



CONGREGATION BETH EL OF MONTGOMERY COUNTY



### **Voicemail System Changes**

As of March 21, the phone system is different at Beth El. Office staff will answer the phones and direct your calls. If all office staff are on other calls, your call will go into voicemail on the fourth ring, and the main message will be heard. You will then have the options you have always had to reach the intended person. If you know who you want to reach and do not want to go through the office staff, please call one of the following numbers: **301-652-8573** or **301-652-8569**. Your call will be answered by the main voicemail message, and you can then dial the extension you want. These two numbers should also be used by all staff members who are calling in to retrieve their voicemail messages.

Thank you for your patience as the office staff adjusts to this new system, and we hope that congregants will be pleased with the change.

### **Sukkot in April to Take Place on Sunday, April 30**

This year, as in past years, Beth El, along with 22 other Jewish groups from the DC area will be sponsoring and repairing houses of elderly low income residents. This is a wonderful opportunity to work with your fellow congregants or for parents and teen-aged children to work together and make a difference in an elderly family's living situation. We will be working on Sunday, April 30. Volunteers can work a full or partial day. Home repair skills are not necessary, but are appreciated. Bert King and Jonathan Binder are coordinating the project for Beth El. Please contact Bert King, 301-652-7350, by Sunday, April 23 with questions or to volunteer.

### **Shabbat and Passover Schedule**

#### **Friday, April 21**

2nd Day Passover  
Offices and Schools Closed  
9:15 am Festival Service  
6:30 pm Friday Night Service

#### **Saturday, April 22**

3rd Day Passover  
7:30 and 9:15 am Shabbat Services  
Exodus 33:12-34:26  
Numbers 28:19-25

9:15 am Erica Rotman Bat Mitzvah  
10 am Grandparents Jr. Congregation  
10:30 am Nitzanim, APR  
12:30 pm Perek Yomi, Chapel

#### **Tuesday, April 25**

6th Day Passover  
3 pm Offices Close  
6:30 pm Festival Service

#### **Wednesday, April 26**

7th Day Passover  
Offices and Schools Closed  
9:15 am and 6:30 pm Festival Services

#### **Thursday, April 27**

8th Day Passover  
Offices and Schools Closed  
7 and 9:15 am Festival Services  
(Yizkor at both services)

#### **Friday, April 28**

6:30 pm Friday Night Service

#### **Saturday, April 29**

7:30 and 9:15 am Shabbat Service  
Acharey Mot: Leviticus 16:1-18:30  
9:15 am David Gooft Bar Mitzvah  
10 am Jr. Congregation  
10:30 am Nitzanim, APR  
12:15 pm Adult B'nai Mitzvah Study  
Session, BR  
12:30 pm Perek Yomi, Chapel

#### **Friday, May 5**

6:30 pm Friday Night Service  
7 pm 13 Mitzvot Awards and  
Dinner, SH

#### **Saturday, May 6**

7:30 and 9:15 am Shabbat Services  
Kedoshim: Leviticus 19:1-20:27  
9:15 am Emily Star Bat Mitzvah  
10 am Jr. Congregation  
Worship and Study Minyan,  
APR  
12:30 pm Perek Yomi, Chapel

April 21, 2000

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## Sisterhood News

### Reminders

Your subscription to *Washington Jewish Week* can benefit Sisterhood at no additional cost to you. Call Leslie Dellon, 301-530-4645, for more information.

The Sisterhood Catering Committee can always use some volunteers to help on a regular basis with the Shabbat kiddushim and luncheons. Jackie Levine, 301-299-9507, or Joan Claxton, 301-320-9283, can tell you how you can get involved in this worthwhile activity.

Sisterhood has beautiful, special greeting cards available for all occasions. Proceeds from the cards benefit the Jewish Theological Seminary. Call Rita Kahn, 301-654-7716, to purchase cards.

The Sisterhood Judaica Shop is open on Thursdays and Sundays from 9 am to Noon or by special appointment. Check out the lovely new items in stock.

An easy way to get information about Sisterhood or to leave messages, is to call the Sisterhood hotline number 301-652-2606, ext. 333. Calls will be answered as quickly as possible.

### *New Sisterhood Members*

Sisterhood welcomes our new members. Please add these names, addresses and phone numbers to the Sisterhood Directory.

