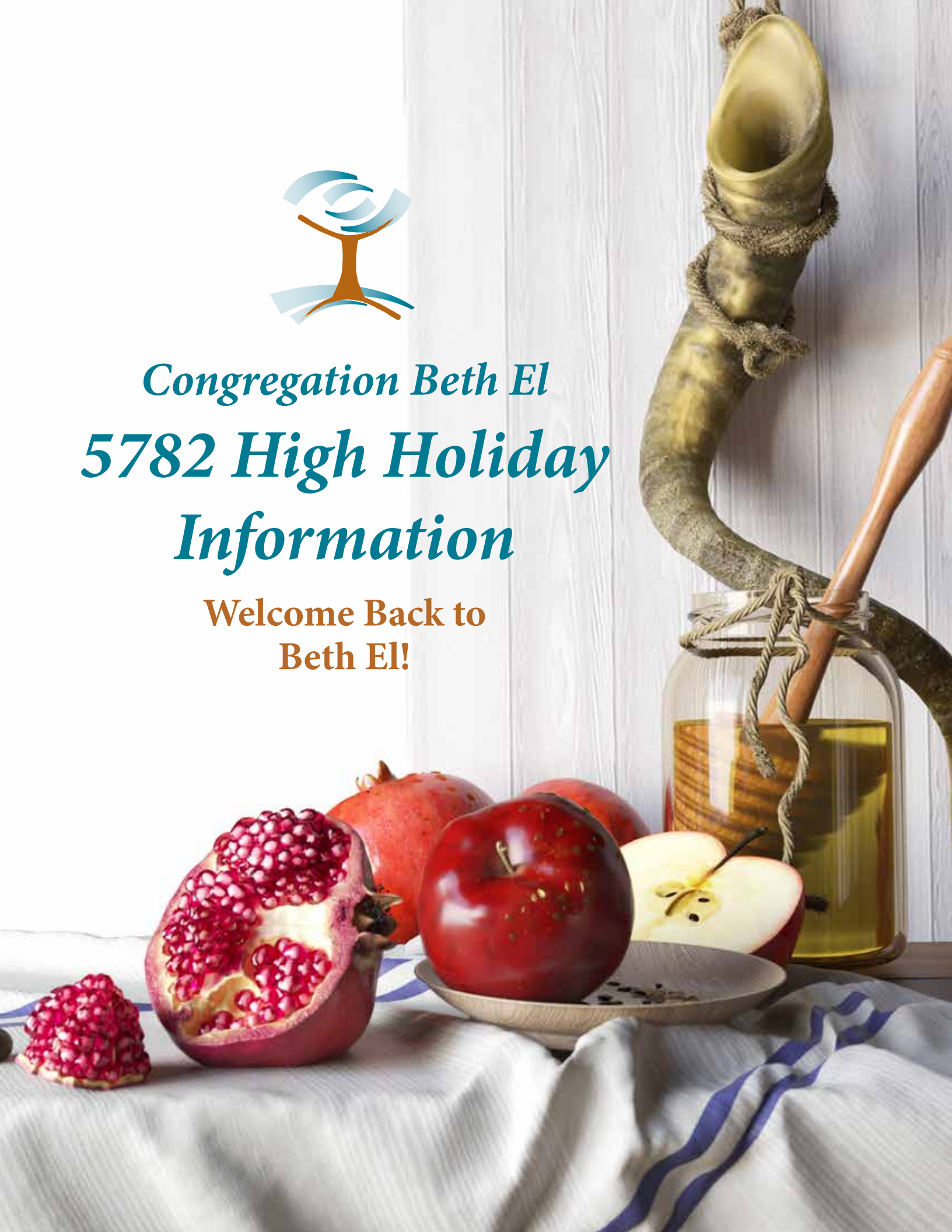




Congregation Beth El
5782 High Holiday
Information

**Welcome Back to
Beth El!**



B'ruchim Habaim

Welcome Back to Beth El!

The return to the building is exciting and overwhelming, new again and yet completely routine. As we make our way back together, our clergy and executive director offer their personal perspectives.

