



### Off the Bimah

What does God demand of me? What is my most profound form of self-expression as a Jew? Historically, there have been three models of Jewish "authenticity": the Behavioral Model (God wants me to do things, to obey His commandments), the Intellectual Model (God demands my mind; I have to know and learn the Book), and the Spiritual Model (God demands the heart, the passion). The reemergence with a vengeance of the third model today is a reaction to 200 years of intellectualism and behaviorism, a reaction against rabid fundamentalism and the emptiness of the classic cathedral/synagogue, both Reform and Conservative. But, ideally, a community should have all three models and should educate for all of them. When in balance, each enriches the other and when multiple models are embodied in any one community, the community can count itself blessed.

Rabbi Jonathan Z. Maltzman

March 10, 2000

3 Adar II 5760

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### Purim Festivities

On Monday, March 20, there will be two services in the Sanctuary with a Megillah reading: a Young Family Service, "Bit o' Megillah," at 6:30 pm. and the Purim Service at 7:30 pm. As is our custom, there will also be a full traditional reading by Avraham Isser in the Chapel at 8:30 p.m.

Today rabah to our Megillah readers: Moshe Eckmann, Julia Goldstein, Sharon Goott, Erica Kaye, Rebecca Maltzman, Joshua Rosenbloom, Andrew Schissler, Amy Smith, and Jesse Spiegel.

The Purim Carnival will be held on Sunday, March 19 from Noon to 3:00 pm.

### Nominating Committee Formed

A Nominating Committee, chaired by Bert King, has been formed to select the nominees for synagogue officers and four trustees for the coming year. It is important that the synagogue selects qualified people and provides leadership opportunities to individuals looking to serve our membership and community.

If you are interested in a position, please contact Bert King at 301-652-7350. The slate of the Nominating Committee will be presented to the Board of Directors at the March 28, 2000, Board Meeting and voted on at the Annual Membership meeting on May 23, 2000. In accordance with our By Laws, additional nominations may be made to the Chair of the Nominating Committee by written petition of 25 or more members in good standing no later than April 20, 2000.

### Shabbat Schedule

#### Friday, March 10

6:30 pm Friday Night Service  
7 pm Grade 2-3 Shabbat Dinner, SH

#### Saturday, March 11

7:30 and 9:15 am Shabbat Services  
Pekudei: Exodus 38:21-40:38  
9:15 am Eli Shoham Bar Mitzvah  
David Weissman Bar Mitzvah  
10 am Jr. Congregation  
10:30 am Nitzanim, APR  
11 am Shitufim Minyan, Room 209  
12:30 pm Perek Yomi, Chapel

#### Friday, March 17

6:30 pm Friday Night Service  
**Saturday, March 18**

7:30 and 9:15 am Shabbat Services  
Vayikra: Leviticus 1:1-5:26  
9:15 am Laura Mandel Bat Mitzvah  
Dawn Schwartz Bat Mitzvah  
10 am Jr. Congregation Learners' Minyan, APR  
Gan Shabbat, MR  
12:30 pm Perek Yomi, Chapel  
5 pm Joshua Siegel Bar Mitzvah

#### Friday, March 24

6:30 pm Friday Night Service

#### Saturday, March 25

7:30 and 9:15 am Shabbat Services  
Tzav: Leviticus 6:1-8:36  
9:15 am Andrew Lebovich Bar Mitzvah  
10 am Jr. Congregation  
10:30 am Nitzanim, APR  
11 am Shitufim Minyan, Room 209  
12:30 pm Perek Yomi, Chapel



## Sisterhood News

### *Sisterhood Shabbat*

On February 5, neither cold weather nor a cold Sanctuary (the heating system was under repair) prevented what turned out to be a wonderful morning. Yashar Koach to Paula Siegel, a past Sisterhood president and Chair of Sisterhood Shabbat, who planned and organized the morning. Highlights included: our guest speaker, Dr. Pamela Nadell, who spoke on her newest book, *Women Who Would Be Rabbis*; the presentation of the Golda Meir Award to Dr. Suzanne Bronheim; and a delicious luncheon under the direction of Joan Claxton and Jackie Levine, our own DSCA's (Doctorate of Catering Activities.) The entire service, except for one part, was led by Sisterhood members; we are looking for a Sisterhood member who can do Magbeah at next year's Sisterhood Shabbat.

### *Challah Baking Workshop*

The Sisterhood challah baking workshop was a big success, and a good time was had by all. A special thanks to **Michelle Hainbach** for organizing the morning and to **Sara Greenbaum** and **Rachelle Solkowitz** for sharing their baking skills.

