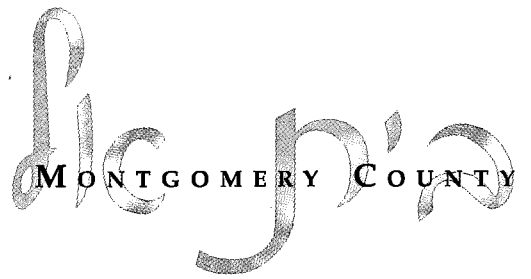




CONGREGATION BETH EL OF MONTGOMERY COUNTY

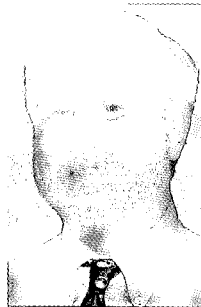


November 24, 2000

26 Heshvan 5761

VOLUME 50

No. 7



Off the Bimah

We live in what Michael Ventura describes as “the age of interruption,” when “inner time”—our personal sense of time—and the regimented time society imposes upon us—don’t jibe. The result? The faster we go, the more empty we feel. The more we get done, the less we feel we’ve accomplished. We carry cell phones and pagers so we can be reached anywhere and at any time. So here’s a gift for the New Year: One day a week, 25 hours of freedom to slow down and breathe, to do nothing—except re-acquaint yourself with the people you love and the parts of yourself you left behind in the rush. We call it Shabbat; and it’s God’s gift to you. And you don’t have to be “Orthodox” to keep Shabbat. You only have to be tired of that feeling that there must be more to life than this. I don’t keep Shabbat because God commanded me to do so. I keep Shabbat because it’s a glimpse of the world to come.

Rabbi Jonathan Z. Maltzman



Shabbat Services

Friday, November 24	10 am	Jr. Congregation, Chapel
6:30 pm Friday Evening Service		Worship and Study Minyan, APR
Saturday, November 25		Gan Shabbat, MR
Chaye Sarah: Genesis 23:1-25:18	11 am	Shitufim Minyan, Room 209
7:30 and 9:15 am Shabbat Services		Noon Senior Caucus Hospitality Room, BR
9:15 am Rebecca Annis Bat Mitzvah		
Lightning Jay Bar Mitzvah	12:30 pm	Perek Yomi, Chapel
10 am Jr. Congregation, Chapel		Friday, December 8
10:30 am Nitzanim, APR	6:30 pm	Friday Evening Service
12:30 pm Perek Yomi, Chapel		Saturday, December 9
Friday, December 1		Vayetze: Genesis 28:10-32:3
6:30 pm Friday Evening Service	7:30 and 9:15 am	Shabbat Services
Day Schools Shabbat Service and Dinner	9:15 am	Gregory Caplan Bar Mitzvah
Saturday, December 2	9:30 am	Minyan Chaverim, MR
Toldot: Genesis 25:19-28:9	10 am	Jr. Congregation, Chapel
7:30 and 9:15 am Shabbat Services	10:30 am	Nitzanim, APR
9:15 am Ross Nachbi Bar Mitzvah	12:30 pm	Perek Yomi, Chapel

To the Parents of Children Born Between 1/1/90 and 12/31/90

There will be a year 2003 B’nai Mitzvah Parents Scheduling Meeting on Sunday, December 3, 2000, in the Sanctuary at 10 am. If you have not received a letter about your child’s upcoming Bar or Bat Mitzvah, please call Carole at (301) 652-2606, ext. 316.

Sisterhood News

On Sunday, December 17, at 9:30 am, there will be a general meeting of the Sisterhood, during which Molly Berch will talk about Israeli women authors. Molly has been a featured speaker at past Rosh Hodesh sessions sponsored by Sisterhood, and she is very knowledgeable about Jewish women authors both here and in Israel.

Reminders

The Sisterhood Catering Committee can always use volunteers to help on a regular basis with the Shabbat kiddushim and luncheons. Jackie Levine, 301-299-9507, or Marcia Kalman 301-897-8562, can tell you how you can get involved in this worthwhile activity.

Have you shopped at the Sisterhood Judaica Shop? Stop in to see the lovely, new items in stock. The Judaica Shop is open on Thursdays and Sundays from 9 am - 12 noon or by special appointment.

Sisterhood has beautiful, special greeting cards available for all occasions. Proceeds from the cards benefit the Jewish Theological Seminary. Call Rita Kahn 301-654-7716 to purchase cards.

Your subscription to *Washington Jewish Week* can benefit Sisterhood at no additional cost to you. Call Leslie Dellon, 301-530-4645, for more information.

An easy way to get information about Sisterhood or to leave messages, is to call the Sisterhood hotline number 301-652-2606, ext. 333. Calls will be answered as quickly as possible.