From Rabbi Greg Harris

Welcome home! This is how I greet people at shul now. Our worship spaces are filling, children's laughter is heard on the playground, and our parking lot is used for services, projects, and more. These are the signs of our building re-opening. But the Beth El community never paused. We have learned to gather in backyards and on walks, on screens and screened porches. We will continue to build off these experiences as we also embrace the familiarity of the sanctuary.

The past year has felt like the shevarim blasts of the shofar – the three broken blows. The stuttering sounds symbolize the breaks in life. We have had moments of starting and stopping. The tones might also sound joyful or sad. We have felt all these things. As we approach the High Holidays, this is a time for us to reflect together. Life has stuttered in many ways but we are re-emerging together. Let's think about what personal and communal lessons we will take into 5782. Rabbi Megdal, Hazzan Fradkin, and I are excited for the year to come.

From Hazzan Asa Fradkin

I'm thrilled to say that we are in the midst of our reopening campaign at Beth El. Campaign? Actually, yes. Going to synagogue on a regular basis, participating in community, talking with friends in the halls, sharing a meal; these are the foundations of our community.

Sadly, we have become unaccustomed to being present in person and bathing in the vibrancy of our Kehilah.

It's time for us to start returning. It's time for us to sing again. It's time for us to smile at one another again. And it's time for us to pray together again.

It's not going to happen all at once, but we need to start opening ourselves back up to the rhythms of shul life.

Choirs will sing again. Minyanim will daven together again. Mah Jongg will be in person. Meditation groups will meet face to face.



There will once more be such a dazzling array of activities that not even the clergy know what all of them are!

That has been one of the hallmarks of Beth El.

So come back and make community. Come back in small steps or come back in giant leaps. Come back and read Torah. Come back and lead services. Come back and study Talmud. Come back and see your friends. Come back and talk to God.

We can't wait to see you over these next few months. Have a wonderful and healthy summer.



From Rabbi Deborah Megdal

Hello, Beth El!

I am so excited to meet you all very soon. I have been blessed to discover, as we joined together in meaningful prayer, engaging Torah study, and warm conversation, that Beth El is my new home. I am deeply grateful to be welcomed into a community of joyful energy, profound commitment to tradition, and enduring love for each other. I look forward to hearing your stories, to learning with you, and to being with you for the windy, sacred spirals of life's paths. In this collective moment of healing and recovery after a year of loss and resilience, we are called to engage with more intentionality and care. I pray that we are all empowered to confront spiritual challenges with empathy, forgiveness, and grace.

My partner, Karen, and I love Israeli food, music, and visiting family and friends whenever we can. Karen enjoys serving the Jewish People through her expertise in marketing and communications. We look forward to spending our first High Holidays with our new Beth El family. Now, which way to the shakshuka?

From Executive Director Henry Feller

I have just celebrated my one-year anniversary as Executive Director of Beth El. The transition year that was expected has not come to pass. When I was first introduced to the congregation – virtually, of course – none of us knew what to expect and, since then, there have been surprises around every corner. Over the course of my career I have experienced “trial by fire” in a variety of business and corporate settings while “trial amidst a pandemic” is totally new ground for me and everyone.

We at Beth El are all on a journey as we emerge from pandemic-influenced operations and move towards a shared “new normal.” I expect challenges and look to the opportunities that will present themselves, perhaps hidden to us at first, growing and being addressed by our amazing clergy, staff, and lay leadership. The coming year will almost surely be complex as we evolve as a congregation in this changing environment.

This past year, we had experiences that are now history; as we move forward, there are things that will look the same while others will be different. Join me in a truly new transition year, where we sense the vibrancy of our Beth El community, see both old and new faces in-person, and we directly hear voices echo in song and prayer in the building. I look to the opportunities for us to meet and share the journey together.

About the 5782 High Holiday Experience

This year, Beth El is excited to offer an array of both in-person and virtual High Holiday experiences. Our Rosh Hashanah and Yom Kippur programming brings back in-person services that reflect the traditions we enjoyed pre-pandemic, but also includes virtual and at-home experiences that make participation more possible, engaging, and accessible. Beth El is committed to providing a spiritual and joyful High Holiday experience for all as we renew ourselves and our spirits in the new year.