#### Upcoming Activities:

If you are interested in baking Hamantashen for Shalach Manot baskets to be distributed to residents of the Hebrew Home, please call Janice Liebowitz at 301-654-7377. We will do the baking at Beth El's kitchen on Wednesday, March 15 from 9 am to Noon.

The March 26 book discussion group selection is *Snow in August* by Pete Hamill. On April 16, Flora Singer will present an overview of Yiddish literature and discuss Chaim Grade's *My Mother's Sabbath Days*. For more information, call Annette Moshman 301-229-4040, or Andrea Golden 301-294-2375.

Women's Seder will be held on April 9; this year we will be collecting new clothing for newborns. The clothing will be distributed at the Interfaith Center. Plan on joining us for the evening; look for more information in the next Scroll.

Anyone interested in helping out with Sisterhood's Dor L'Dor Program on Sunday, April 30, please call Barbara Friedman at 301-947-1428.

Bulbs, bulbs, bulbs! Beautify your garden! Support Sisterhood! Watch for information!

### *Reminders:*

Your subscription to *Washington Jewish Week* can benefit Sisterhood at no additional cost to you. Call Leslie Dellon, 301-530-4645, for more information.

The Sisterhood Catering Committee can always use some volunteers to help on a regular basis with the Shabbat kiddushim and luncheons. Jackie Levine, 301-299-9507, or Joan Claxton, 301-320-9283, can tell you how you can get involved in this worthwhile activity.

Sisterhood has beautiful, special greeting cards available for all occasions. Proceeds from the cards benefit the Jewish Theological Seminary. Call Rita Kahn, 301-654-7716, to purchase cards.

The Sisterhood Judaica Shop is open on Thursdays and Sundays from 9 am to Noon or by special appointment. Check out the lovely new items in stock.

An easy way to get information about Sisterhood or to leave messages, is to call the Sisterhood hotline number 301-652-2606, ext. 333. Calls will be answered as quickly as possible.

### **Mikveh Tour**

Sisterhood women will tour the mikveh at Adas Israel Congregation on Tuesday, April 4 at 8 pm. The one-hour program will begin with a discussion of the laws of ritual purity and how visiting the mikveh has become an important part of spiritual and personal renewal for today's Conservative Jewish woman.

We will meet at Beth El at 7:15 pm and carpool together, or you can meet us at Adas Israel (Connecticut Avenue and Porter Street NW, Washington, DC) at 8 pm. Use the Quebec Street entrance. Daughters age 13 and older are encouraged to join us. Call Marcia Merlin, 301-365-3747, for information.

### **SAVE THIS DATE !**

The Beth El Men's Club and Sisterhood will be holding a **CABARET NIGHT** on May 6th, beginning at 9 p.m. Further details to be forthcoming. Mark your calendar now — it's going to be Lots of Fun!!

## Beth El's Match(ing) Opportunity: This is No Game!

O.K. You've been waiting and waiting for that inspiration that would light your fire and propel you to make a commitment to Beth El's Capital Campaign. Well, this is it. A generous donor has stepped forward and has made a commitment to match every new gift and every gift increase made from February 1, 2000 until we reach an aggregate of \$250,000.

So, what are you waiting for? Your gift will double in benefit to Beth El. Your gift will be matched Dollar for Dollar. Our goal is a Better Beth El for all of us.

We will have to make important decisions about our project to expand and renovate our synagogue very soon. Five hundred donors have invested in the future. Isn't it time for you to do so, too? It's easy. It's the right thing. You will feel good by doing good. And now your good deed goes twice as far.

Just pick up the phone and call 301-652-2606, ext. 313 and let us know that you care and want to join the Capital Campaign. Have any questions? We're happy to answer them. And don't forget that your gift can be paid over five years.

## Beth El Worship and Study Minyan

The Beth El Worship and Study Minyan will meet on Saturday, April 1 in the All Purpose Room from 10:00 am to Noon. The service, conducted entirely by members of the Congregation, combines evocative Torah study with ample singing and Ruach. Children of all ages are welcome, although the service is oriented towards adults. Contact Dan Hirsch, 301-654-7289, DOHirsch@aol.com; Sid Getz, 301-530-2215, Sidgetz@aol.com; or Mark Levitt, 301-365-5365, MKEMJ@aol.com, for more information.