Tamar Fishman, 5816 Tanglewood Drive, Bethesda, MD 20817, 301-320-3626.

Sara Greenbaum, 5500 Glenwood Road, Bethesda, MD 20817, 301-656-5263.

Evelyn Karson, 5824 Conway Road, Bethesda, MD 20817, 301-897-8175.

Julia Loeb, 11913 Oden Court, Bethesda, MD 20814, 301-770-5621.

Patricia Sachs, 4200 Leland Street, Chevy Chase, MD 20815, 301-951-6141.

Mona Sarfaty, 8900 Fernwood Road, Bethesda, MD 20817, 301-469-0275.

Rachelle Solkowitz, 10005 Belhaven Road, Bethesda, MD 20817, 301-897-8139.

Tara Sonenshine, 4708 Langdrum Lane, Chevy Chase, MD 20815, 301-907-8248.

### *Tapes Available*

Cassette tapes of Hazzan Abraham and Sandy Lubin's live performance of "Israel: A Miracle in Our Time," as heard at the Sisterhood **Celebrate Israel** program on March 5, are available in the Judaica Shop or from the synagogue office. The cost is \$6.00.

## Beth El Sisterhood's Dor l'Dor Program

Please Join Us April 30 at 9:30 am

Trace your Jewish Heritage through our Lecture/Workshop

1. Tracing your Family Tree
2. Professional Photo Album Preservation
3. Family History Through Recipes

Bring photos, recipes from the past and family information so that you can actively participate in our workshops.

## Taking Charge of Your Future: A New Beth El Workshop on Separation and Divorce

Making a decision to separate or divorce is always a painful one. For people who have made that decision, it is useful to have as much specific information as possible. Understanding your own reactions and feelings, and those of your children can help you cope with the situation more effectively.

This workshop will take place on three successive Mondays in May, beginning May 1. Sessions will take place in the Board Room, 7:30 - 9 pm There will be no charge.

The sessions are organized around the following topics (you are welcome to attend all or some sessions):

*Session 1* (May 1): I'm Getting Separated/ Divorced: Now What? What to expect emotionally, socially, financially; what might the impact be on your children, on family and friends; mediation and litigation options.

*Session 2* (May 8): What Do We Do About the Children? What parenting plan to try; how do parents communicate; how much say do the children have.

*Session 3* (May 15): Re-Entry Into the Single Scene: How Do I Do It? What do you need to think about; where to go; choices to make.

Leading the workshops will be the Co-Directors of the Bethesda Group, Naomi Greenwood, LCSW-C and a member of Beth El, and Karen Freed, also LCSW-C. Theirs is a private psychotherapy practice which specializes in issues of separation and divorce and remarriage. To present Jewish perspectives on the topics of each session will be our own Rabbi Bill Rudolph.

To register, or for more information, please contact Rabbi Rudolph at 301-652-2606, ext. 318.

## Thank You from Sarah Roark and Family Education

Each year I have the privilege of organizing Purim's Bit O'Megillah service. One of the most enjoyable parts is "directing" the high school students who generously volunteer to act out the Purimschpiel for our youngest congregants. Sincerest thanks to **Emma Epstein**, the lovely Queen Esther, **Rachel Fersh**, the righteous Mordechai, **Josh Rosenbloom**, the sinister Haman, and the brother and sister team of **Sam and Naomi Janney**, who made a wonderfully comic Ahashverosh and Vashti.

## Social Action News

On Sunday, March 19, after the Purim Carnival festivities were over, several Beth El members delivered Shalach Manot to about two hundred residents of the Hebrew Home. Special thanks to Sisterhood members **Betty Baer**, **Ellen Darr**, **Barbara Friedman**, **Debra Friedmann**, **Ariele Hausner-Barach**, **Danielle Srouer** and **Esther Wilner** for baking the hamentashen, to the **Religious School kindergarten and second grade classes** for preparing the Purim baskets, and to **Betty Baer**, **Susan Kitt**, **Joey Teitelbaum**, **Noah Schoenholtz**, **Joanie and Becky Webber**, **Juliann Goldman**, and **Malek and Ashira Brown** for delivering everything. If anyone is interested in volunteering for any of our ongoing projects at the Hebrew Home, please call Janice Liebowitz, 301-654-7377.

## Membership Information

Change of address: **Ilan Sussan and Stephanie Rosenfeld**, 2808 Glade Vale Way, Oakton, VA 22181-5357, 703-319-1984.

