

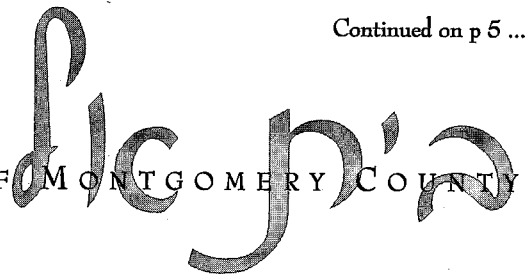
## Off the Bimah

This column is usually authored by my colleague, Rabbi Jonathan Maltzman, who, as I write this, is in Israel in the early phase of his sabbatical leave. Not knowing what these next six months will bring, I made no promises to the leadership about the frequency (or quality) of my own contributions to this column. I am very hopeful that the upcoming months will prove to be challenging, but manageable. If so, you may hear from me more than this initial time.

I prepared for the sabbatical challenge by taking some vacation

Continued on p 5 ...

CONGREGATION BETH EL OF MONTGOMERY COUNTY



### *All in the Family*

Mazal Tov to Murray and Marilyn Hammerman on the birth of two grandchildren. Aimee Nitzan Goldberg, daughter of Lorre Hammerman Goldberg and Joshua Goldberg, was born on August 8, 1998 in Seattle, Washington. Alexander Lawrence Hammerman, son of Dr. Steven and Wendy Hammerman, was born on August 31, 1998 in Houston, Texas.

Mazal Tov to Sheldon and Margery London on the birth of their granddaughter, Rachel Aviva London. Rachel is the daughter of Matt and Joanne London.

Mazal Tov to Ronnie and Evelyn Treinish on the Bar Mitzvah of their grandson, Jonathan Treinish, at Beth Shalom Synagogue in Kansas City. Jonathan is the son of Nathan and Lynn Treinish.

### Yom Kippur and Sukkot Festival Services Schedule

**Tuesday, September 29**  
Kol Nidre  
6:30 p.m., all locations

**Wednesday, September 30**  
Yom Kippur

9:00 a.m., Beth El and Whitman; 9:30 a.m. Doubletree

5:00 p.m., Mincha, all locations

6:15 p.m., Neilah, all locations

7:25 p.m., Conclusion of Fast/Shofar, all locations

**Sunday, October 4**  
Erev Sukkot

6:30 p.m. Festival Service

**Monday, October 5**

First Day Sukkot  
9:15 a.m. and 6:30 p.m. Festival Services

**Tuesday, October 6**  
Second Day Sukkot  
9:15 a.m. Festival conducted by Day School Student Service

**Sunday, October 11**  
Hoshanah Rabbah  
9:00 a.m. Festival Service

6:30 p.m. Festival Service

**Monday, October 12**  
Shemini Atzeret  
7 and 9:15 a.m. Festival Services (Yizkor recited at both services)

7:30 p.m. Simchat Torah Festival Service

**Tuesday, October 13**  
Simchat Torah  
9:15 a.m. Festival Service

**SPECIAL PULL-OUT SECTION,  
A GUIDE TO THE JEWISH  
FUNERAL, ENCLOSED**

Scroll

## Shabbat Schedule

### Friday, September 25

6:30 p.m.

### Saturday, September 26

7:30 and 9:15 a.m.

Vayelekh, Deuteronomy:

31:1 - 31:30

Shabbat Shuvah

Becky Eisenstadt Bat

Mitzvah at 9:15 a.m.

Jr. Congregation at 10 a.m.

Nitzanim at 10:30 a.m. in

the APR

### Friday, October 2

6:30 p.m.

### Saturday, October 3

at 7:30 and 9:15 a.m.

Haazinu, Deuteronomy:

32:1 - 32:52

Joelle Rotman Bat Mitzvah

9:15 a.m.

Jr. Congregation at 10 a.m.

Worship and Study Minyan

at 10 a.m.

### Friday, October 9

6:30 p.m.

### Saturday, October 10

7:30 and 9:15 a.m.

Shabbat Hol Hamoed

Sukkot

Exodus: 33:12 - 34:26;

Numbers: 29:26 - 34

Feld Lecture at 9:15 a.m.

Jr. Congregation at 10 a.m.

Nitzanim at 10:30 a.m. in

the APR

## Baruch Dayan Emet

Congregation Beth El offers its sincere condolences to

**Andrea Druckman**

on the death of her

grandmother, May

Karsch; to **Shirley**

**Sisco** on the death of

her husband, Bernard

Sisco; and to **Elisse**

**Walter** on the death

of her father, Arthur

Walter.

## Keruv

**Keruv is planning an exciting year, with an activity every month. On Sunday, October 11 from 1 - 4 p.m., the Annis' will host a gathering in their sukkah at 5219 Goddard Road, Bethesda. RSVP to Joan Claxton, (301) 320-9283. In November we will join the Lorrs for a potluck Shabbat dinner. The annual Keruv Hanukkah party is scheduled for Sunday, December 20 at the Levine-Janney home. More details will follow in future issues of the Beth El Scroll.**

**Keruv wants your questions and comments! Feel free to ask about almost anything, and we will try to answer you in the Beth El Scroll or privately. Address: "Dear Keruv," in care of the synagogue office.**

**Keruv ("outreach") addresses the issues of intermarriage and conversion at Beth El. We hold drop-in Shabbat discussions, talk to Havurot, and have family-based holiday parties. For more information about Keruv and its activities, call Joan Claxton at (301) 320-9283 (JSClaxton@aol.com).**

## Family Education Notes

The Family Education Committee for 1998-1999 is continuing to provide the tools and incentive for celebrating Shabbat at home. This year there will be two synagogue-wide home events. On Saturday, November 21, the Havdallah Happening is a chance to conduct the ritual of Havdallah in your homes. We encourage people to invite other members to their homes. We will make available step by step instructions as well as a tape of the blessings. On Saturday, February 19, Shabbat Shalom at Home will return to Beth El, so please save the date for Havurot meetings and gatherings of friends and family. In addition, this year's events will focus on the Three Pilgrimage Festivals: Sukkot, Pesach and Shavuot. In the first of these efforts, you should have received a packet in the mail explaining the holiday of Sukkot, which begins October 4. We hope you found the information useful. Hag Sameach!