Rosh Hodesh Study Group Transportation

In an effort to make Sisterhood programming more accessible to all our members, transportation is being offered to and from the Rosh Hodesh study sessions that will be held at Beth El on November 30 and December 21 from 7:30 to 9 pm.

We are beginning this project on a trial basis in response to the ongoing need of some of Beth El's more senior members for assistance with transportation. Please understand that the success of this project depends on the generosity of volunteer drivers.

Call Dunya Hecht, 301-365-3177, if you need a ride to either of the study sessions, or if you can offer a ride to another Sisterhood member.

Beth El Beats the Flu Bug

On October 29, Sisterhood and Adventist HealthCare sponsored a flu shot clinic for members of the congregation and the community. Despite a

national shortage of vaccine, we were able to obtain and administer 200 shots, most of them to senior citizens and at-risk individuals. Sisterhood would like to thank **Susan Heitmuller**, Director of Adventist HealthCare Community Health Partnering Program, and nurses **Mona Cassidy**, **Nancy Horowitz** and **Nancy Wallack** for bringing the clinic to Beth El. They performed tirelessly under difficult circumstances. Thanks also to the following members of Sisterhood who volunteered their time to help make the experience almost painless for the large numbers of eager customers: **Pat Danoff**, **Leslie Dellon**, **Barbara Friedman**, **Emily Goldman**, **Hattie Goodman**, **Michele Herman**, **Toby Moss**, **Elaine Pines**, **Phyllis Solomon**, **Mimi Tygier**, **Laurie Webber**, **Ellen Werner** and **Esther Wilner**. The attendance and feedback was so positive that Sisterhood hopes to hold a flu shot clinic again next October if space is available during the building renovation.

Back by Popular Demand — Beth El Sisterhood's Award-Winning Tallit Workshop

If you've always wanted to make your own tallit or you just need to make the bag to match it or a kippah, now is your chance to sign up for Sisterhood's award-winning Tallit Workshop! Please make note of the class dates and reserve your place now.

December 3 Shopping trip to G Street Fabrics on Sunday afternoon (attendance optional)

Dec. 5, 12, 19, Jan. 2, 16 Work sessions 7-9 pm (attendance encouraged)

January 23 Siyyum to celebrate completion of tallitot and tying of the tzitzit as a group 7-9 pm (attendance required)

(Limited to 20 students making 1 tallit each. First priority given to Sisterhood members. For sewers and non-sewers who are willing to try. Machine sewing assistance provided.)

New this year - one session only — Hats 'n Bags Workshop on January 30, 2001, 7-9 pm: Learn how to make a simple custom kippah and your own tallit bag. (Participation in previous tallit workshops not required — sign-up separately. First priority given to Sisterhood members.)

To sign up for one workshop or both, call the Sisterhood "hot line" at Beth El at 301-652-8573, ext. 333, and indicate which workshop: Tallit or Hats 'n Bags. Questions? Contact Judy Spector at globusinc@msn.com or leave message on the Sisterhood "hot line" number listed above.

Men's Club News

The Men's Club invites you to join, and invites the congregation to attend the Beth El Men's Club regular Sunday breakfast programs.

The Men's Club sponsors youth programs including scouting, the Purim carnival, the annual Magic show, Israeli scholarships, school books, Bar Mitzvah kiddush cups, and other important activities. Your participation makes it possible! For membership information, please call Marvin Yudkovitz at 301-564-4580.

For the Sunday morning programs, the bagel and lox breakfast is at 9:30 am (after the 9 am minyan), with the program from 10-11 am. Check the Men's Club poster in the Rotunda for updated details. Upcoming programs include:

- | | |
|-------------|---|
| November 26 | Business meeting |
| December 3 | Capt. James Resnick, "Fire and Rescue in Montgomery County" |
| December 10 | Scott Hillman, Jews for Judaism, "Missionary Impossible" |
| December 17 | Mark Weinberg, "South Africa: What Next?" |

Entertainment 2001 Books are Here!

Beth El Nursery School is once again offering the Entertainment book. Entertainment features hundreds of two-for-one discounts on fine and casual dining, 50% off sports and theater tickets, coupons for travel, fast food and auto services.

This unique fundraiser costs only \$35.00 and provides money to the Nursery School (\$7.00 per book), as well as savings to you. Entertainment 2001 books are available in the synagogue and school offices, Monday-Thursday from 9 am-5 pm and Friday from 9 am-3 pm, and in the Judaica Shop Sundays and Thursdays from 9 am-noon.