## All in the Family

Mazal Tov to **Dr. Arthur Popper** on receiving the Distinguished Scholar-Teacher Award from the University of Maryland.

Mazal Tov to **Murray and Marilyn Hammerman** on the marriage of their son, **Robert Hammerman** to **Janey Kipnis** on March 18, 2000 in Sedona, AZ. Janey is the daughter of Dorothy Kipnis and the late David Kipnis.

Mazal Tov to **Ken and Lisa Handelman** on the birth of their daughter, **Dalia Ida Handelman**, on March 21, 2000.

Mazal Tov to **Daniel and Mirella Levinas** on the birth of their grandson, **David Chaim Huberman**, on March 23, 2000. David is the son of **Marty and Mariana Huberman**.

Mazal Tov to **Ilan Sussan and Stephanie Rosenfeld** on their marriage on March 25, 2000.

Congregation Beth El wishes a speedy recovery to **Esther Rubin**.

## Nitzanim

Nitzanim Shabbat Services are held on the second and fourth Saturdays of each month at 10:30 am in the All Purpose Room. A special service for children ages six and under and their parents, Nitzanim Shabbat Services feature a Torah parade, stories, lots of songs and a snack. We hope you will join us!

Todah Rabah to **Mitchell and Rachelle Solkowitz** for cosponsoring the Nitzanim Kiddush on April 8 in honor of the first birthday of their daughter, **Aviva Solkowitz**, and on April 29 in honor of the fourth birthday their daughter, **Naomi Solkowitz**. Todah Rabah to **Mike, Andrea and Nate Druckman** for cosponsoring the Nitzanim Kiddush on April 8 in honor of the fourth birthday of their daughter and sister, **Hilary Druckman**.

**BETH EL SCROLL**  
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## Men's Club News

You are invited to attend the Beth El Men's Club's regular Sunday breakfast programs and to join the Men's Club. The Men's Club supports programs including the renowned Perspectives in Dialogue series, political forums, awards and other events.

The Men's Club also sponsors youth programs including scouting, the Purim Carnival, the annual Magic Show, Israeli scholarships, school books, Bar Mitzvah kiddush cups, and other important activities. Your participation makes it possible! For membership information, please call Marvin Yudkowitz at 301-564-4580.

On April 23 there will be a regular breakfast program, followed by the last two weeks of the Perspectives in Dialogue series on April 30 and May 7. Speakers and topics are listed below.

Breakfasts are at 9:30 am and speakers begin at 10 am.

### **Upcoming programs:**

April 23	Beila Organic, Isaac Frank Jewish Public Library, "Romance of Early Hebrew Printers"
April 30	Perspectives in Dialogue
May 7	Perspectives in Dialogue

### **Cabaret Night Postponed!**

The Men's Club/Sisterhood dance scheduled for May 6 has been postponed until Fall 2000. Watch for announcements during the summer.

### **Yom Ha'Shoah Candles to College Students**

The Seaboard Region of the Federation of Jewish Men's Clubs has sent to every college student of Congregation Beth El members, free of charge, a Yom Ha'Shoah candle. The attached letter was enclosed with the candle your child received. We hope that this will enhance their Yom Ha'Shoah commemoration.

March 12, 2000

Dear Student:

On behalf of your parents' synagogue Men's Club/Brotherhood and the Seaboard Region Federation of Jewish Men's Clubs, the coordinating organization of Men's Clubs in the Maryland, District of Columbia, Virginia, as well as Dover, Delaware area, please accept the enclosed Yom Ha'Shoah candle, in order to memorialize the six million of our people lost in the Holocaust.

This year, **Yom Ha'Shoah, Holocaust Remembrance Day**, starts on the evening of **Monday, May 1st** just a few days after Passover. This yellow yartzheit candle is to remind us of the yellow Star of David patches our people were forced to wear during this terrible period, to identify themselves as Jews, and should be lit on the evening of May 1st (your dorm or housing regulations permitting). You might wish to invite other Jewish students to the lighting, and place the candle in your window to remind others that if the Shoah is forgotten, it could happen again.