## Evening Minyan

The following people are asked to help us with our daily Evening Minyan for the next two weeks. On Sunday through Thursday, the Minyan begins at 8 p.m. and concludes at 8:15 p.m. During the week of your assignment, we would appreciate your attending as many evenings as possible, so that those who are saying Kaddish will have a minyan that they can attend at Beth El.

### September 27 - October 1

David and Deborah Deutsch

Michael Diamond and Barbara Mittleman

Elliott and Phyllis Dickler

Ariel and Mati Dinar

Milton and Faye Doberman

Alan and Jane Dorfman

Jonathan and Cynthia Dorfman

Lillian Dorfman

Stanley Doroff

Richard and Elizabeth Drachman

Craig Dreilinger and Amanda Ford

Michael and Andrea Druckman

Brian and Jane Druskin

Mary Dubrow

David Dunn and Tamara Dunietz

Mitchell and Heidi Dupler

Gale Dutcher

Lee and Donna Dymond

Alicia Eaton

Steven and Marilyn Ebbin

### October 4 - October 8

William and Abbie Eckland

Kenneth Eckmann and Rhonda Friedman

Robert and Sandra Edenbaum

Frances Edlitz

Jack and Sabrina Edlow

Eugene and Paula Einhorn

Beth Eisenberg

David and Merry Eisenstadt

David and Barbara Eisenstein

Harry and Rhonda Eisenstein

Richard and Julie Elion

Norton and Sandy Elson

Patrick and Lori Elwood

Harold and Bernice Elwyn

Eugene and Eleanor Elzufon

Asher and Jeanne Ende

Hans Engler and Susan Wexler

Eric and Jessica Enig

Burton and Diane Epstein

Jack Epstein and Ava Kaufman

## Feld Lecture

The annual Arthur S. Feld Memorial Lecture will be given at the Shabbat Hol Hamoed Sukkot service on October 10. This lecture honors the memory of Arthur Feld, a lawyer, a mensch and an activist in Beth El and larger community settings.

This year's lecture will be given by Rabbi Stanley Rabinowitz, Rabbi Emeritus of Adas Israel Congregation. During his 26 year tenure at Adas Israel, Rabbi Rabinowitz enjoyed a reputation as one of the country's foremost spiritual leaders. He also served as President of the Rabbinical Assembly, was a founding member of Mercaz, was chairman

of the United Jewish Appeal Rabbinic Cabinet, and was honored for his support of Israel with the Lifetime Achievement Award of State of Israel Bonds.

The topic for the Feld Lecture will be "The Difference a Century Can Make." Rabbi Rabinowitz will also be available for a period of interactive discussion, following the Kiddush, in the Chapel.



Congregation Beth El of Montgomery County  
8215 Old Georgetown Rd.,  
Bethesda, Maryland  
20814-1451

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Associate Rabbi:  
**William D. Rudolph**  
Rabbi Emeritus:  
**Samuel Scolnic**  
Hazzan:  
**Abraham Lubin**  
Executive Director:  
**Steven J. Kravitz**  
Educational Director:  
**Louis A. Nagel**  
Family Education Director:  
**Sarah L. Roark**  
Nursery School Director:  
**Ellen M. Darr**  
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## Beth El Havurah Update

Wanted: Three new Havurot, being formed this fall, are open for membership:  
\* Families with children in upper elementary grades and middle school. Focus will be on family-oriented tzedakah projects, adult study and social activities. Contact Leesa Fields, (301) 770-0837, for more information.

"Baby Boomers." For members in their 40's and 50's, whose children, if they had children, are away at college or beyond. Six couples are already identified; four to six more are being sought for an organizing meeting. Contact Judy Matz, (301) 469-0459, if interested.

\* Young Couples. For couples in their 20's and early 30's, without children (yet?) Contact Cheryl Rod, (301) 299-8362, if you want to learn more about this Havurah.

## BETH EL'S OWN TORAH AND HAFTARAH TROPE CD-ROM NOW AVAILABLE

A customized Cd-Rom based on Hazzan Lubin's Manual for Torah and Haftarah Cantillations and Blessings publication and cassette is now available at a cost of \$69.95. To place an order, please call Hazzan Lubin or Selma Kriss at (301) 652-2606, ext. 302, or return the form below. For more information, call Hazzan Lubin.

### Order Form

I would like to order ..... copy/copies of Beth El's Cd-Rom.

A check, made payable to Congregation Beth El, for \$69.95 per copy is enclosed.

Name: .....

Address: .....

Phone: .....

**Congregation Beth El Gratefully Acknowledges the Following Contributions (As of August 24, 1998)**

**Bauer Confirmation Fund**

In Memory Of: Dr. Alfred Bauer by Dr. Heinz Bauer.

**Bendit Adult Institute Fund**

In Honor Of: Rabbi Scolnic's 75th Birthday by Sarah Kalser. In Memory Of: Evelyn Bitterbaum's brother by Sarah Kalser.

**Beth El Forest**

In Memory Of: Tzili Kara-Svartz by Dr. Michael and Ruth Cernea; Dr. Charles Heilman by Anne Heilman.

**Cantor's Fund**

In Memory Of: Samuel Datz by Dora D. Weinstein.