**The Adult B'nai Mitzvah Class
Invites the Congregation to Join
in Prayer and Celebration
When We are Called to the Torah on
Saturday, December 16, 2000 at 9:15 AM**

*Dorothy Alberstadt
Karyl S. Barron
Rachelle F. Bernstecker
Debra Birnkrant
Phyllis R. Blum
Lawrence Bruser
Aileen Miller Cohen
Abbie Gerber Eckland
Beth Eisenberg
Eve F. Farber
Leesa Fine
Rita Gendelman
Barbara Stern Gold
Cathy Najjar Goldsmith
Alissa A. Horvitz
Candace J. Kaller
Fancine Lanar
Florence K. Lederman
Jacquelyn Levine
Linda Goldstein Loewinger
Eileen K. Meier
Laura Primakoff
Toby K. Rodman
Christopher Jon Tollefson
Rita S. Weiss
Rita Wexler
Leslie S. Whipkey
Susan L. Winarsky*

Save the Date!

The synagogue retreat will take place the weekend of March 2-4, 2001. Watch for details in the upcoming weeks!

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301-652-2606
FAX Number
301-907-8559
Web Site
www.bethelmc.org
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JSSA News

Workshop for Deaf Parents

The Jewish Social Service Agency will offer a free workshop, "Helpful Hints for Tired Parents," specifically for parents who are deaf, on Thursday, November 30 from 7-9 pm.

The workshop will focus on how juggling home, work and family makes parenting a difficult job. The workshop will offer parenting hints and strategies to help save parents time and energy, especially when children are easily frustrated, engage in power struggles over rules, day dream or have problems in school.

"Helpful Hints for Tired Parents" will take place at JSSA's Upper Montgomery County office, 11B Firstfield Road, Gaithersburg, and will be led by social workers Liz Katz and Lynda Myers. It is open to all who are interested. Refreshments will be served. To reserve a space, or for more information, call TTY 301-990-7215 or 301-990-6880 (voice).

JSSA Seeks Volunteers to Shop For and Visit Frail Elders

JSSA critically needs volunteers to shop for and visit with frail elders who live in their own homes. Volunteer shoppers in this program receive a list (by phone or in person) from the elder, purchase the items, and deliver the groceries. Shoppers provide this service weekly.

Each volunteer visitor is paired with a frail elder, and visits the elder at least every other week for an hour or two.

The frail, homebound elders live in Montgomery County and Northwest DC. Volunteers will be matched with elders as geographically close as possible. Volunteers must have their own transportation. For further information, or to volunteer, call Diane Hays-Earp, 301-816-2639.

United Way Campaign

Did you know that you can designate Congregation Beth El for your United Way contributions? Beth El is agency number 11605. If you are contributing to the Central Maryland United Way, Beth El's number is 4499. Todah Rabah to all who designate Congregation Beth El as their United Way donation beneficiary.

There's Nothing Like a Home-Cooked Meal

Beth El to Volunteer at Community Based Shelter in December

Our congregation is again scheduled to volunteer at the Community Based Shelter (CBS) in Rockville December 24-31. Our responsibilities for the week include preparing and delivering three precooked meals each day including breakfast, brown bag lunches, and a hot dinner as well as serving and cleaning up after the evening meal. If you would like to help out with this effort, please call Karolyn Wallace at 301-656-3142.

CBS has been serving homeless people in Montgomery County since 1983. It served as an emergency winter shelter until 1992. At that time, CBS became a year-round program offering rehabilitative services for each of its residents. In 1997, CBS relocated to a permanent facility at 12250 Wilkins Avenue in Rockville.

This is a great family or multi-family opportunity. Join others during the winter break and participate in this rewarding experience.

Thanks from Manna Food Center

Dear Friends,

Thank you so much for the more than 6,732 pounds of food you collected for Manna on Yom Kippur. What a magnificent effort! At the beginning of September stocks on Manna's shelves are always alarmingly low, but we have learned we can be confident that tons of food will be donated for the poor during the High Holy Days.

It is evident the needy of Montgomery County can count on the members of Congregation Beth El. May you be richly blessed for your generosity!

Sincerely,

M. Thomas Lawrey

Executive Director

10th Anniversary Tapes Available

Audio tapes are available from Hazzan Abraham Lubin's 10th anniversary tribute. You may purchase the two-tape set for \$18 from the synagogue office during business hours.

Evening Minyan

The following people are asked to help us with our daily Evening Minyan for the next two weeks. On Sunday through Thursday, the Minyan begins at 8 pm and concludes at 8:15 pm **On Wednesday, December 6, the Evening Minyan begins at 8:20 pm** During the week of your assignment, we would appreciate your attending as many evenings as possible, so that those who are saying Kaddish will have a minyan that they can attend at Beth El.