Rabbi Jules Harlow of the Jewish Theological Seminar has written the following meditation which you might wish to recite as you light the candle:

As I (we) light this memorial candle, I (we) vow never to forget the lives of the Jewish men, women and children who are symbolized by this flame. They were tortured and brutalized by beasts, and their lives were taken in cruelty. May we be inspired to learn more about our six million brothers and sisters as individuals and as communities, to recall their memories throughout the year, so that they will not suffer a double death. May we recall not only the terror of their deaths, but the splendor of so many of their lives. May the memory of their lives inspire us to hallow our own lives and to live meaningful Jewish lives, so that we may help insure that part of who they were shall endure always.

The Federation of Jewish Men's Clubs started distribution of the Yom Ha'Shoah candles a number of years ago to perpetuate the memory of our loss. It has set a goal of distributing Six Million Candles to memorialize the Six Million of our people who perished. The Seaboard Region of Federation of Jewish Men's Club has provided this candle for all of the college students of affiliated Men's Clubs within the region, for remembering the dead and hallowing their memory, which is certainly a *mitzvah*.

A few weeks ago we celebrated Purim, and in a few weeks, we will celebrate Pesach. Although both holidays celebrate Jewish survival under difficult circumstances, the lessons they can teach us resonate clearly today. We of the Federation, hope that you will always be mindful of your religious heritage and stay connected to our people, whether home or away.

In Brotherhood,

Marvin Yudkovitz and Dr. Arnold Rosenblatt  
Co-Chairmen

## Thanks from the Purim Carnival Co-Chairs

Bernie Rod and Jeff Moak, Men's Club Purim Carnival Co-Chairs, wish to express their sincere appreciation for all the help that so many people gave to make this year's Purim Carnival a real success. There are too many people to try to thank individually, but special thanks to the members of the Men's Club, the Boy Scouts and Cub Scouts, USY, Kadima and everyone else who helped run the games and other events, sell tickets, prepare and serve the food, and staff the redemption center. Again, a job well done!

Beth El Men's Club  
Invites the Congregation  
To Join Us for the Final Two Lectures  
Of the 26<sup>th</sup> Annual

### Perspectives in Dialogue

A series of talks  
by nationally known speakers  
on topics of special importance  
to our community

- April 30     **Eli Rosenbaum**  
Director, Office of Special Investigations, U. S. Dept. of Justice  
"Nazi Criminality and Nazi Gold: Pursuing Justice a Half Century  
After the Holocaust"
- May 7        **Linda Greenhouse**  
New York Times Supreme Court Correspondent  
"Perspective on the Supreme Court"

All talks will begin at 10:00 a.m.  
Danish and coffee at 9:30

## Clothing for Kostroma

There is need in Kostroma for clothing: men's, women's and children's.

Boots, scarves, and gloves included. Please bring to the marked box in the Beth El school corridor any of the above - used, but only in PRIME CONDITION. It is neither appropriate nor effective to do otherwise.

Please mark each package: MARWICK FOR KOSTROMA.

Thank you for your cooperation! We will keep you posted on our progress.

If you would like to help The World Jewry Committee by packing either medicine or clothing, please call 301-657-2328.

## From the Desk of the Youth Director

Chag Pesach Sameach everyone! I hope everyone enjoyed the seders and is having a wonderful spring break! The Youth Department is sad to see the year almost at an end, but we have some fabulous programs planned for you, so come join us.

The Youth Department is sponsoring two CPR classes. The class for youth, ages 12-18, will be held on Sunday, April 30, from 1:30 to 5:30 pm The class for adults will be held on Sunday, May 7, also from 1:30 to 5:30 pm For more information, please call Ariele.

*Everyone mark your calendars for some fun! Sunday, May 7 will be a big day for all the youth groups. Don't forget to check your mailboxes for the bulletin for the surprise details.*

*USY Update:* This Sunday, April 23, Tikvat Israel is hosting the "Matzah Ball" dance for USYers from the entire region. Get into the swing of things. Then get excited for USY convention at "Spring Spirit Night" on Saturday, April 29. We will be making our chapter banner, adding some personal touches to our scrubs, and of course eating. In May, USYers will be visiting the residents of Manor Care on Friday, May 12 to help celebrate Shabbat. The next night, Saturday, May 13, hear an amazing concert by Rick Recht and hang out at Café B'nai. Our monthly USY Shabbat Dinner will be on May 19, join us for good food, good friends, good ruach. Please note, if you are interested in running for a position on the USY Executive Board, please speak to Ariele immediately. Elections will be held on Wednesday, May 17.