**Chevre Kadisha Fund**

In Memory Of: Dora and Harry Dolnansky by Rosalyn D. Bass; Menashe Ben Benyamin (Melvin Schutz) by Dr. Mark E. Schutz.

**College Fund**

In Honor Of: Special anniversary of Karen and Harry Lipkind by Mr. and Mrs. Bernard T. Resnick; Alex Eule's return to college by Fella Eule; The marriage of Dr. and Mrs. Brent Berger by Mr. and Mrs. Bernard T. Resnick.

**Disabled Access Fund**

In Honor Of: Recovery of Murray Foss by Herbert and Estelle Wiser; Recovery of Dr. Hyman Zimmerman by Herbert and Estelle Wiser. In Memory Of: Dr. Abraham I. Schoenholtz and William Wiser by Herbert and Estelle Wiser; Morris Potash by Dr. and Mrs. Louis Potash.

**General Fund**

Douglas and Annette Wolf. In Honor Of: Rabbi Samuel Scolnic's 75th birthday by Mr. and Mrs. Joseph George Kay; Mr. Bert Spector by Management Systems International, Inc.; Opening of the Ark by Mr. and Mrs. Jack Friedman. In Memory Of: Betty Lipson by Gail Ross and Roy Niedermayer; Ida Dosik by Howard and Sondra Bender; Rose Jansen by Josephine E. Horn; Chil Mayer Sokol by Jose B. Sokol; Dr. Ace Lipson's mother, Betty Lipson, by Richard and Joyce Meisegeier, David Young and Georgia Young, and Leonard and Gabriela Bechick.

**Kimball Nursery School Fund**

In Memory Of: Estelle Elion by Richard and Julie Elion; Debbie Glick's father by Annette and David Abrams and Family; Sherman Kimball by Annette Abrams and Family.

**Library Fund**

In Honor Of: The birthday of Mr. Max Bernhardt by Joseph and Sonya Gichner. In Memory Of: The mother of Ace Lipson by Diane Goldstein.

**Masorti**

In Memory Of: Joseph Ash by Bernie and Anita Ash.

**Mazon**

In Honor Of: Special birthday of Leonard Burka by Al and Evelyn Fox. In Memory Of: Father by Jack and Esther P. Kranton; Philip Janus and Marian B. Fogel by Zeldia L. Janus.

**Mintz Landscaping Fund**

In Memory Of: Pearl Shalowitz by Erwin and Elaine Shalowitz; Bea Berger's beloved

mother, Bessie Burman, by Lillian Kessler.

**Morning Minyan Fund**

Jeanne and Asher Ende; Richard and Elizabeth Drachman; Herbert and Anita Levinson; Robert Lerner. In Honor Of: My Aliyah by Julian Levin. In Memory Of: Marianne Shotland and Hugo Blumenthal by Werner Blumenthal; Irene Walsh, my sister, by Henry E. Freedman; Elizabeth Lerman by Allen Lerman; Betty Lipson, beloved mother and grandmother, by Audrey Berger; Ruth Merber by Marilyn Ripin.

**Music Fund**

In Memory Of: Roberta Louise Karson by Evelyn Karson and Kaplan Family; Mrs. Anita Tritell by Jane Roemer and Stuart Ammerman.

**Prayerbook Fund**

In Memory Of: Rachel Woolman by Joseph A. Woolman; Eleanor Mitnick Berzofsky by Jay A. Berzofsky; Dr. Louis Schimel, dear son, by Jane Schimel; Harriet Douglas by Roz and Allen Ginsberg; Ethel B. Glaser by Suzanne Glaser.

**Rabbi's Fund**

Sydney I. Green. In Honor Of: The Aliyot to the Torah of Jorge and Michael Sapoznikow by Sharona and Jorge Sapoznikow; Rabbi William D. Rudolph by Dr. Barbara Straus Reed; Rabbi William D. Rudolph by Family of Leon Imas; The birth of Elizabeth and Alan Simon's baby by Gary Marx. In Memory Of: Father of Carla Schraub by Gary Marx; Manuel Gottesman by Joseph E. Gottesman; Louise Rice, dearly loved mother, by Jane Schimel; Paul Shapiro by Ed Shapiro; Mary Rappaport by Shirley Sherman; My father, Meer Vainstein, by Sharona and Jorge Sapoznikow; Dr. Norman Alberstadt by Dorothy Alberstadt; Samuel Lenkin by Myron and Lenore Lenkin.

**Sisterhood Hospitality Fund**

In Memory Of: Ida Boxer by Anne Solotar and Michael Siegel.

**Social Action Fund**

Jason and Michelle Jacobson. In Honor Of: Reuven Birnkrant's Bar Mitzvah by Evelyn Karson and Kaplan Family. In Memory Of: Benjamin Harris by Michael and Ruth Cernea; Philip Awol and Rose Chwatsky by Burton and Diane Epstein.

**Suls Youth Activities Fund**

In Memory Of: Rosa Backenheimer by Marcia and Don Weinroth; Sybil Suls, Minnie Gordon and David Gordon by Daniel and Clara Gordon.

**Torah Scroll Fund**

In Memory Of: Betty Lipson by Howard and Julia Copperman; Father, Nathaniel DeGutz by Judith Spector.

**Vatikkim**

In Honor Of: Forthcoming wedding of Brent Berger and Carol Chabrow by Mr. and Mrs. John B. Wolff. In Memory Of: Max Simon by Herbert and Lila Harvey.

**Barbara Wolf "Israel Quest" Fund**

In Memory Of: Cousin Eugene Perry by Leo Kopit.

**World Jewry**

In Memory Of: Bessie Burman by Bea and Bernie Berger; Dr. Samuel Spector by Bert Spector. Mary Siegel Hochman by Selma Siegel; Joseph Ross by Rhoda R. Mancher; Ada Levy by Hyman J. Zimmerman.