## Tuning In with Hazzan Lubin

### *Kolot Bik'dushah: The Sanctity of Women's Voices*

During our Sisterhood Shabbat service on February 5, we all witnessed and heard what to me was a sacred symphony of words and music, evoking a genuine spiritual mood in our synagogue during the entire course of the service. Without exception, and with modesty, dignity and an uplifting spirit, all the *Ba-alot Tefilah* (leaders of the service) and all the *Ba-alot Keriah* (Torah and Haftarah readers) conducted the entire service faultlessly and with singular excellence. I know that I express the sentiments of both of my colleagues, Rabbis Maltzman and Rudolph, as well as the entire congregation present, of the pride we all felt that morning in the accomplishments of all the participants. Congratulations and *Yeyasher Kochachen* to the leaders, organizers, planners and participants in making Sisterhood Shabbat a proud day we will long remember. I add a special word of congratulations to the honoree of the day, Suzanne Bronheim, who modestly, proudly and deservedly received the coveted Golda Meir Award. We also congratulate all the recipients of the "Kolot Bik'dushah" awards from Women's League of Conservative Judaism. We are all proud to be associated with this special and unique congregation. It is indeed a Beth El - a house of God.

## All in the Family

Mazal Tov to **Murray and Marilyn Hammerman** on the engagement of their son, **Ted Hammerman**, to **Sherri Landau**, daughter of **Hank and Linda Landau**.

Congregation Beth El wishes a speedy recovery to **Roslyn Shapiro**.

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## Evening Minyan

The following people are asked to help us with our daily Evening Minyan for the next two weeks. On Sunday through Thursday, the Minyan begins at 8 p.m. and concludes at 8:15 p.m. **The Wednesday Evening Minyans during this two week period are at 8:20 p.m. due to Saul Bendit Adult Institute sessions.** During the week of your assignment, we would appreciate your attending as many evenings as possible, so that those who are saying Kaddish will have a minyan that they can attend at Beth El.

### March 12 to March 16

Sydney and Anne Ratcliffe  
Sanford and Shelley Reback  
Herman and Dorothy Rebhan  
Alfred and Marilyn Reines  
Stuart and Sarah Reiter  
Bernard and Charlotte Resnick  
Harvey Resnik  
Kerry and Carol Reynolds  
Louis and Helen Rib  
David and Marjorie Richman  
Melvin and Lenore Richter  
Basil and Margaret Rifkind  
David and Andrea Rifkind  
Barry and Jayne Ritholz  
Susan Rittenberg  
David Roark and Sarah Leventhal Roark  
Bernard and Cheryl Rod  
Isadore and Rose Rod  
Dean and Toby Rodman

### March 19 to March 23

Philip and Alisa Rogers  
Gary and Lisa Rosen  
Lisa Rosen  
Alexander and Beatrice Rosenberg  
Arnold Rosenberg and Carol Robbins  
Gilbert and Minerva Rosenberg  
Norman and Sarah Rosenberg  
Steven and Alice Rosenberg  
Marvin and Suzanne Rosenblatt  
David and Deborah Rosenbloom  
Gary and Dawn Rosenfeld  
Stephanie Rosenfeld  
Bernice Rosenstock  
Herbert and Nancy Rosenthal  
Joseph and Dorene Rosenthal  
Steven and Beth Rosenthal  
Douglas and Barbara Rosing  
Benjamin Ross  
Dennis and Deborah Ross  
Steven and Lori Ross  
Henry and Sheila Roth

## Vatikkim

It's a sure sign of spring when we resume our monthly luncheon programs. Gerald Liebenau, a retired government servant and professional translator, became a volunteer at the U.S. Holocaust Memorial Museum in 1991, two years before the opening of the Museum. His talk, "A Volunteer at the Holocaust Museum," will be enlightening and entertaining. Don't miss this enjoyable program!

Lunch is at noon and the program is at 1 pm The cost for members is \$7.00; non-member cost is \$8.00. Please fill out the reservation form below and mail it to Bea Goldman, 3214 Henderson Avenue, Silver Spring, MD 20902, (301) 942-9434, or Margaret Bogler, 5901 Montrose Road, #502S, Rockville, MD 20852, (301) 816-2189.

Please note that we will not accept reservations later than two days before the scheduled event to assure proper planning.

Reservation Form	
Vatikkim Luncheon on Thursday, March 16, 2000.	
Please reserve _____ places for me at the Vatikkim luncheon.	
Name:	_____
Phone	_____
Number:	_____
Please have your response reach us by March 14. No reservations will be accepted after this date.	

