please join us to support your friends. If you would like a part in the service, please call Rachel Handloff, Youth Director, at (301) 652-2606 ext. 308. Kadima will be a part of the main congregation for the morning and leave for a special Kadima Kiddush.

U.S.Y. (Grades 9, 10, 11, 12)
301 652-2606, ext. 343

Advisor: Rachel Handloff and Lisa Itkin
Thursday, October 3rd Sukkah Dinner
Join USY for a festive dinner in the Sukkah. Meet in the Beth El Sukkah at 6:15 p.m. Cost: \$5.00 for members, \$8.00 for non-members. RSVP to Rachel Handloff at (301) 652-2606, ext. 308, by Tuesday, October 1st.

Sunday, October 6th Simchat Torah Youth Program
Meet in front of the Sanctuary at 9:30 a.m. Many Beth El USYers are participating in the morning Simchat Torah service. We will meet afterwards for a special USY Simchat Torah Kiddush. If you would like a part in the service, please call Rachel at the synagogue office.

IS YOUR TEEN READY FOR COLLEGE?

COLLEGEQUEST

A Fair For Jewish Teens And Their Parents

SUNDAY, OCTOBER 13 * 1:00 - 5:30 P.M.

Georgetown University Conference Center
3800 Reservoir Road, N.W. Washington, D.C.

ATTEND INFORMAL WORKSHOPS
LEARN ABOUT JEWISH LIFE ON CAMPUS
MEET COLLEGE REPRESENTATIVES

CALL (301) 230-7275 TO REGISTER
\$5 PER FAMILY BEFORE SEPT. 30. \$10 PER FAMILY AT THE DOOR.

Israel Quest

Sponsors: Israel Quest, its Sponsoring Organizations, Hillel Of Greater Washington, George Mason University Hillel, JCC Of Greater Washington, JCC Of Northern Virginia, Charles E. Smith Jewish Day School, Hebrew Academy Of Greater Washington, Tichon, and Yeshiva Of Greater Washington

Nursery News

Surrogate Grandparents are wanted to volunteer in our program during the school year. Would you like to spend Friday morning with a class of preschoolers who are learning about "getting ready for Shabbat?" We'd love to have you in our class, as many of our grandparents live far away and we don't spend time with them on a regular basis. If you would like to volunteer once a week, once a month or when you can, call the B.E.N.S. office for information.

Save the Date:

September 9 - 20 - Gift Wrap Orders (forms available in the school office)

Monday, October 14 - Picture Art (sign up sheet on nursery bulletin board)

Entertainment '97 Books

Beth El Nursery School is once again selling Entertainment Books as a Nursery School fund-raiser. This year the company that produces the book will only allow us to sell the books from September 24 through December 31, 1996. The books may be used as soon as they are purchased and may overlap last years book. The price of the book continues to be \$35.00, with at least \$7.00 going to B.E.N.S.

Books will be available September 24th for sale in the School Office, the Synagogue Office and the Judaica Shop. Gold Card Restaurants will be offered this year as part of the main book and actually offer a greater discount when paying with your VISA or MASTERCARD which has been registered. Local books are available for MD/DC, Northern VA and Baltimore. Please call the Nursery School office for more information, (301) 652-2606, ext. 311.

Congregation Beth El Gratefully Acknowledges the Following Contributions (As of August 26, 1996)

Bendit Adult Institute Fund

In Honor Of: Al and Evelyn Fox's golden wedding anniversary by Selma and Jerry Miller; Rabbi Scolnic's speedy recovery by Gloria and Beryl Frank. In Memory Of: Michael A. Shanoff by Barry Shanoff.

Beth El Forest

In Honor Of: Marriage of Seth and Laurel Levine by Sylvia and Leonard Sheeskin; Ari Lerman's Bar Mitzvah by Murray A. Haber; Hazzan and Mrs. Lubin's new grandchild by Murray A. Haber; Anniversary of Mr. and Mrs. Lewis Kramer by Natalie and Benson Adams; Birth of first grandchild of Hazzan and Mrs. Lubin by Natalie and Benson Adams. In Memory Of: Eva Sokol by Jose, Tutti, Danny and Ariel Sokol; Casey and Heather Marcus by Debbie Cohen; Mother of Harry Derderian by Natalie Adams; Mother of Terri Annis by Natalie Adams; Father of Aline Greif by Natalie and Benson Adams; Mother of Irwin Ramer by Natalie and Benson Adams; Louis Schimel by Marcia Possick; Beloved husband, Dr. Charles Heilman, by Anne Heilman; Beloved mother, Phyllis Levine, by Steven Levine.

Cantor's Fund

In Honor Of: Hazzan Abraham and Sandy Lubin's new grandson by Gloria and Beryl Frank, Dolly and Marvin Band, Cary and Nancy Feldman, Judith Newman, Andrea, Mike, Nate and Hilary Druckman and Miriam Davidson; Cantor Lubin's help for Erica's Bat Mitzvah by Paul and Cyna Cohen.

Chevra Kadisha Fund

In Memory Of: Phillip Berman by Ken and Beth Berman; Morris Potash by Dr. and Mrs. Louis Potash.

College Fund

In Honor Of: Bar Mitzvah of Ari Richard Lerman by Reba Hirsh; The birth of Samuel Ari Levitt by Brent Berger. In Memory Of: Warren W. Rosing by Dr. and Mrs. Douglas Rosing.

Conservative Judaism in Israel

In Honor Of: Rachel Dellon and her literary prize by Benjamin Family; Robert Schumer's Torah honor by Ellen and Robert Schumer.