**Membership Information**

**Michael and Adeen Postar** have moved to 22 Windermere Court, N. Bethesda, MD 20852. **Ethan Kanter and Sue Danziger Kanter** have moved to 11028 Kenilworth Avenue, P.O. Box 38, Garrett Park, MD 20896-0038, (301) 962-6229. **Jesse Baumgold and Linda Golden** have moved to 6910 Rannoch Road, Bethesda, MD 20817. **Michael Diamond and Barbara Mittleman** have moved to 8512 Thornden Terrace, Bethesda, MD 20817, (301) 469-6043. **Steven Kaufman and Lori Shapiro** have moved to 10415 Dalebrooke Lane, Potomac, MD 20854, (301) 340-2789.

**Worship and Study Minyan**

The Beth El Worship and Study Minyan will meet on Saturday, October 3 in the All Purpose Room from 10 a.m. to noon. The D'var Torah will be given by Marilyn Wind. The service, conducted entirely by members of the congregation, combines evocative Torah study with ample singing and "ruach." Children of all ages are welcome, although the service is oriented towards adults. Contact Dan Hirsch, (301) 654-7289, Sid Getz, (301) 530-2215, or Mark Levitt, (301) 365-5365, for more information.

**News from Kostroma**

"I think you would like what you would see in our community! There has been quite a lot of progress, both in Joint Distribution Committee-supported activities and the community's own programs. Most impressively, once entirely atheist Jews of Kostroma know that every Saturday morning we are waiting for them in the shul, and they do come!" The World Jewry Committee appreciates your continuing support of Beth El's effort to help Kostroma rebuild its Jewish life. Sheb naches!

**Volunteer Needed**

If anyone can donate two to four hours per week to stay with a homebound congregant so her husband can do errands and food shopping, please call Rhonda Kleiner Lowell at (301) 294-8858.

**Vacancy**

The Beth El Religious School Committee seeks one or two additional members. If you are enthusiastic about Jewish education, please call Jonathan Levy at (301) 656-7093.

# A Guide to the JEWISH FUNERAL

Prepared by the **Chevra Kadisha**  
Congregation Beth El of Montgomery County  
8215 Old Georgetown Road  
Bethesda, Maryland 20814  
(301) 652-2606

## WHEN DEATH OCCURS

Contact Rabbi Maltzman or the Beth El office first! If the Rabbi is unavailable and the office is closed, contact Rabbi Rudolph or Hazzan Lubin.

The Rabbi and the Chevra Kadisha are prepared to assist and advise you in making all necessary arrangements.

Phone numbers of importance:

Rabbi Maltzman	301-530-9199
Beth El Office	301-652-2606
Rabbi Rudolph	301-897-8010
Hazzan Lubin	301-718-9426

Retain this guide as an aid in making decisions.

## THE BETH EL CHEVRA KADISHA

The **Chevra Kadisha** of Beth El is a group of men and women dedicated to serving the needs of fellow congregants who experience a death in the family. The members of the Chevra perform **TAHARA**, help provide the condolence meal, can provide a person to stay in the home during the funeral, arrange for minyan prayer books and for shiva chairs, and can assist in dealing with the Jewish cemeteries.

The Chevra Kadisha acts in accordance with Jewish custom and law, under the guidance of the Rabbi. The activity of the Chevra constitutes a **Chesed Shel Emet**, a true act of kindness, performed without ulterior motive, for the service cannot be repaid.

Our customs are derived from the traditional view that each person is holy. Hence, the preparation for burial and the burial itself are done with respect and honor for the deceased. The funeral and mourning practices are directed towards

the needs of the family, and help to relieve the intense grief that death of a loved one brings. These observances help to overcome the feelings of hurt, anger, guilt, and resentment that may occupy the heart and mind of the mourner. The Jewish way of mourning lessens the loneliness and isolation of the mourner, and brings the individual into a community of comforters.

Jewish law requires that burial take place as soon as possible, usually within twenty-four hours of death. This is done as a sign of respect for the deceased, but is also of great psychological benefit to the family. In today's world, however, delays are often necessary to allow family members to gather. The Sabbath and Jewish holidays may also necessitate delays. The Rabbi should be consulted in these cases.

Any questions regarding the operations of the Chevra Kadisha should be directed to Darryl Sherman, Chairman, at 656-5263.

## FROM THE TIME OF DEATH TO THE FUNERAL

**Shmira** (watching the body): It is customary not to leave the deceased alone from the moment of death until burial. **Shomrim** (guardians) are most commonly relatives or personal friends of the deceased or members of the Congregation. Shomrim may be arranged through the Chevra Kadisha.

**Autopsy/Organ Donation:** Jewish law permits organ donation under various conditions. The Rabbi should be consulted for the specifics of these matters.

**Embalming:** Embalming is contrary to Jewish practice and is permitted only under unusual circumstances. It is not required by civil law.

**TAHARA** (ritual cleansing and purification): Tahara is performed by members of the Chevra Kadisha who are knowledgeable about the traditional customs. Cleansing of the body, followed by a ritual washing, is accompanied by the recitation of prayers asking for forgiveness for any sins the deceased may have committed, and asking that the All-merciful guard and grant eternal peace to the deceased. Membership in the Chevra Kadisha to perform this act of respect has always been considered an honor bestowed upon those who are truly pious. Now it is considered a privilege to be able to perform this act.

## FROM THE TIME OF THE FUNERAL TO THE BURIAL

Funeral services may be held in the synagogue, the funeral home, or at the grave site. The service is brief and simple, and is designed to honor the deceased. A eulogy emphasizing the worthy values, good deeds, and noble characteristics of the deceased is said. Psalms are recited and the prayer **El Mole Rachamim** is said.