November 26 to November 30

Stanley and Gail Jutkowitz
Fred and Rita Kahn
Henry Kahn and Laura Primakoff
Marvin and Elaine Kahn
Gail Kailo
Stephen and Alice Kalish
Robert and Marcia Kalman
Sarah Kalser
Robert and Carole Kaminsky
David and Donna Kanin
Helen Kanovsky
Rose Kanovsky
William and Sue Kanter
Steve and Aileen Kantor
Daniel Kaplan and Kay Richman
Donald Kaplan and Evelyn Karson
Lawrence Kaplan and Ann Leopold Kaplan
Seth and Sharon Kaplan
Leon and Laura Karadbil
Sylvan and Yocheved Karlin

December 3 to December 7

Joseph and Susan Kattan
Jeffrey Katz and Mollie Fromstein Katz
Michael and Sharon Katz
Victor and Phyllis Katz
Marshall and Helene Katzin
Jay and Bernice Kaufman
Steven and Wendy Kaufman
Morton and Sandy Kavalier
Joseph and Ruth Kay
Michael and Nancy Kay
Sanford and Esther Kay
Frederic and Maria Kaye
Daniel I. Kazzaz and Audrey Corson
Jerrold Keilson and Ellen Silver
Kenneth Kellner and Nina Bronk Kellner
Edward and Miriam Kelty
Kenneth and Carol Kempner
Bruce Kershner and Amy Sachs Kershner
Joseph and Leslie Kessler
Lillian Kessler

Weekday Service Schedule

Morning Minyan

7:30 am Monday to Friday
9 am Sunday and Major Civic Holidays

Evening Minyan

8 pm Sunday to Thursday
8:20 pm Wednesdays during Saul Bendit Institute

All in the Family

Mazal Tov to **Dr. Moira Potash Larsen**, daughter of **Louis and Carole Potash**, upon her installation as President of the congregation of Temple Isaiah in Columbia.

Mazal Tov to **Evelyne Schettewi Steward**, who was named "Woman of the Year" by the Kensington-Bethesda Business and Professional Women. The award is presented to women who have established new levels of success in their companies and professions. Evelyne is Vice President of Work-Life Initiatives at Discovery Communications, chairs a Montgomery County Work and Women Project, and serves on the Lieutenant Governor's committee promoting family-friendly work environments.

Congregation Beth El wishes a speedy recovery to **Sidney Horowitz**.

The following note was received from Bea Golfer:

My dear Beth El friends,

Thank you for your kind expressions of sympathy. Your warm words provided a tremendous amount of strength and support to me during this difficult time.

Beth El meant so much to Ed, as he valued everyone's friendship.

The following letter was received from Rabbi Rudolph and Gail Fribush:

There were many wonderful contributions made to Beth El on the occasion of Marc's Bar Mitzvah. We are most appreciative of the thoughtfulness and generosity this represents. To acknowledge each donation with a note, however, would translate into a time commitment that would just about guarantee that somebody in this household would be either terminated from his/her employment or be expelled from his school. So, we beg your forgiveness and hope that this notice in the *Scroll* will be taken in the spirit which underlies it, which is our feeling that we are blessed to be part of such a caring congregation and grateful that you chose to honor Marc's big day by helping to build the congregation even stronger.

Best wishes for the New Year, and thanks from all of us.

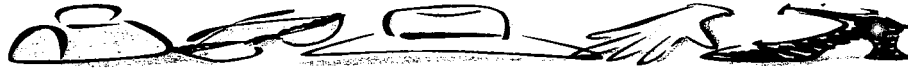
Rabbi Bill Rudolph, Gail Fribush and Marc Rudolph

MITZVAH MALL

The Mitzvah Mall will be open for donations this year from November 5 through December 22.

The Mitzvah Mall is your one stop shopping place for Chanukah, Bar Mitzvah, Birthdays, Anniversaries, and they make great teacher gifts!!

All you do is choose an organization and decide the amount you would like to donate. The Mitzvah Mall personal shoppers will then let you know what your donation can "buy".



Send a donation of \$5, \$10, \$20,
or \$25.

Designate one of the following
charities:

Bethesda Cares
Capital Area Food Banks
Interfaith Clothing Center
Magen David Adom
Shepherd's Table
Whitman Walker Clinic



You will receive a lovely gift card telling what your donation purchased for you to present as a gift or let us send it for you. You can visit the Mitzvah Mall in the rotunda on Sundays between Nov. 5th and Dec. 22nd or send in your check payable to Congregation Beth El to the school office to the attention of Sarah Roark. Your tax-deductible donation will appear as Social Action Fund on your synagogue year end tax summary. If you have questions contact Sarah Roark (ext.320).