If you do not already receive the monthly youth bulletin, and would like to, please call Ariele Hausner-Barach at 301-652-2606, ext. 308. You can always stop by her office for candy or to say hello. Suggestions and comments are always welcome.

## Beth El Worship and Study Minyan

The Beth El Worship and Study Minyan will meet on Saturday, May 6 in the All Purpose Room from 10:00 am to noon. The service, conducted entirely by members of the Congregation, combines evocative Torah study with ample singing and Ruach. Children of all ages are welcome, although the service is oriented towards adults. Contact Dan Hirsch, 301-654-7289, DOHirsch@aol.com; Sid Getz, 301-530-2215, Sidgetz@aol.com; or Mark Levitt, 301-365-5365, MKEMJ@aol.com, for more information.

## Community Torah Institute - Another Success

Three rabbis from the major streams of Judaism came together at Beth El in late February to discuss the Torah as a path to attaining enhanced spirituality. The setting was Beth El's second annual Community Torah Institute. The rabbis, Nina Cardin (Conservative), Barry Freundel (Orthodox) and Lawrence Kushner (Reform), were hosted by our Rabbis Maltzman and Rudolph. There were about 400 participants, with equal numbers from Beth El and the wider community. The Planning Committee, chaired by Marsha Rehns, was hoping for such a diverse participation, since the Institute aims to do exciting and relevant Torah study in a pluralistic setting that will help break down the barriers that exist between the various movements.

There were many highlights of the afternoon. The plenary presentations of the three rabbis were each inspiring. A good summary can be found in the Washington Jewish Week article by Merry Madway Eisenstadt, copies of which are available in the synagogue office. The question-answer period was stimulating, as were the breakout text study sessions that enabled participants to study specific Torah texts with the scholars in a more intimate setting.

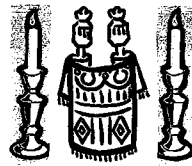
Planning is already underway for the third Institute, in February 2001. Planning Committee members, in addition to Marsha Rehns, are Brenda Bregman, Merry Eisenstadt, Susan Levine, Barry Pupkin, Rabbi Bill Rudolph, Susan Brinn Siegel, and Mervyn Weiner.

Just one message from the Institute to carry with us: As Rabbi Kushner put it, the Torah can be seen as a mirror with which to view our own lives. But if we see only ourselves when we glance into the mirror of Torah, then we've "missed the point." He said, "In meeting G-d, you lose yourself, and in finding G-d, you discover yourself."



From left to right: Rabbis Bill Rudolph, Nina Cardin, Lawrence Kushner, and Barry Freundel.

Set the Table



with Torah

## Set the Table with Torah By Hazzan Abraham Lubin

Introductory word: a discussion about the week's Torah portion is a good Shabbat dinner custom. Make the discussion as long or short, as simple or complicated, as your dinner crowd can handle.

**Intermediate Sabbath Of Passover (Exodus 33:12-34:26)**

After Israel had worshipped the Golden Calf and the first Tablets of the Law had been shattered, Moses again goes up to Sinai to receive new Tablets. Discouraged, and disappointed by Israel's wrongdoing with the Golden Calf, Moses pleads for God's assurance of His support. God reassures Moses of His graciousness and mercy and Moses' faith is strong again. Moses then brings down a new set of Tablets with the Ten Commandments.

What lessons can we learn from this dramatic and poignant text? The first set of the Tablets associated with sin and the second set of Tablets offered with a new hope and renewed faith.

**Ahare Mot (Leviticus 16-18)**

The *Sidrah* tells of the High Priest's preparation for Yom Kippur. How solemn this day was, becomes clear from a study of the careful procedure required of the *Kohen ha-Gadol* in its observance. Only on Yom Kippur could the High Priest enter the Holy of Holies in which was the Ark of the Tablets. But neither the High Priest's plea for forgiveness in the Holy of Holies nor the other ritual acts which he performed on Yom Kippur could achieve final forgiveness for Israel. Each Israelite was required to fast and atone on this day. Together, then, High Priest and Israel, in sincerity, sought to achieve forgiveness of sins.