## Learners' Minyan

The Learners' Minyan meets on the third Shabbat of each month in the All Purpose Room from 10 am to Noon. The service, conducted by Rabbi Rudolph, is designed for the novice worshipper. It moves much less quickly. It is very hands-on in orientation, from how to put on the talit, to knowing when to bow, to practicing how to have an aliyah. There is also a focus each time on a different major portion of the service. Questions and discussions are very much encouraged. No registration or advance sign-up required. Contact Rabbi Rudolph, 301-652-2606, ext. 318, for more information.

## Board and Congregation Meetings

The Board of Directors and the Congregation both met on February 22.

At the Board meeting, possible solutions to prevent illegal parking in the neighborhood were discussed. This remains an area of great concern. Andrea Glazer presented the results of the Capital Campaign. Don Silverstein reviewed the progress and direction of the Construction Committee, and Barry Friedman discussed details of the recent multimillion dollar gift to the Campaign and financial goals for the future. The budget process will be on the agenda for the next several meetings of the Board.

The Congregation meeting was held immediately after the Board meeting and was opened by Rabbi Maltzman's D'var Torah on the subject of recognition. He recognized Benson Adams, Andrea Glazer, Rabbi Rudolph, Hazzan Lubin, and the Campaign Co-Chairs for their hard work and successful results. Judy Futterman presented the financial report and that we are now earning more from interest-bearing accounts and sales of cemetery plots. Andrea Glazer announced that over 520 donors have made pledges of \$6,190,000 to the Capital Campaign. She announced that a member family, currently wishing to remain anonymous, has pledged over \$2.5 million and that they will match any gifts pledged from February through mid-March dollar-for-dollar. Benson Adams thanked Andrea and acknowledged and expressed appreciation for pledges from the congregation auxiliaries to the Campaign. Don Silverstein reported that the Construction Committee was meeting with the architect and will eventually begin seeking proposals for civil engineers and general contractors. Previous concerns about zoning issues have apparently been resolved. He estimated that the project could begin by late 2000 and be completed approximately 18 months later. Barry Friedman recommended that the Congregation should carry a mortgage not significantly larger than the one currently being paid in an effort to keep dues raises to a minimum. Future new members will be expected to pay a building fund assessment as well. He added that the major donor has offered additional funds if the contingency costs for the project can be kept to a reasonable minimum.

The Executive Director Search Committee is continuing to interview candidates, and a final decision will be made soon. Rabbi Maltzman and Miriam Davidson are handling the administrative

matters until then.

Hazzan Lubin will begin a sabbatical after Simchat Torah. Discussions are underway to find temporary coverage for his responsibilities.

Brent Berger, Secretary

## Men's Club News

You are invited to attend the Beth El Men's Club's regular Sunday breakfast programs and to join the Men's Club. The Men's Club supports programs including the renowned Perspectives in Dialogue series, political forums, awards and other events.

The Men's Club also sponsors youth programs including scouting, the Purim Carnival, the annual Magic Show, Israeli scholarships, school books, Bar Mitzvah kiddush cups, and other important activities. Your participation makes it possible! For membership information, please call Marvin Yudkovitz at 301-564-4580.

Please mark your calendars for the annual Purim Carnival on Sunday, March 19. This year we will have new games and more of them! Tickets will be available before the Carnival at reduced prices (4/\$1 in advance; 3/\$1 at the door). Tickets cover food and games, so be prepare!

You may wish to mark your calendars for the Perspectives in Dialogue series of talks on April 9, 16, 30 and May 7. Speakers will include Dr. Richard Hodes, Richard Joel, Eli Rosenbaum and Linda Greenhouse. A full schedule will appear in the next *Scroll*.

Regular Sunday Morning Breakfast Programs: Lox and bagel breakfasts at 9:30 am (after the 9:00 am minyan), with program from 10:00 to 11:00 am. All congregants are welcome. Check the Men's Club poster in the Rotunda for updated details.

Upcoming programs:

- Mar. 12: Rabbi William Rudolph, "Conservative Judaism: What Is the Future?"
- Mar. 19: Hazzan Abraham Lubin, "The Hasidic *Nigun* - Discussion and Illustration"
- Mar. 26: Howard Denis, "The DC-Montgomery County Connection: What's New?"
- Apr. 2: Rabbi Gil Nativ, Moriah Synagogue, Haifa, Topic to be announced

## Religious School News

Religious School teachers met after classes on Sunday, February 6 for a staff meeting and a workshop on guided imagery. Our staff meetings are always lively affairs. Diversity of opinion on any given subject can be counted on with energetic discussion and productive consideration of the issues a given. We also consistently reach consensus decision and move forward. The most exciting aspect of our meetings, from a principal's perspective, is the degree to which our teachers have clearly reflected on their teaching practice and have given thought to improving the programming in our school.