Fine Arts Fund

In Memory Of: Sadie Glovinsky by Sam and Frances Glovinsky; Louis Kohn by Esther Kohn.

General Fund

Martin S. Dembo. In Honor Of: Ruth and Leonard Berke's 50th anniversary by Cousins Janet, Ron, Chad and Jacob; Marriage of Edward Leviton & Sondra Solomon by Arline Nitzberg; 50th anniversary of Ruth and Leonard Berke by Ruth and Louis Rosen. In Memory Of: Ben Kalsner by the Gastroenterology Division of the Mayo Clinic.

Israel Experience Teen Fund

In Honor Of: Naomi and Jack Cohen making aliyah by Toby and Bernie Moss. In Memory Of: Morris Miller by Mr. and Mrs. Jay H. Miller.

Library Fund

Alan Swoff. In Honor Of: The speedy recovery for Jody Ilana Kweller by Mr. and Mrs. Daniel Kweller; Vera and Harold Fassberg's 50th anniversary by Gloria and Beryl Frank. In Memory Of: Eleanor M. Berzofsky by Jay A. Berzofsky; Tessie Kweller by Marilyn and Daniel Kweller.

Mazon

In Honor Of: The Bat Mitzvah of Elana Graber by Nancy Rose and Bob Lipman; Rita and Irwin Kopin by David and Ilene Jacobowitz. In Memory Of: Ceil Wolfson by Michael and Judy Platt; Philip Janus by Ms. Zeldia Janus; Dr. Samuel Spector by Bert and Judy Spector.

Men's Club Perspectives in Dialogue Fund

In Memory Of: Sidney Kaplan and Samuel Sporn by Rosalie M. Sporn and Family; Beloved husband, Eugene Sporn, by Rosalie M. Sporn and Family.

Morning Minyan Fund

In Memory Of: Father of Aline Greif by Hope and Phil Borish; Hugo Blumenthal by Werner and Bernice Blumenthal; Dr. Willard Applefeld and Paul Shapiro by Edward and Roslyn Shapiro.

Nitzanim Fund

In Honor Of: The joyful homecoming of Daniel Kravitz by Toby and Bernie Moss.

Prayerbook Fund

In Memory Of: Rose Debois by Elaine and George Perlman; Leah S. Hoffman by Mandy and Ira Hoffman; Isadore Kessler by Martin S. Dembo; Frank Forest by Donald Forest.

Rabbi's Fund

In Honor Of: Our 40th wedding anniversary by Paul and Marcia Merlin; Torah honor for our 50th anniversary by Dr. and Mrs. Harold E. Fassberg; Rabbi Jonathan Maltzman by Martin S. Dembo; Rabbi Maltzman by Julian Levin; My aliyah by Julian Levin. In Memory Of: My sister, Sarah Leavit, by Henry E. Freedman; William Small by Dr. and Mrs. Albert Small; Rose Chotkin by Rhea Troffkin; Joseph Ash by Bernard and Anita Ash.

School Enrichment Fund

In Memory Of: Anna Freiberg by Dr. Ava Kaufman; Yehuda Brownstein by Dr. and Mrs. Irwin J. Kopin.

Social Action Fund

In Memory Of: Samuel Nash by Gloria and Beryl Frank.

Suls Youth Activities Fund

In Memory Of: Mary Gildenhorn by Lenore and Myron Lenkin.

Torah Scroll Fund

In Honor Of: Robert Scheinberg's ordination as rabbi by Toby and Bernie Moss. In Memory Of: Iosef Kotelanski by Joel, Leslie, Morley and Leah Silver.

Vatikkim

In Honor Of: The 50th wedding anniversary of Norma and Calvin Golumbic by Elsie and Joseph Woolman; The 50th wedding anniversary of Lila and Herbert Harvey by Elsie and Joseph Woolman; The very special birthday of Marcia Possick by Elsie and Joseph Woolman.

1996 SEABOARD REGION BIENNIAL CONVENTION

NOVEMBER 1-3, 1996

RESERVATION FORM

Return Form To:

Seaboard Region United Synagogue Of Conservative Judaism
11710 Hunters Lane
Rockville, MD 20852
(301) 238-0801
E-Mail: uscj@cspace.org
FAX: (301) 816-2931

FEE SCHEDULE

FULL CONVENTION WEEKEND: \$138.00 per person or \$163.00 per person (see note).
SHABBAT ONLY: \$65.00 or \$75.00 (see note). SHABBAT & BANQUET ONLY: \$100.00 or \$115.00 (see note).
BANQUET ONLY: \$45.00 or \$55.00 (see note). SUNDAY ONLY: \$50.00 or \$60.00 (see note).

NOTE: The normal cost for attendance is for reservations made by October 11. After October 11, a late fee will be charged. All fees include a \$3.00 MAZON charge per person.

NAME: _____

CONGREGATION: _____

POSITION (OFFICE) CURRENTLY HELD: _____

ADDRESS: _____

CITY: _____, STATE: _____, ZIP: _____

TELEPHONE (VOICE): _____

TELEPHONE (FAX): _____

E-MAIL ADDRESS: _____

AMOUNT ENCLOSED: _____

REQUIRE SHOMER SHABBAT HOUSING? YES: _____, NO: _____

NUMBER OF PREVIOUS CONVENTIONS ATTENDED: _____

SHABBAT ONLY: _____, SHABBAT AND BANQUET ONLY: _____

BANQUET ONLY: _____, SUNDAY ONLY: _____

**Hotel accommodations at the Best Western Arlington Inn & Tower, 2408 South Glebe Road, Arlington, VA 22204. (703) 979-4608