**K'ria** (rending the garment): The spouse, parents, children, and siblings of the deceased participate in the k'ria prior to the funeral service. The clothing to be rent is an item of daily outer wear (not an overcoat) or a ribbon affixed to the clothing which may then be cut. The torn garment or symbol is worn through the thirty day period of mourning (the **Shloshim**), except on the Sabbath.

**Pallbearers:** Pallbearers from among the family and friends should accompany the casket and deposit it in the grave. This is an honor and a symbol of personal tribute to the deceased.

**Tachrichim** (burial garments): We are all considered equal before God, whether we were rich or poor in life, scholars, workers, or retired persons. Therefore, our tradition demands that all Jews be buried in the same type of garment. Burial clothes are simple, handmade white garments, signifying purity, simplicity, and dignity. A Jewish male is customarily buried wearing a kippah and his own tallit. A Jewish woman may also be buried wearing her tallit, if applicable.

**Aron** (casket): The coffin should be made entirely of wood, without decoration or lining. Earth from Israel is provided by the Chevra Kadisha for placement within the coffin.

**Flowers:** Flowers are not part of the Jewish burial or funeral tradition. A contribution to a charitable institution in memory of the deceased is an appropriate way of expressing respect.

**Cremation:** Cremation is not permitted in Jewish law. The Chevra Kadisha will not participate in preparations leading to cremation.

**Condolence calls:** Condolence calls should be made after the funeral during the Shiva week, except on the Sabbath.

**Viewing:** Viewing the body is contrary to our tradition.

**K'vura** (burial): In traditional practice, the casket is covered with dirt to form a mound. Kaddish is recited at the grave site after the burial.

**Leaving the cemetery:** It is customary for the mourners to pass between two rows of the others in attendance to receive expressions of consolation. It is also traditional to wash one's hands before entering a home after leaving the cemetery.

## PERIODS OF MOURNING

**Shiva** (the first seven days): Shiva is the seven-day period of intensive mourning observed by the immediate family of the deceased, beginning on the day of burial. The mourners include those whose spouse, parent, sibling, or child has died. During the entire **Shiva** period, mourners are urged to stay away from work or school in order to stay at home and contemplate the meaning of life and the manner in which adjustment will be made to the death of the loved one. Public mourning observances are suspended on the Sabbath in view of the belief that the sanctity and serenity of this day supersedes personal grief. Mourners are encouraged to attend Sabbath Services, but are not given an aliyah, do not conduct Services, and the k'ria is not displayed publicly. A major Holiday Festival terminates shiva (for details, consult the Rabbi). Since Judaism teaches that the feelings of loss of a human life are not limited to the family alone, it is customary at Beth El to announce the name of the deceased at a Sabbath Service after the funeral.

It is customary for family and friends to arrange for a condolence meal (which traditionally includes round foods such as eggs) to be served to the mourners at the house of mourning when they return from the cemetery.

The mirrors in a shiva home are covered as a symbol of mourning. The mourners are provided with lower seats on which to sit, a seven-day memorial candle is kindled, and the mourners refrain

from wearing leather shoes and from shaving. Greetings between mourners and visitors are not normally exchanged.

It is also customary for the mourners to participate in morning, afternoon, and evening services in the shiva home except on the Sabbath when mourners attend synagogue services. Mourners may conduct the home services or designate others to do so.

**Shloshim** (the first thirty days): During the thirty days following burial (except during shiva), mourners return to work and normal activities, but refrain from public entertainment or social activities. The k'ria is worn during shloshim. In place of home services, mourners attend synagogue services daily to recite Kaddish.

**Shanah** (the first year): Mourners for deceased parents continue to attend services daily to recite Kaddish for eleven months, and continue to refrain from celebratory activities for a full year.

**Yahrzeit** (anniversary of death): The Kaddish is recited each year on the anniversary of death (not burial).

**Yizkor** (Memorial Prayers): Yizkor prayers are recited on Yom Kippur, Shemini Atzeret, Pesach, and Shavuot.

## FUNERAL HOMES

Beth El has a contract with **Ives-Pearson Funeral Home** permitting us to conduct an authentically Jewish funeral, with appropriate participation of the Chevra Kadisha. The contract was negotiated through the Funeral Practices Committee of the Greater Washington Area, representing a number of area congregations. A very competitive and fair cost has been established for these services. If you alter any of the stipulations in the contract, Ives-Pearson is not obligated to honor any of the terms of the contract. There are costs in

addition to the contract such as death certificates, limousines, obituaries and grave liner, if required. The Chevra Kadisha does not charge for its services. Expenses incurred in the performance of its duties are defrayed by contributions to the Chevra Kadisha Fund. Beth El does not have, at this time, a contract with the Sagel, Stein or Danzansky-Goldberg establishments for specified services at a pre-determined cost. However, owners of both firms have indicated that fully traditional services and equipment are available when requested.

## CEMETERIES

There are four Jewish cemeteries in the Washington area: King David in Falls Church, Virginia, Judean Gardens in Olney, Maryland, Mt. Lebanon in Adelphi, Maryland, and Menorah in

Wheaton, Maryland. The cemeteries should be contacted directly. We recommend pre-planning, as the time of bereavement is not the time to make these decisions.

# PRE-PLANNING

The time of bereavement is not the time to make any of the decisions which survivors must face. An earlier preparation of a will is the first step to relieve such anxiety and anguish. Advance purchase of grave sites is another important step. The following is offered as a guide to a few key items to form a minimal source of information to help survivors to make the necessary arrangements. The Beth El Chevra Kadisha encourages you to fill out the form and to keep it together with this guide in a well-identified location.