At this recent meeting, the subject of improving the social integration of students engendered much discussion. This is a significant issue for us at many levels. With a student population that draws on such a diversity of public and private schools, a gravitation toward familiar faces from their elementary or middle schools is natural, but disruptive of our school's goals. In addition, there is the diversity of personalities to consider. Awareness and accounting for the extroverted student who tends to participate most in the classroom process versus the introverted student who is less likely to add to a discussion calls for a consideration of teaching strategies and awareness of students' interactions. A dissection of the pedagogic issues was further taken up in a discussion of my comments from Teacher Recognition Shabbat.

We talked about how the point of reference in Jewish education has shifted over the last 30-40 years from the Holocaust, to Israel, later to Torah and now the transition is toward God and Spirituality. This is not to say that those other subjects have been dropped from the curriculum, just that they are less the foundation on which the program of studies is built. Our attention turned to the nature of the experience we want to facilitate for our students. We agreed that teaching toward pre-ordained conclusions, where the teacher has all the answers worked out in advance was not our approach of choice. Our goal is to bring about an open ended learning experience. One in which the presentation of is considered an intermediate step in the process of students making personal meaning of the material. Teachers brought forward examples of where their lessons fulfilled the message of Judah HaNasi, editor of the Mishna, who said, "I have learned much from my teachers, more from my colleagues and most from my students."

This is the stage at which learning is most creative and is stimulating to both the learner and the teacher.

Our meeting then shifted into workshop mode with a local educator, Joyce Singer, leading the teachers through a guided imagery exercise. She then talked about how this approach can be used for teaching Torah and tefillah. Guided imagery is a meditative technique. Through this process individuals can conjure up images that make the distant environs of the Bible or the abstract concepts described in prayer a virtual experience. I look forward to hearing the feedback from teachers and students as this workshop experience comes into play.

This recent experience, like so many others, serves to affirm my enthusiasm for the dedication, energy and commitment of our Religious School faculty, a blessing to our Congregation. Their best is yet to come as they continue to grow from strength to strength.

## Beth El Religious School Principal Active in Community Education Efforts

Educational Director Louis Nagel's primary responsibility is Beth El's own Religious School, but he somehow also makes time for community educational activities. Mr. Nagel was much in evidence at January's Jewish Educators Assembly 48th Annual conference in Baltimore. In addition to serving on the planning committee, he introduced a symposium entitled "Day to Day Spirituality" and presented the annual JEA-Torah Aura Curriculum and Administration Awards. Fully cognizant of the dictum that there is no Torah without bread, Louis also edited the conference program book. The tributes and notices therein earned the organization a substantial amount. Mr. Nagel was also recently chosen Cluster Coordinator for the Board of Jewish Education's new Lay Educators Institute, a Jewish Federation grant program to recruit and train new religious school teachers.

### RELIGIOUS SCHOOL COMMITTEE OPEN MEETING APRIL 10 8:15-9:00 P.M.

Comments, suggestions, complaints about the Religious School? Here's your chance to voice them to the school committee. All are welcome.

## Youth Department News

The Youth of Beth El are excited about a busy month of March (and hopefully the start of warmer weather). Everyone is looking forward to the Purim Carnival on March 19. Look for the second annual USY Silent Auction and other ways to support the *tzedakah* funds of USY and Kadima.

USYers are also looking forward to hanging out this weekend at movie night, helping the residents of Springhouse celebrate Purim on March 17, and a Shabbat Dinner on March 31.

If you have any questions, comments, or suggestions, please call Ariele Hausner-Barach. We can't wait to see you at youth programs!

If you do not already receive the monthly youth bulletin, and would like to, please call Ariele Hausner-Barach at 301-652-2606, ext. 308. You can always stop by her office for candy or to say hello.

### Donations Accepted

USY will again be running a Tikun Olam Silent Auction at this year's Purim Carnival (March 19). If you, or your business, would like to donate something to be auctioned off, please call Ariele Hausner-Barach, Youth Director, at 301-652-2606, ext. 308. All proceeds benefit Tikun Olam, USY's National Tzedakah fund.