Welcome to the Mitzvah Mall

Donor's Name _____

In Honor of _____

Address (or Religious School backpack) to which gift cards should be sent:

Check the organization(s) to which you would like your donations sent and designate the amount (\$5,\$10,\$20,\$25):

- ___ Bethesda Cares \$ _____
(provides for the needs of the homeless in Bethesda)
- ___ Capital Area Food Bank \$ _____
(distributes millions of pounds of food to the hungry in Washington)
- ___ Interfaith Clothing Center \$ _____
(provides clothing, school supplies, and infant supplies to needy families in Montgomery County)
- ___ Magen David Adom \$ _____
(makes blood drives and ambulances possible in Israel)
- ___ Shepherd's Table \$ _____
(provides food, health care, and information to needy people in our area)
- ___ Whitman Walker Clinic \$ _____
(educates about AIDS and assists those suffering from the disease)

Please make checks payable to Congregation Beth El. Your tax-deductible donation will appear as *Social Action Fund* on your synagogue tax statement.

Return this form to the school office or mail to :

Sarah Roark
Congregation Beth El
8215 Old Georgetown Road
Bethesda, MD 20814

Welcome to New Members

Congregation Beth El extends a warm welcome to the following new members. If one or more of these families live in your neighborhood, please reach out and personally welcome them.

Blass, David and Karen , 10837 Brewer House Road, N. Bethesda, MD 20852	301-881-5919 dblass@intellectonline.com
Einzig, Robert and Joyce , 8724 Eggert Drive, Bethesda, MD 20817	301-365-8724 Isabel@dynsys.com
Feldman, Lloyd and Ninetta , 7916 Maryknoll Avenue, Bethesda, MD 20817	301-320-3747 lfeldman@starpower.net
Kalish, Stephen and Alice , 6120 Clearwood Road, Bethesda, MD 20817	301-229-3022 cyberima@aol.com
Maxwell, James S. and Jan R. , 10824 Brewer House Road, Rockville, MD 20852	301-231-8707 JANemail@aol.com
Press, Theodore , 35 Hollyberry Court, Rockville, MD 20852-4222	301-881-3050 Jillian Press
Rabinovitz, Marco, and Edith Kisch Rabinovitz , 4504 Traymore Street, Bethesda, MD 20814-3965	301-530-6489 rabino@tidalwave.net
Rosen, Gil, and Sarah J. Zimmerman , 6106 Swansea Street, Bethesda, MD 20817	301-365-3232 szimmerman@cromor.com
Sorkin, Jerome and Lisa , 5210 Augusta Street, Bethesda, MD 20816	301-320-8732 landj.sorkin@gateway.net
Wagshal, Jerome and Mary , 5920 Empire Way, Rockville, MD 20852	301-770-0770 jswagshal.law@aya.yale.edu

World Jewry

Beth El's World Jewry Committee recently received the following heartwarming letter from the Jewish community in Kostroma:

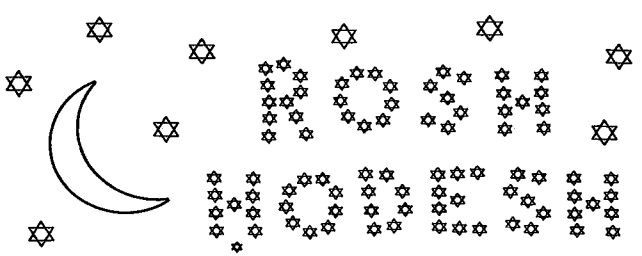
Dear Claire,

I am not able to describe how much our people were carried away by the wonderful gifts we received from your community!

Thirty-seven people received clothes from the packages. If we just had an opportunity, we would be glad to thank every person in your community who took part in collecting the clothes and making the packages. The long, cold season comes, so these useful and good-looking clothes and footwear are necessary and indispensable.

Many, many thanks for you and for everybody in your community of Beth El. To all, l'shanah tovah tikatevu v'techatemu!

Kol tov,
Shimon



Beth El Sisterhood
Women's Kosh Hodesh Study Series

Topic: Jewish Liturgy: An In-depth Look at the Text of Our Worship Service

Explore the philosophical and emotional aspects of the prayer service. Answer such questions as: What would we like to say to G-d as we pray? How does the liturgy express our deepest longings and hopes? What does the liturgy say to us and for us?

Leader: Marilyn Fine, M.A.
Community Educator in Hebrew and Judaic Studies

Dates: November 30th, December 21st, January 25th, February 22nd, and March 29th (make-up)

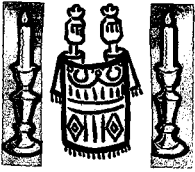
Time: 7:30 pm

Place: Congregation Beth El Board Room

Info: Cyma Heffter (301-229-5287)
Laurie Webber (301-652-1510)

Please join us for any or all of the sessions
No reservation required

Set the Table



with Torah

Set the Table with Torah

by Sarah Roark

An introductory word: a discussion about the week's Torah portion is a good Shabbat dinner custom. Make the discussion as long or short, as simple or complicated, as your dinner crowd can handle.