**Full Names - English**

**Full Names - Hebrew**

\_\_\_\_\_  
 \_\_\_\_\_

\_\_\_\_\_  
 \_\_\_\_\_

**Social Security Numbers** \_\_\_\_\_

**Bank Accounts**                      **Number**                      **Bank**

Cards are kept \_\_\_\_\_

Checking \_\_\_\_\_

**Legal Advisor** \_\_\_\_\_

Savings \_\_\_\_\_

Phone number \_\_\_\_\_

Location of passbooks \_\_\_\_\_

Will is kept \_\_\_\_\_

**Real Estate located at** \_\_\_\_\_

**Life Insurance Co./Agent** \_\_\_\_\_

Phone number \_\_\_\_\_

**Securities are kept** \_\_\_\_\_

Policy numbers \_\_\_\_\_

Policies are kept \_\_\_\_\_

**Military Service - Branch** \_\_\_\_\_

**Health and Accident/Agent** \_\_\_\_\_

Dates \_\_\_\_\_

Phone number \_\_\_\_\_

Serviceman number \_\_\_\_\_

Policy numbers \_\_\_\_\_

VA claim number \_\_\_\_\_

Policies are kept \_\_\_\_\_

Gov't. insurance number \_\_\_\_\_

**Safe Deposit Box - Number** \_\_\_\_\_

Discharge papers are kept \_\_\_\_\_

Location \_\_\_\_\_

**Birth Certificates are kept** \_\_\_\_\_

Key is kept \_\_\_\_\_

**Cemetery Property - Name** \_\_\_\_\_

Deed number \_\_\_\_\_

Location \_\_\_\_\_

Number of spaces \_\_\_\_\_

**Funeral Home - Choice of** \_\_\_\_\_

Letter on file \_\_\_\_\_

**Relatives and Close Friends Who Should Be Notified**

**Name**

**Address**

**Phone Number**

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_



## Off the Bimah *(cont. from pgl...)*

with my family in Israel. It was a pilgrimage that I will never forget, because of all that we did and saw, because all my family was able to be with me, and because Israel reminds you forcefully what a long and significant journey our people have had. The sense of history and continuity cries out to you from every stone and every hilltop. As a rabbi, Israel says to me that I am involved in a pretty important enterprise and that there is a lot at stake in the contributions I may be able to make to the continuity and the quality of Jewish life. Not that I am in this alone, or different from any other rabbi or Jewish professional or active volunteer.

The advantage that I have in responding to the challenge I felt so urgently while in Israel is you. You are part of, and have shaped, a wonderful synagogue community. Beth El, which is so vibrant and so carried along by the energy and creativity of its members, makes its rabbis look good. We are also permitted the luxury of not worrying too much about packing in the people (we are already over-packed) and being able instead to focus on the kinds of teaching and leadership that Jewish history inspires in us and demands of us.

I am fortunate to be entering my sixteenth year with this wonderful shul. Each year has been different and presented its own set of challenges. For me, 5759 will surely be a year to remember. For all of you, my family and I hope that 5759 will be a year of health and peace and fulfillment.

Rabbi William D. Rudolph

*From the Desk of Rachel D. Sternberg, Youth Director*

### **USY and Kadima invite Machar and Bonim to Lunch in the Sukkah!!!**

**Sunday, October 11, 1:30 - 3 p.m.**

USY and Kadima will serve lunch and lead the Bonim Machar activities. Cost: \$7 members, \$12 non members RSVP to advisors at the youth hotlines.

#### **Bonim (Kindergarten -2nd Graders)**

**Advisor: Jacquelyn Alpert**

**Hotline: (301) 652-2606, ext. 342**

#### **Machar (3rd-5th Graders)**

**Advisors: Darrin Gerson and Andrea Goldstein**

**Hotline: (301) 652-2606, ext. 341**

#### **Kadima (6th-8th Graders)**

**Advisor: Jane-Rachel Sanow**

**Hotline: (301) 652-2606, ext. 340**

#### **USY (9th-12th Graders)**

**Advisor: Rachel Sternberg**

**Hotline: (301) 652-2606, ext. 308**

## MEN'S CLUB

L'Shana Tova! Start the New Year off by joining the members of the Men's Club at our weekly Sunday morning breakfasts at 9:30 a.m. Everyone is welcome, and you will find that the Men's Club breakfasts offer an opportunity for fellowship, education and even networking! Additional opportunities for fulfillment may be found as well through participation in our fundraising and other sponsored activities. Mark your calendar with the following Men's Club events, and be sure to check the Shabbat Announcements and the Men's Club poster in the Rotunda for updates. Breakfasts are at 9:30 and the programs are at 10:

*Sunday, September 27 - Neil Keller, collector,*

*"The World's Largest Collection of  
Jewish Trading Cards and Memorabilia"*

*Sunday, October 4 - Yair Kalusch, Lt. Col., Ret., IDF, "The  
5th Anniversary of the Yom Kippur War"*

## Vatikkim Luncheon

This year's annual Paid Up Vatikkim Members' Luncheon will be on October 15. By popular request, Edith Fierst, lawyer, idealist and dynamic speaker, is returning to the Vatikkim to talk about the future of Social Security. If you are confused about the various options that have been suggested, you will appreciate Edith's clear analysis of each plan. Come and hear from the expert!

Lunch is at noon and the program is at 1 p.m. There will be no charge for paid up members. The cost for guests is \$8.00. Please fill out the reservation form below and mail it to Bea Goldman, 3214 Henderson Avenue, Silver Spring, MD 20902, (301) 942-9434, or Margaret Bogler, 5901 Montrose Road, #502S, Rockville, MD 20852, (301) 816-2189.

Please note that we will not accept reservations later than two days before the scheduled event to assure proper planning.

### Reservation Form

Vatikkim Luncheon on Thursday, October 15, 1998

Please reserve ..... places for me at the Vatikkim luncheon.

Name .....