### Babysitters Available

In search of a babysitter? For your convenience, the Youth Department has compiled a directory. Directories will be sold at the Purim Carnival and Sunday morning bagel sales. All proceeds benefit Tikun Olam, USY's National Tzedakah fund. If you are a babysitter and would like your name included in the directory, fill out a form available from Ariele.

## Nitzanim

Nitzanim Shabbat Services are held on the second and fourth Saturdays of each month at 10:30 a.m. in the All Purpose Room. A special service for children ages six and under and their parents, Nitzanim Shabbat Services feature a Torah parade, stories, lots of songs and a snack. We hope you will join us!

The Nitzanim kiddush will be sponsored on March 25 by **Scott and Debbie Glick** in honor of the fifth birthday of their daughter, **Eliana Glick**. Todah Rabah!

## Remember the Summers When You Were Small?

If you are 14 years old or entering high school in September, become a Junior Counselor at Beth El Nursery School Camp, and help children ages 3-5 experience the fun and discovery that summer can bring. The camp offers a supportive environment and activities including water play, games, field trips and arts and crafts. Two camp sessions will run from June 20 to July 28, Tuesdays through Fridays, from 9:00 am to 1:15 pm, with additional set-up and clean-up days for staff.

Salary range depends on related work experience. To learn more about Junior Counselor positions, call (301) 652-2606, ext. 312.

## Scenes of Summer at Beth El Nursery School Camp

- Splashing in a water game
- Romping on the playground
- Singing together
- Smiling at new friends

Beth El Camp offers a supportive environment for children ages 3-5. Two three-week sessions will be held: June 20 to July 7 and July 11 to July 28.

Put your child in the scene of an exciting summer at Beth El. For information, call (301) 652-2606, ext. 312.

## Gan Shabbat

Sarah Roark is leading Gan Shabbat services this year. Gan Shabbat, the Saturday morning service geared especially for children in kindergarten through third grades, will continue to meet in the downstairs Meeting Room from 10 to 11 a.m. Meeting dates will be on the third Saturday of the month.

Please contact Sarah Roark at 301-652-2606, ext. 320, if you are a parent interested in helping out with the details of the service.

## **BottleMania Comes to the Purim Carnival!**

Over the next few weeks, BENS students will be filling clean, see-through plastic bottles with small toys and other items. The fun-filled and decorative bottles will then be displayed at a booth at the Purim Carnival. For four tickets, anyone can draw a number and with the bottle with the matching number. All proceeds will benefit the Nursery School.

Religious School students have been invited (and other Beth El members are also welcome) to create and donate bottles as well. Bottles may be filled with small toys, kosher candy, gift certificates, trading cards, stickers, school supplies, craft items - the list is endless! All items should be new, not used or broken. Bottles can be delivered to Beth El between March 2 and March 12. There will be collection boxes in the Nursery/Religious School hallways.

Then come out to the Purim Carnival on March 19 and experience the excitement of BottleMania! For more information, please contact Bernice Kaufman, 301-469-4850, or Karen Judson, 301-365-9342.

### **Mark Your Calendars!!!**

**Sunday, June 4, 2000**

**7:00 p.m.**

### **Hazzan Abraham Lubin's 10th Anniversary: A Musical Celebration**

This coming year our congregation will celebrate Hazzan Lubin's 10th anniversary at Beth El. Plans are underway to honor our Hazzan for his decade of service with a special evening of music and tributes. We are privileged to have joining us Hazzanim from around the country: Hazzan Melvin Luterman, Temple Oheb Shalom of Baltimore; Hazzan Jacob Mendelson, Temple Israel Center, White Plains, NY; Hazzan David Perper, Temple Judea of Bucks County, Doylestown, PA; and Hazzan Faith Steinsnyder, Temple Beth El of Spring Valley, NY. Also performing will be a marvelous klezmer band from Connecticut, "The Klezical Tradition." You won't want to miss this night of songs and salutes!

## **Update on Kostroma**

Beth El members should feel very good about their help to the reviving Jewish community of Kostroma in Russia. You don't need a reminder of your generosity in:

- restoring a 200-year-old Torah scroll for the community (made available by a Chabad synagogue in Moscow)
- providing Torah and bimah covers, tallitot, kippot, chumashim, fax machine, Physicians Desk Reference, and food for Pesach
- renovating deplorable bathroom facilities
- most importantly, sending samples of medicine so badly needed, particularly by pensioners who receive \$30 per month for all their needs (couldn't buy medicine even if it were available). Unfortunately, there is nothing we can do to alleviate their distress in a flu epidemic. Apparently vaccine is not available in Russia.