Chaye Sarah (Genesis 23:1-25:18)

Sarah dies. Abraham mourns and purchases the Cave of Machpelah as a burial place. A very elegantly polite negotiation in front of witnesses follows between Ephron, owner of the field, who states his willingness to give Abraham the field, and Abraham, who insists he must purchase the land.

For the last eighty years, before and after the establishment of the State of Israel, Hebron has been a place of fierce fighting between Jews and Arabs. If Abraham the statesman could look into the future, what advice would he have for the Jewish and Arab people who both want control of the cave he bought to bury Sarah?

Eliezar, servant of Abraham, makes a journey to Haran after promising Abraham that he will not let Isaac marry from among the Canaanite women. He returns with Rebecca after she passes the famous test of offering water not only to him but also to his camels.

Read this quote and decide the familial relationship between Rebecca and Isaac: *He had scarcely finished speaking, when Rebecca, who was born to Bethuel, the son of Milchah the wife of Abraham's brother Nahor, came out with her jar on her shoulder (24:15).*

In 24:67 we are told that *Isaac then brought her into the tent of his mother Sarah, and he took Rebecca as his wife. Isaac loved her, and thus found comfort after his mother's death.*

Notice that it says Isaac loved Rebecca after marriage. Discuss the differences between the tradition of arranged marriages and how marriages come about today. S. R. Hirsch pointed out that this passage shows, "However important it is that love should precede marriage, it is far more important that it shall continue after marriage."

Imagine how Rebecca filled the void left by Isaac's mother. What things do you think had been neglected before Rebecca took over the household?

Toldot (Genesis 25:19-28:9)

Toldot includes two famous stories with food. Esau sells his birthright to Jacob for a bowl of lentil stew and Rebecca prepares Isaac's favorite dish using two choice kids when she is trying butter up Isaac into giving Jacob his blessing. The two recipes below come from *The Five Books of Miriam* by Ellen Frankel. Have a different kind of Torah experience by preparing these two dishes for the Shabbat of Toldot.

Red Lentil Soup (Genesis 25:29)

- 1 tablespoon olive or vegetable oil
- 13 oz can of chopped tomatoes
- 1 medium onion, finely chopped
- ° teaspoon cumin
- 1 garlic clove minced
- 1 tablespoon brown sugar
- 5-6 cups broth (vegetarian or meat)
- 1 tablespoon lemon juice
- 2 cups (about 1/2 pound) red lentils, sorted and rinsed
- salt and pepper to taste
- 4-6 hot dogs, sliced (vegetarian or meat)

In a large soup pot, sauté the onion and garlic in oil. Add the rest of the ingredients except the hot dogs and simmer, covered for about 40 minutes, or until lentils are tender and liquid is thick. If soup becomes too thick, add a little more broth. Add the hot dogs and cook another five minutes until they are heated. Garnish with parsley. Makes about six servings.

Rebecca's Stew (Genesis 27:14)

(If goats are hard to come by use lambs and if you're a vegetarian use turnips and potatoes)

- 1 tablespoon pareve margarine
- 1° cups raisins
- 2 large onions finely chopped
- 1 apple peeled, cored, finely chopped
- 3-4 cloves garlic, finely minced
- 1 cup fresh parsley, finely chopped
- 4 celery stalks
- 1 teaspoon allspice
- 3 cups long grain brown rice
- ~ teaspoon cinnamon
- 2-3 pounds lean boneless lamb cubed
- ° teaspoon thyme
- 6 cups broth
- ° teaspoon black pepper
- 2 15-16 oz cans chick peas, drained
- ~ teaspoon salt

In a 5-6 quart pot, melt the margarine over medium heat. Add onion, garlic, and celery, stirring until tender, but not brown. Add the rice and stir for one minute. Add the lamb and stir until all sides are brown. Stir in the rest of the ingredients. Bring to a boil, then cover, and lower heat. Simmer, covered for about 45 minutes, or until all the liquid has been absorbed. Toss with a fork before serving. Makes about 8 servings.

Please cut out this article and save it for your Friday Shabbat dinner discussion. For further discussions of Parshat Hashavua geared toward families, get on the web at www.jewishfamily.com "Portion of the Week" and www.uahc.org "Shabbat Table Talk". You may also want to try these two websites: <http://learn.jtsa.edu/topics/parashah/archive.shtml> and <http://www.torah.org>

Nitzanim

Nitzanim Shabbat Services are held on the second and fourth Saturdays of each month at 10:30 am in the All Purpose Room. A special service for children ages six and under and their parents, Nitzanim Shabbat Services feature a Torah parade, stories, lots of songs and a snack. We hope you will join us!

Todah Rabah to **Michael and Carin Ravitch** for co-sponsoring the Nitzanim Kiddush on November 11 in honor of the babynaming of their daughter, **Jessica Ravitch**, and to **Tom Warrick and Rochelle Stern** for co-sponsoring the Kiddush in honor of the second birthday of their daughter, **Elizabeth Warrick**.