Also, dealt with in the *Sidrah* are laws limiting sacrifices exclusively to the Tabernacle in order to prevent the establishment of worship shrines like those among pagan peoples. Finally, there are in the *Sidrah* the laws of Israel prohibiting marriage of very close relatives, something which was common among the Egyptians and the Canaanites. Discuss this text and consider the issue of collective sin and individual responsibility.

Please cut out this article and save it for your Friday Shabbat dinner discussion. For further discussions of Parshat Hashavua geared toward families, get on the web at [www.jewishfamily.com](http://www.jewishfamily.com) "Portion of the Week" and [www.uahc.org](http://www.uahc.org) "Shabbat Table Talk". You may also want to try these two websites: <http://learn.jtsa.edu/topics/parashah/archive.shtml> and <http://www.torah.org>

## **A New Torah Study Group at Beth El** **Each Wednesday Morning 9:15 to 10:45 am**

What and Why? Study of the Torah (Five Books of Moses) has always been a strong Jewish tradition. There is hardly a more fascinating and insightful text than the Torah. In our time, numerous groups of adults around the country and the globe are joining together on a weekly basis to work through the portion of the week, understand its lessons and the questions it raises, hear how the classical commentators have dealt with those lessons and questions over the ages, and bring their own understandings and insights to the discussion. These study groups are marked by stimulating discussions and eye-opening insights. They also produce a sense of community among the students that extends beyond the four walls of the study hall.

Beth El has a Torah study group that meets Saturday mornings after the Early Shabbat Minyan. We are now launching a weekday group, inspired in part by the success of our recent Community Torah Institute.

*Details:* Rabbi Bill Rudolph will be the Torah teacher. Beth El Sisterhood is coordinating this Torah Study. It is open to all members of Beth El. There are no prerequisites or language requirements, but since we are limiting the number of students, to make for a cohesive and participatory group, we require of those accepted a commitment to regular attendance.

*Calendar:* The first session will be May 3. Sessions will continue each Wednesday until the end of June, break for the two summer months, and then resume in early September. The plan is for the group to meet each Wednesday, from the beginning of the fall through the end of spring, with the exception of Jewish and national holidays.

*Fees:* No charges for members of Beth El. Coffee and tea will be provided.

*Texts:* You will need to purchase one of the newer Torah/Chumash Commentaries from a bookstore.

For information and registration: Contact Gail Ross, Sisterhood Liaison, at 301-229-7005.

## **It's Not Too Early to Start Thinking** **About the High Holidays!**

Anyone interested in reading Torah or chanting Haftarah on the second day of Rosh Hashanah at DoubleTree Hotel, please contact Benson D. Adams at 301-652-2606, ext. 330.

## **Torah Cantillation Class for** **Beginners**

Offered by Hazzan Abraham Lubin

This concentrated course is designed to explain the theory, history, and meaning of the ancient cantillations (Trope) of the Torah, and to teach the skill of chanting the weekly Torah portion. The ability to read Hebrew well is necessary. Students are encouraged to bring a tape recorder to class. All classes will run for an hour and a half. The schedule for classes are as follows:

Sunday, May 7, 11:15 am

Tuesday, May 16, 7:30 pm

Tuesday, May 30, 7:30 pm

Tuesday, June 6, 7:30 pm

Sunday, June 11, 10 am

If you have any questions about the class or obtaining the study aids, please call Hazzan Lubin at 301-652-2602, ext. 317.

## **New Minyan Chaverim to Meet** **Second Shabbat of Each Month**

The new Minyan Chaverim will meet on the second Shabbat of each month in the Meeting Room from 9:30 am to Noon. Minyan Chaverim is a community-led service, featuring complete recitations of Shacharit and Musaf as well as a full Torah reading, and emphasizing a spirited and participatory nusach. Following the synagogue kiddush, participants (and for that matter, all comers) will also be invited to attend a pot-luck (Kosher dairy) lunch at a nearby home, which will include a Torah discussion, zmirot, and plenty of good kibitzing. For more information, please contact Debbie Feinstein at [dfeinstein@cromor.com](mailto:dfeinstein@cromor.com) or 301-767-1178.

## **Learners' Minyan**

The Learners' Minyan meets on the third Shabbat of each month in the All Purpose Room from 10 am to Noon. The next service is May 20. The service, conducted by Rabbi Rudolph, is designed for the novice worshipper. It moves much less quickly. It is very hands-on in orientation, from how to put on the talit, to knowing when to bow, to practicing how to have an aliyah. There is also a focus each time on a different major portion of the service. Questions and discussions are very much encouraged. No registration or advance sign-up required. Contact Rabbi Rudolph, 301-652-2606, ext. 318, for more information.