The World Jewry Committee has just sent \$300 for boots to keep at least a few seniors dry in the harsh winter weather. We will soon start to collect boots and sweaters for next year. Long lead time precludes shipping this year. Some money soon will be sent to supplement what the Joint Distribution Committee provides for Pesach.

For all your help, including unlisted items—and your concern for their welfare—you have warmest thanks from Kostroma. As they say, "You make our survive."

## **Doctors' Alert**

You've been generous in providing samples of medicines needed by pensioners in Kostroma, Beth El's associated synagogue in Russia. Can you help us again with the following medicines: Accupril, Capoten, Gilbenclamid, Inderal, Norvask, Vasotec, Etmosine, Isoptine, Verapamil, Dilacor, Moduretoc, Maxzide, Lasiz, Nitro-Dur, Diabeta, Zocor and Mevacor.

For pick up of medicines, please call Claire Marwick, 301-657-2328, or email to [csmarwick@aol.com](mailto:csmarwick@aol.com).



Beth El Nursery School Presents

*Estelle Kimball Memorial Lecture*

**"How to Talk to Children  
About God"**

*with*

*Rabbi Sid Schwarz*

**Thursday March 30, 2000  
7:00 pm**

**Congregation Beth El  
8215 Old Georgetown Road  
Bethesda**

**Admission is FREE**

***RSVP 301-652-2606 x311***

limited seating

# SPECIAL PESACH INFORMATION

## Memo From Rabbi Maltzman

The following Pesach guidelines have been made available through the Conservative Movement. It is an incomplete list but helpful nonetheless. Please feel free to call on me with any individual questions and be sure to fill out the form to sell your chametz. I will conduct the "Mechirat Chametz" on Wednesday, April 19, 2000 after the Siyyum. Have a wonderful holiday with family, friends, and congregation.

## Pesach (Passover) Guidelines

### *Permissible or Not? Chametz or Kosher?*

This year Pesach falls on Wednesday, April 19 through Thursday, April 27. The following guidelines are designed to help you in your celebration.

A Pesach home atmosphere is created each year by the traditional practice of thoroughly cleansing the home in all its parts and by the removal of all **Chametz** or leaven in preparation for the welcoming of Pesach; also through the meticulous avoidance of the use of **Chametz** or leaven throughout the Pesach days, both at home and when away.

The term Chametz or leaven is applied not only to foods, the use of which is to be avoided during Pesach, but also to the dishes and utensils in which foods are prepared or served during the year and which may not be used during Pesach except as herein indicated.

### *Foods During Pesach*

#### *1. Forbidden for Use*

The following foods are forbidden for use during Pesach: Leavened bread, cakes, biscuits and crackers, cereals, coffee substances derived from cereals, wheat, barley, oats, rice, dried peas and dried beans, and all liquids which contain ingredients or flavors made from grain alcohol. Most processed food fall under this category.

#### *2. Permitted Foods*

##### A. Requiring No "Kosher L'Pesach" Label

The following foods are permitted in unopened packages or containers: Natural coffee, sugar, tea, salt, pepper, onion and garlic powder, dates, dried fruits, nuts, eggs, meat, fish, honey, milk, vegetables (except peas and beans, string beans being permitted). They require no "Kosher L'Pesach" label. Such things as aluminum foil, plastic wrap, detergents and metal polishes also require no supervision.

##### B. Frozen Fruits and Vegetables

Fruits and those vegetables normally permitted for Pesach use are permitted also in their frozen state.

##### C. If Certified for Pesach Use by Rabbinical Authority

Matzot, matzo flour, Pesach noodles, candies, cakes, beverages, canned and processed foods, milk, butter, jams, cheese, jellies, relishes, dried fruits, salad oils, vegetable gelatin, shortenings, vinegar, wines and liquors are permitted if they are certified by competent rabbinical authority as fit for Pesach use. Labels and tags marked "Kosher L'Pesach" are of no value unless they bear rabbinical signature.

### *Dishes and Utensils*

1. Only dishes and utensils specially reserved for Pesach should be used with the following exceptions:

A. Silverware, knives, forks, and spoons made wholly of metal, if used during the year, may be used on Pesach if thoroughly scoured and immersed in boiling water. All table glassware is permitted after thoroughly scouring. Fine translucent chinaware, if not used for a year, is permitted.