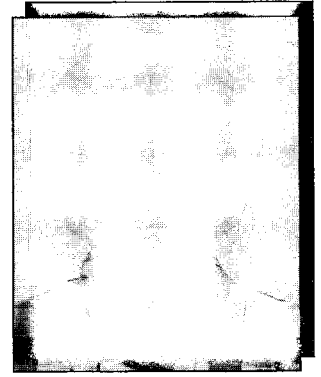
Phone Number .....

Please have your response reach us by October 13. No reservations will be accepted after this date.

## JSSA/Beth El to Facilitate Three-Session Workshop on "My Aging Parents, My Challenge"

Beth Hess, LCSW-C, of the Jewish Social Service Agency of Metropolitan Washington, will facilitate a three-session workshop dealing with aging parent issues. The purpose of this workshop is to learn new ways of coping with and understanding our relationship to our parents. This workshop is not intended to provide therapy. The emphasis will be on learning new coping skills and understanding issues such as responsibility to our parents. In addition, exploring community resources, planning support systems and talking about feelings will be included. Rabbi Rudolph will be attending sessions to share reflections and input regarding what is correct from a Jewish perspective.

This free three-session workshop will be held Mondays, November 30, December 7 and December 14 at Beth El. Please RSVP to Carole, (301) 652-2606, ext. 316 by November 24.



Beth Hess

## Sisterhood News

Congregation Beth El Sisterhood  
invites you to its

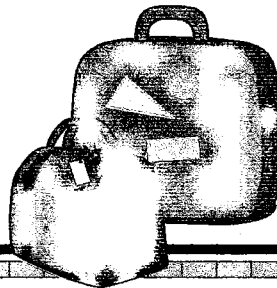
### **Paid-Up Membership Dinner**

Wednesday, October 7, 1998 at 6:30 p.m.  
Congregation Beth El Social Hall

Featuring the Sisterhood Players, in  
"Once Upon a Suitcase"

RSVP by October 1  
Send scroll reservation form  
To Beth El  
Or call Paula Siegel (301) 365-0168

Dues: \$25 (includes this dinner)  
Guests: \$18  
Payment accepted in advance or at the door



## Sisterhood Calendar Of Events

The real excitement for this year is our live performance of Once Upon a Suitcase. This is a play written by a local Sisterhood woman which will be performed by our Beth El Sisterhood at the Paid Up Membership Dinner. The play, organized by our Executive Vice President, Gail Ross, is being directed by Betty Baer. The Musical Director is Sheila Smallberg Cohen. Please return the reservation form on this page.

### Beth El Sisterhood Schedule Of Events

- October 4 11 a.m. Play Rehearsal
- October 7 7 p.m. Paid Up Membership Dinner and Show, "Once Upon a Suitcase" by Karen Rose
- October 11 9:30 a.m. Book Group
- October 18 11:30 a.m. Women's League Education Day
- October 25 9:30 a.m. - 4:30 p.m. Hebrew Marathon

### Reservation Form Sisterhood Paid-Up Membership Dinner

Name: \_\_\_\_\_

Names of guests: \_\_\_\_\_

Phone number: \_\_\_\_\_

- I have already paid my dues  
or
- payment enclosed
- I am available to help set up

# SAUL BENDIT ADULT INSTITUTE

## FALL 1998

### Six Wednesday Evenings, October 21 to December 2

(No classes November 25)

**7:30 to 8:20 p.m.**

- Midrash: Learning to Read Between the Lines of Torah, Part IV ..... Rabbi William Rudolph
- The Dead Sea Scrolls: Their Mystery and Meaning ..... Rabbi Samuel Scolnic
- A History of the Synagogue, Its Art and Architecture ..... Rabbi Reuben Levine
- Short Stories by American Jewish Writers ..... Dr. Saul Rogolsky

**8:20 to 8:40 p.m. - Coffee Break**

**8:40 to 9:30 p.m.**

- Eating the Fruit of the Tree of Knowledge: Implications of the  
Human Genome Project for the Jewish Community ..... Dr. Mark Guyer, Dr. Owen Rennert  
Dr. Kathy Hudson, Dr. Lawrence Brody, Rabbi Kassel Abelson, Sedra Schiffman  
*Moderator: Dr. Suzanne Bronheim*
- Festivals of the Jewish Calendar ..... Dr. David Goldman
- European Jewish History Between the World Wars ..... Judge Marvin Roth

**7:30 to 9:30 p.m.**

- Viewing Israeli Society: A Taste of Life in the Maturing Nation Through the Cinema  
Six feature-length Israeli films shown and discussed ..... Michlean Amir
- Beginners' Torah Cantillation ..... Hazzan Abraham Lubin
- The Basics of Conversational Hebrew ..... Yael Greenberg
- Hebrew Prayerbook Reading Beyond the Basics ..... Cheryl Kreiser

### Six Tuesday Mornings, October 20 to December 1

(No classes November 24)

**8:10 to 9:00 a.m.**

- A Taste of Talmud ..... Rabbi Samuel Scolnic

**10:00 to 10:50 a.m.**

- Midrash: Learning to Read Between the Lines of Torah, Part IV ..... Rabbi William Rudolph
  - The Dead Sea Scrolls: Their Mystery and Meaning ..... Rabbi Samuel Scolnic
- 10:50 to 11:10 a.m. - Coffee Break**

**11:10 to Noon**

- These Are the Appointed Seasons of the Lord ..... Hazzan Abraham Lubin
- A History of the Synagogue, Its Art and Architecture ..... Rabbi Reuben Levine
- European Jewish History Between the World Wars ..... Judge Marvin Roth

#### WATCH FOR BROCHURES THIS MONTH

Note: The evening minyan will start at 8:20 p.m. (rather than 8:00 p.m.) on evenings when Institute classes are scheduled.