## Evening Minyan

The following people are asked to help us with our daily Evening Minyan for the next two weeks. On Sunday through Thursday, the Minyan begins at 8 pm and concludes at 8:15 pm. During the week of your assignment, we would appreciate your attending as many evenings as possible, so that those who are saying Kaddish will have a minyan that they can attend at Beth El.

### *April 23 to April 27*

Gerald and Lola Sherman  
Leon and Frances Sherman  
Harvey and Susan Sherzer  
Menachem and Deborah Shoham  
Charles and Merle Shoneman  
Jeff and Ellen Shrago  
Mark and Jodi Shulimson  
Edwin and Arlene Shykind  
Hugh and Ruth Sickel  
Lawrence and Hilda Sidman  
David Siegel and Susan Brinn Siegel  
Jay Siegel and Mona Sarfaty  
Michael Siegel and Anne Solotar  
Robert and Paula Siegel  
Edith Sievers  
Jonathan and Jacqueline Silber  
Dana Siller and Lisa Amans  
David and Julie Silver  
Joel and Leslie Silver

### *April 30 to May 4*

Stanley and Harriet Silverberg  
Gary and Caryn Silverman  
Donald and Ruth Silverstein  
Emil and Devra Simiu  
Alan and Elizabeth Simon  
Bruce and Lori Simon  
Joel and Joan Simon  
Jonathan and Sandra Simon  
Charlotte Simos  
Lee and Amy Simowitz  
Daniel and Irene Simpkins  
Jack and Flora Singer  
Stuart Sirkin and Arlene Farber Sirkin  
Shirley Sisco  
Matthew Slater and Faith Roessel  
Albert and Sylvia Small  
Arthur and Myra Smith  
Henry and Laurie Smith  
Jason and Marilyn Smolen  
Robert and Phyllis Snider

## Vatikkim Luncheon on May 18

Last year, Dr. Howard Levine's talk on "Art and Arthritis" was so well received that many Vatikkim asked for more. We feel honored that Dr. Levine is again taking time from his busy practice to show us a slide program on "Raoul Dufy: The Treatment of his Rheumatoid Arthritis." This program, first presented at the 15<sup>th</sup> International Congress of Rheumatology in Paris in 1981, won an award. Don't miss it!

Lunch is at noon and the program is at 1 pm. The cost for members is \$7.00; non-member cost is \$8.00. Please fill out the reservation form below and mail it to Bea Goldman, 3214 Henderson Avenue, Silver Spring, MD 20902, 301-942-9434, or Phyllis Blum, 1411 Stratton Drive, Rockville, MD 20854, 301-340-3046.

Please note that we will not accept reservations later than two days before the scheduled event to assure proper planning.

### Reservation Form

Vatikkim Luncheon on Thursday, May 18, 2000.

Please reserve \_\_\_\_\_ places for me at the Vatikkim luncheon.

Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

**Please have your response reach us by May 16.  
No reservations will be accepted after this date.**

## Remember the Summers When You Were Small?

If you are 14 years old or entering high school in September, become a Junior Counselor at Beth El Nursery School Camp, and help children ages 3-5 experience the fun and discovery that summer can bring.

The camp offers a supportive environment and activities including water play, games, field trips and arts and crafts.

Two camp sessions will run from June 20 to July 28, Tuesdays through Fridays, from 9:00 am to 1:15 pm, with additional set-up and clean-up days for staff.

Salary range depends on related work experience.

To learn more about Junior Counselor positions, call (301) 652-2606, ext. 312.



## Religious School News

In the run-up to Purim sixth grade classes engaged in a study of the Purim tradition of *ad-lo-yada*, the mitzvah (?) of drinking so much that you can't tell the difference between "Cursed be Haman" and "Blessed be Mordechai." Text sources the students studied included the Mishna Bava Kamma 6.8 that says, "A person is not permitted to intentionally injure him or herself." In a source from Maimonides the class learned, "The Torah warns us to be careful of our health because the Holy-One-Who-is-to-Be-Blessed, created the world in kindness, to be good for all of God's creatures. To neglect our health is to waste God's blessing." (Yad, Laws of Healing 11.5) The students also saw sources that granted the drinking of wine, although not to excess. Bible sources said, "Wine cheers a person's heart" (Proverbs 104.15) and "Wine gladdens life" (Ecclesiastes 10:19). This study provoked a spirited discussion and the students were nearly unanimous in their conviction that drinking to the level the Talmud encourages would not be a mitzvah. That the weight and authority of the contrary statements and contemporary reality convincingly argue against it.