B. Metal pots and pans used for cooking purposes only (but not for baking), if made wholly of metal, though used during the year, may be used on Pesach if first thoroughly scoured and immersed in boiling water.

C. Utensils used for baking during the year cannot be used during Pesach.

2. Earthenware, enamelware, and porcelain utensils used during the year may not be used on Pesach.

3. The stove is prepared for Pesach by thorough scrubbing and cleaning of all parts and turning on full flame in the bake oven and all the grates.

4. A dishwashing machine may be used for Pesach after thorough scouring with boiling water and running it through a cycle while empty. Some authorities say you must use new trays.

5. Microwave ovens are made kosher for Pesach by a thorough scrubbing and placing a container of water in the oven and turning on the power until the oven is filled with thick steam.

6. Sinks should be scoured and boiling water should be poured over them. Some authorities call for a sink liner if the sink is made of porcelain or enamel.

### ***Selling of the Chametz***

During the week of Passover, it is forbidden, according to Jewish tradition, to eat chametz or even to own the chametz that has been put away in your home. Therefore, we annually observe the custom of **Mechirat Chametz**, selling the chametz to someone who is not bound by Jewish law. If you would like to have Rabbi Maltzman sell your chametz, please mail in the following form by April 19, 2000 or drop it off in the Rabbi's office.

I, \_\_\_\_\_,  
hereby authorize Rabbi Jonathan Z. Maltzman  
to sell my chametz before Passover, April 19,  
2000 according to Jewish law.

Signature \_\_\_\_\_

Address \_\_\_\_\_

I enclose a donation for "Maot Chittim,"  
feeding the hungry. Please make checks  
payable to Congregation Beth El.

### **Pesach Yizkor Book Listing**

Our Pesach Yizkor Book will be available on  
April 27, 2000. Please complete and mail the  
form below without delay. **Please PRINT or  
TYPE** the form to avoid errors.

I/We are enclosing a contribution to  
Congregation Beth El of \$ \_\_\_\_\_

Please check one:

\_\_\_\_\_ I/We would like to use the same  
listing(s) from the 1999 Yom Kippur Yizkor  
Book.

\_\_\_\_\_ I/We did not have a listing in the 1999  
Yom Kippur Yizkor Book. Please include the  
names listed below in the Pesach Yizkor Book.

\_\_\_\_\_ I/We had a listing in the 1999 Yom  
Kippur Yizkor Book and would like to have  
that listing plus the following names:

**IN MEMORY OF:** \_\_\_\_\_

\_\_\_\_\_

**REMEMBERED BY:** \_\_\_\_\_

NAME \_\_\_\_\_

PHONE \_\_\_\_\_

Please return this form by Monday, April 3, 2000.

### **Siyyum For The First Born**

The Annual Siyyum for the First Born Child will  
be held on Wednesday, April 19 at 7:15 a.m. The  
Morning Minyan will include a brief study session  
with the Rabbi and a special breakfast honoring our  
first born children will follow.

Our thanks to Faye and Sy Wolf, who are  
sponsoring the Siyyum in memory of Barbara Wolf,  
Sarah and Abraham Krupsaw, Abraham and Dora  
Wolf, Dan Rosen and Molly and Irving Weinstein.

### **CONGREGATION SEDER**

The Congregation Seder, conducted by Rabbi  
Jonathan Maltzman, will be held on Thursday  
evening, April 20, at 7:00 pm. in the Social Hall

I/We would like to make the following  
reservations:

\_\_\_\_\_ Adults @ \$26 \$ \_\_\_\_\_

\_\_\_\_\_ Nonmember Adults @ \$32 \$ \_\_\_\_\_

\_\_\_\_\_ Children 7-12 @ \$15 \$ \_\_\_\_\_

\_\_\_\_\_ Children 2-6 @ \$8 \$ \_\_\_\_\_

Children under 2 No Charge

Grand Total \$ \_\_\_\_\_

Name \_\_\_\_\_

Phone No. \_\_\_\_\_

I/We would like to be seated with

\_\_\_\_\_ Yes! I would like to be seated at a 50+  
Singles table.

\_\_\_\_\_ Yes! I would like to be seated at a Vatikim  
table.

Price includes contribution to Mazon.  
Reservations must be accompanied by a check  
and sent to: Beth El, Attn: Seder.

Reservations are limited and due by Monday,  
April 10, 2000 or the first 250 people, whichever  
comes first.

No Refunds or Phone Reservations!!