Congregation Beth El of Montgomery County, 8215 Old Georgetown Road, Bethesda, MD 20814

Please enroll me in the following A.M.  P.M.  course(s):

1. \_\_\_\_\_ 2. \_\_\_\_\_

Enclosed is a check for \$ \_\_\_\_\_ made payable to Beth El.

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_ Phone \_\_\_\_\_

One 1-hour course (Talmud - no fee).....\$25 per person  
Two or more 1-hour courses (morning and/or evening).....\$20 per person per course  
2-hour course .....\$40 per person

September 1998/October 1998

CONGREGATION BETH EL OF MONTGOMERY COUNTY

*Be n'ia*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
<p>20</p> <p>Religious School Closed Erev Rosh Hashanah</p> <p>9 a.m. Minyan - Chapel</p> <p>9:30 a.m. Men's Club - APR</p> <p>6:30 p.m. Erev Rosh Hashanah Service</p>	<p>21</p> <p>Rosh Hashanah- 1st Day</p> <p>Offices and Schools Closed</p> <p>8:30 a.m. &amp; 6:30 p.m. Rosh Hashanah Services</p>	<p>22</p> <p>Rosh Hashanah - 2nd Day</p> <p>Offices and Schools Closed</p> <p>8:30 a.m. Rosh Hashanah Services</p>	<p>23</p> <p>Fast of Gedaliah</p> <p>7 p.m. Boy Scouts - MR</p>	<p>24</p> <p>3 p.m. Eisenstadt Picture/Video Taking - Sanctuary</p> <p>5:45 - 6:15 p.m. Rel. Sch. Mincha/Maariv Service - Sanctuary</p> <p>6:30 p.m. Aerobics - APR</p> <p>7:45 p.m. Sisterhood Play Rehearsal - APR</p>	<p>25</p> <p>6:30 p.m. Friday Evening Service</p> <p>6:40 p.m. Candles</p>	<p>26</p> <p>7:30 a.m. &amp; 9:15 a.m. Shabbat Services</p> <p>9:15 a.m. Becky Eisenstadt B/M</p> <p>10 a.m. Jr. Congregation</p> <p>10:30 a.m. Nitzanim - APR</p>
<p>27</p> <p>9 a.m. Minyan - Chapel</p> <p>9:30 a.m. Men's Club - BR</p> <p>10 a.m. 1999 B'nai Mitzvah Brunch - APR</p> <p>1:15 - 5 p.m. Youth Activities - APR</p>	<p>28</p> <p>10:30 a.m. Sabra Hadassah Mtg. - BR</p> <p>5:45 - 6:15 p.m. Rel. Sch. Mincha/Maariv Service - Sanctuary</p> <p>7 p.m. Cub Scouts - APR</p>	<p>29</p> <p>3 p.m. Offices and Rel. Sch. Closed</p> <p>6:30 p.m. Kol Nidre</p>	<p>30</p> <p>Yom Kippur</p> <p>Offices and Schools Closed</p> <p>9 a.m. Yom Kippur Services</p>	<p>1</p> <p>12 p.m. Vatikim - SH</p> <p>6:30 p.m. Aerobics - SH</p> <p>7:30 p.m. Family Ed. Adv. Comm. Mtg. - BR</p>	<p>2</p> <p>6:29 p.m. Candles</p> <p>6:30 p.m. Friday Evening Service</p>	<p>3</p> <p>7:30 &amp; 9:15 a.m. Shabbat Services</p> <p>9:15 a.m. Joelle Rotman Bat Mitzvah</p> <p>10 a.m. Jr. Congregation</p> <p>10 a.m. Worship and Study Minyan</p> <p>8 p.m. Rotman B/M Party</p>
<p>4</p> <p>Erev Sukkot Family Ed. "Build A Sukkah" - Congregants' home Nitzanim Sukkah Decorating - Members' home</p> <p>9 a.m. Minyan - Chapel</p> <p>9 a.m. - 1:15 p.m. Rel. Sch. Sukkah Visits - Sukkah</p> <p>9:30 a.m. Men's Club - SH</p> <p>10 a.m. Adult B'nai Mitzvah Class - Chapel</p> <p>11 a.m. Sisterhood Play Rehearsal - SH</p> <p>6:30 p.m. Festival Service</p>	<p>5</p> <p>Sukkot - 1st Day</p> <p>Offices and Schools Closed</p> <p>9:15 a.m. &amp; 6:30 p.m. Festival Services</p>	<p>6</p> <p>Sukkot - 2nd Day</p> <p>Offices and Schools Closed</p> <p>9:15 a.m. Festival and Day School Sukkot Service</p>	<p>7</p> <p>4 p.m. Fidell B/M Rehearsal - Sanctuary</p> <p>6:30 - 9:30 p.m. Conversion Class Sukkot Reception - BR &amp; Sukkah</p> <p>7 p.m. Boy Scouts - MR</p> <p>7 p.m. Sisterhood Paid-Up Membership Dinner/Show - SH</p>	<p>8</p> <p>12 p.m. Vatikim - SH</p> <p>6:30 p.m. Aerobics - SH</p> <p>7 p.m. AMI Mtg. - APR</p> <p>7:30 p.m. Exec. Comm. Mtg. - BR</p>	<p>9</p> <p>6:19 p.m. Candles</p> <p>6:30 p.m. Friday Evening Service</p>	<p>10</p> <p>7:30 &amp; 9:15 a.m. Shabbat Services</p> <p>9:15 a.m. Feld Lecture</p> <p>10 a.m. Jr. Congregation</p> <p>10:30 a.m. Nitzanim - APR</p>

MINYANIM 7:30 AM AND 8 PM

*Scroll*

CONGREGATION BETH EL OF MONTGOMERY COUNTY

8215 Old Georgetown Road

Bethesda, Maryland 20814

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Postage  
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