The exercise concluded with a question, should we even study this aspect of Purim in the sixth grade. In small groups the students wrote letters, from the point of view of their parents, to Joel Grishaver, publisher of the material, or Mr. Nagel. Below are two samples of their writing:

Dear Mr. Grishaver, We think that getting drunk on Purim is bad because before this lesson we wouldn't even think of getting drunk on Purim. Drinking is bad for you because it can endanger you and the people around you....It is ok to drink one glass of alcohol, but more than one glass is really bad.

Dear Mr. Nagel, We think you shouldn't teach the Purim drinking ritual to middle school children...Children could get some bad ideas about drinking. They could say because it's a tradition they can get drunk even if they're not over 21.

Dear Mr. Nagel, I do appreciate the conversation brought up at dinner tonight by (my child). (S/He took the subject matter, getting drunk of Purim, very seriously. I feel that it is a good thing that Billy was able to discuss such important subject matter in such a great background/environment. When discussed at

dinner that night, we went into great detail about what was discussed in class that day...Again, I do appreciate your time and effort towards my child's education.

These letters give us great insight into our children's grasp of the material as well as their understanding and knowledge of the ways of the world (in discussion one student mentioned Blood-Alcohol levels and others referred to MADD and SADD). This lesson provoked the students to engage in the study of text that has applications beyond the immediate discussion of *ad-lo-yada*. They also put pen to paper to affect the opinion of an authority figure, Joel Grishaver, publisher and Louis Nagel, Education Director. This was pointed out to the students as an important exercise, a right and a privilege we hope they will continue to exercise.

## JSSA to Sponsor Parent Workshops on the Explosive/Oppositional Child

Does your child explode with intense temper outbursts? Does his mood change suddenly and drastically? Does she lash out physically and verbally? Is he easily frustrated? Does she often disobey?

These behaviors are frequently displayed by children diagnosed with oppositional-defiant disorder (ODD). Parents will have the opportunity to learn a new approach to managing ODD behaviors at a parent workshop sponsored by the Jewish Social Service Agency.

The workshops will be led by Dan Campell, LCSW, a JSSA child and adolescent therapist, and will focus on the method outlined by Ross Greene, PhD, in his widely acclaimed book, *The Explosive Child*. The workshop will be offered twice: Thursday, May 18 at the JCC of Northern Virginia in Fairfax, and Thursday, June 1 at Washington Hebrew Congregation's Julia Bindeman Center in Potomac. Both symposia will take place from 7-9 pm, with a \$25 registration fee.

For information and registration for the workshops, call 301-816-2682. For information on professional assessment of children with ODD, call Dan Campell in JSSA's Fairfax office, 703-750-5400; Anu Lukk, LCSW-C, in the Rockville office, 301-816-2657; or Sherry Askwith, LCSW-C, in the Gaithersburg office, 301-990-6880.

# Do You Know What To Do If Someone Is...

**Having a Heart Attack**

**Not Breathing**

**Choking**

## **Come to Our CPR Classes We Will Teach You**

As a part of Brass, Incorporated's community outreach program, their CPR instructors will be holding classes at Beth El. These classes cover Adult, Child, and Infant CPR techniques. Whether you are a parent, grandparent, aunt, uncle, babysitter, or just a good Samaritan, these are skills that you should not be without.

The classes are divided into two age groups.

**Youth**

**Adults**

11 years to 17 years

18 years and older

For more information, or to sign up for these important skills, please contact:  
Ariele Hausner-Barach at 301-652-2606 ext. 308

**Youth Class will be held on:**

Sunday, April 30, 2000 from 1:30 p.m. to 5:30 p.m.

Cost: \$15

**Adult Class will be held on:**

Sunday, May 7, 2000 from 1:30 p.m. to 5:30 p.m.

Cost: \$26

Please make checks payable to : Congregation Beth El  
send to : CPR Class  
8215 Old Georgetown Road  
Bethesda, MD 20814