Shitufim Minyan

Shitufim Minyan is our newest addition to the junior congregation services available at Beth El. Our target audience is third and fourth grade students and their parents. Second graders who are ready to graduate from Gan Shabbat are more than welcome to join us. Shitufim Minyan will be meeting the first and third Shabbat of the month in Room 209. High school students of our congregation have volunteered to read Torah at this service, setting a fine example of accomplishment for our younger participants. Schedules will be sent home with the third and fourth grade students. The service is led by Anita Lieb, who can be reached at (301)762-3896 if you have any questions or want to volunteer to read Torah.

Simchat Torah Readers

We would like to thank the following people for reading Torah and Haftarah on Simchat Torah. Without exception, you all read beautifully. We are very proud of your efforts. **Moshe Eckmann, Sharon Goott, Naomi Janney, Lauren Leonard, Eliot Lesser, Rebecca Maltzman, and Josh Rosenbloom.**
Sincerely,
Hazzan Lubin and Ariele Hausner-Barach

Beth El Worship and Study Minyan

The Beth El Worship and Study Minyan will meet on Saturday, December 2, in the All Purpose Room from 10 am to noon. The service, conducted entirely by members of the Congregation, combines evocative Torah study with ample singing and ruach. Children of all ages are welcome, although the service is oriented towards adults. Contact Dan Hirsch, 301-654-7289, DOHirsch@aol.com; Sid Getz, 301-530-2215, Sidgetz@aol.com; or Mark Levitt, 301-365-5365, MKEMJ@aol.com, for more information.

Minyan Chaverim to Meet Second Shabbat of Each Month

Minyan Chaverim meets on the second Shabbat of each month from 9:30 am to noon in the Meeting Room. Minyan Chaverim is a community-led service, featuring complete recitations of Shacharit and Musaf as well as a full Torah reading, and emphasizing a spirited and participatory nusach. Following the synagogue kiddush, participants (and for that matter, all comers) are invited to attend a pot-luck (Kosher dairy) lunch at a nearby home, which includes a Torah discussion, zmirot, and plenty of good kibitzing. For more information, please contact Debbie Feinstein at debbie_feinstein@yahoo.com or 301-767-1178.

Gan Shabbat

Gan Shabbat, the youth service for families with children in grades K-2, has begun another year of prayer, songs and Torah. This service eases the children into greater Hebrew literacy with repetition of the prayers basic to the service. Come join us in the Meeting Room downstairs from 10-11 am. This year, the service will meet twice each month, on the first and third Saturdays. Sarah Roark and Rachelle Solkowitz will alternate leading the service.

Congregation Beth El Gratefully Acknowledges the Following Contributions (As of October 27, 2000)

Bendit Adult Institute Fund

In Memory Of: Martha Mannheimer by Harry Mannheimer.

Beth El Forest

In Memory Of: Sylvia Abraham by Barbara Hadley; Phillip Max Rosenberg by Joan P. Gagliardi; Marce Goldberg by Marta Wassertzug; Hanan Shaham, brother of Tutti Sokol, by Marta and Bernard Wassertzug; Milton Doberman, loving husband, father and grandfather, by Faye Doberman; Sara Pankowski by Jacob Pankowski Family.

Cantor's Fund

In Honor Of: Hazzan Lubin for helping to prepare Avi Birnkrant for his Bar Mitzvah by Alan and Debbie Birnkrant; Hazzan Lubin, for teaching Aviva and participating in her Bat Mitzvah by Lynn Goldin and Henry Birnkrant. In Memory Of: My beloved grandmother, Gertrude Parkoff Schultz, by Tricia Sachs; My husband, Ed Golfer, by Bea Golfer; Lillie Lefkowitz by Jerry and Fay Chernin.

Capital Campaign

In Memory Of: Irving Cohn by Dale and Harvey Gold.

Chevre Kadisha Fund

In Memory Of: My beloved and sorely missed sister, Audrey Goldberg, by Sabina Shalom; Rabbi Abraham H. Stern by Rochelle E. Stern; Helene Gruenberg by Edith G. Weisz; Charles Lefkowitz by Jerry and Fay Chernin; Ivor Pitch, father, by Anthony Pitch; Fruma and David Max by Jody and Edward Max; Regina Gruenberg by Edith G. Weisz.

College Fund

In Memory Of: Warren Rosing by Douglas Rosing.

Feld Memorial Lecture Endowment Fund

In Memory Of: Aaron Sosinsky by Rose Papier.

Fine Arts Fund

In Memory Of: Dearly beloved brother, Sigmund Gerber, by Mrs. Esther G. Kohn.

General Fund

Cheryl I. Bleiberg; Jonathan Klugman. In Honor Of: Wishing a speedy recovery to Esther Liss by Meryl and Don Goodman and Family; Dr. Kotelanski by Mrs. Paul Cooper; Evelyn Shevin's recovery by Frans Coetzee and Marilyn Shevin Coetzee; For A Sweet Year for Andrea, David and Gabriela Rifkind by Jane and Bob Hillman; Basil Rifkind's birthday by Jane and Bob Hillman; Anniversary of Margaret and Basil Rifkind by Jane and Bob Hillman; Sarah, Moshe and Daphne Friedman by Gail Aronoff Granek; A speedy recovery and back to good health for Esther Liss by Suetelle and Ben Liss. In Memory Of: My beloved mother, Chana Kozolchyk, by Marla and Oscar Olchyk; Aaron Weintraub by Dr. Herbert Weintraub; Belle Shefferman by Sholom Shefferman; Ed Golfer by Edna and Max Krents; Hersh Lieb by Frank and Harriet Weinstein.

Groner Ramah Scholarship Fund

In Memory Of: Sylvia Cohen Berman, mother, by Lois and Larry Jassie.

Israel Experience Teen Fund

In Honor Of: Sarah Goott's participation in the Rosh Hashanah Service by Daniel and Elaine Mann; Hans Hirsch's many years of

service as a Shofar blower by Daniel and Elaine Mann. In Memory Of: Ronnie Britan, cousin of Bobi Baruch, by The Bregman Family.

Kimball Nursery School Fund

In Honor Of: Sara Greenbaum's birthday by Susan Levine. In Memory Of: Zalman and Rebecca Ginderov by Boris Ginderov.

Library Fund

In Memory Of: Barry R. Harris by Sandra Harris and Family; Jacob Kaplan by Donald A. Kaplan.

Masorti

In Memory Of: Aaron Lowenstein by Janet Willen.

Mazon

Marina Ginderov. In Honor Of: Our aliyah on Rosh Hashanah by Neil Levy and Linda Perle; Bat Mitzvah of Aviva Birnkrant by Lynn Goldin and Henry Birnkrant; Dan's Davening Yom Kippur by Marilyn D. and Daniel Kweller; Avi Birnkrant's Bar Mitzvah by Alan and Debbie Birnkrant; Ben's Bar Mitzvah by Sheldon Bolasny and Paola Samakovlija-Bolasny. In Memory Of: Charles Oshinsky by Bernice Breslau; Dora Dolansky by Rosalyn D. Bass; Rebecca Zagoria, mother, by Etta Kline; Samuel Yerman, father, by Rosalie Wolfson.

Morning Minyan Fund

In Honor Of: In appreciation for conducting the evening service in my home by Sheila Birnbach. In Memory Of: Ed Golfer by Marilyn and Gary Wind, Barbara and Allen Lerman, and Cary and Nancy Feldman; Sol Brody by "The Platter Group"; Howard Grant by Dr. Herbert and Elaine Tanenbaum; Isadore Edgar Fassberg by Vera B. Fassberg; Sidney Leviton by Edward Leviton; Rose Fassberg by Vera B. Fassberg; Rita Minker by Jack Minker; Nathan Dubrow by Mary Dubrow; Beloved grandmother, Edna Routhenstein, by Dr. Stephen and Susan Levinson.

Music Fund

In Honor Of: Emily Danoff, in appreciation for her tutoring Aviva for her Bat Mitzvah by Lynn Goldin and Henry Birnkrant. In Memory Of: Archie Berde by Irene Hauser; Cyril P. Heiman by Irene Hauser; Dorothy Feinberg, mother of Kenneth and David Feinberg, by Doug and Brenda Bregman.

Nitzanim Fund

In Honor Of: Shira Winston's 6th birthday by Colin, Audrey and Reuben Winston; Second birthday of our daughter, Elizabeth, by Rochelle Stern and Tom Warrick. In Memory Of: Frank Winston by Colin, Audrey, Shira and Reuben Winston.

Perspectives Fund

In Memory Of: Robert S. Treinish by Evelyn and Ronnie Treinish; Ed Golfer by Evelyn and Ronnie Treinish and Howard and Julia Copperman.

Prayerbook Fund

In Memory Of: Bernard Bobb, beloved father, by Anita and Howard Ratain; Evelyn Ginsberg by Phillip and Vivian Gorden; Nathan Abramowitz by Burt and Georgette Abramowitz; Mother, Minnie K. Segal, by Beatrice and Robert Newell; Joseph Golickman by Harvey Gordon; Solomon Joseph Ozarin by Dr. Lucy Ozarin; Nathaniel Cohan by Rita and Sol Barr; Our beloved mother, Edna Routhenstein, by Irene Routhenstein and Shirley Levine Wasserman; Adele Krigelman, my dear sister-in-law, by Reba Hirsh.