We know some are eager to return to the halls of Beth El, while others have found meaning and spirituality in at-home and outdoor worship spaces. And we recognize

that we have varying comfort levels with being together in person in large groups. The more traditional elements of Beth El's High Holiday services and programming are included in this package.

As we are re-emerging, we are taking the opportunity to build from our strengths and will introduce new, engaging service and programming offerings that will complement the customs and traditions that lie at our core. Please watch your email, as well as the Beth El website and social media pages for information as more details about these programs become available.

What services will be available?

Service offerings will include Traditional services, as well as the Kol Haneshama, Family, and Children's services. There will be both in-person and virtual service options. See pages 8 and 9 in this booklet for a complete service schedule.

Will there be capacity limits at in-person services?

We expect all service venues will be open at full capacity.

What COVID protocols will be in place?

A decision on masking will be made later in the summer by the Beth El COVID Task Force considering varying comfort levels, as well as our younger congregants ages 12 and younger, who remain unable to be vaccinated. We do not anticipate checking vaccination cards, taking temperatures, or contact tracing. Junior Congregation (grades 6 and 7) will be held only at the Bethesda Hyatt to allow for greater spacing between a likely mix of vaccinated and unvaccinated students.

Will we have a second location?

Yes. Previous locations are unavailable due to ongoing construction. As such, we will be utilizing the Hyatt in downtown Bethesda for our second Traditional service, an additional young family (under 2nd grade) service, and Junior Congregation. Parking vouchers will be provided for each day for those attending this service.

Will we be able to bring non-member guests?

Yes. Tickets for non-member guests are \$250/adult and \$125/child under 18.

Will babysitting be available?

We anticipate babysitting will be available during services taking place at Beth El for children ages 2-6. Please complete the enclosed form to request babysitting.

What virtual options will be available?

Beth El will offer livestreams of the Main Sanctuary service, as well as dedicated Zoom services and the virtual lobby many enjoyed last year. Additional details on virtual services can be found in the full service schedule. Virtual options will be open to all congregants and accessible through a password-protected webpage. For the privacy of our members, you must register for High Holiday tickets (even if you plan to attend only virtually) to receive the password.

Will there be family-friendly in-person options?

Yes! The popular neighborhood shofar blowing will continue, a new family-focused Taschlich is scheduled, and a number of both indoor and outdoor in-person experiences at the synagogue and in the community are in the works. Please watch the Shabbat Announcements and social media for more information as these programs are finalized. In addition, Beth El is assembling a library of materials to support those who choose to host at-home services for family and friends.

Please note all plans detailed throughout this packet reflect our expectations at this time and given the current state of the pandemic. As we've become accustomed to, everything is subject to change should COVID numbers increase or other parameters change.

5782 High Holiday Information

High Holiday Information

Information regarding High Holiday Services, tickets, and other important details is included in this mailing. Take a few moments to review it, and feel free to call the office at 301-652-2606 if you have any questions.

Rosh Hashanah begins Monday evening, September 6. Make sure to return your High Holiday Registration Form as soon as possible.

High Holiday Service Details

Congregation Beth El offers multiple services for congregants and guests.

Main Service in the Beth El Bender Sanctuary and at Hyatt Regency in downtown Bethesda:

Returning to traditions that go back decades at Beth El, there will be two main services on Rosh Hashanah and Yom Kippur (only one location on the second day of Rosh Hashanah). The Main Services are officiated by Rabbi Greg Harris, Rabbi Deborah Megdal, Hazzan Asa Fradkin, and lay leaders. They bring together families and friends for familiar prayers, powerful spiritual moments, and provocative sermons. Synagogue leaders are honored for their service to the community. The Conservative movement's High Holiday prayer book, *Mahzor Lev Shalem*, is used. Special musical arrangements of the prayers complement traditional readings. The Main Sanctuary service will be livestreamed.

Kol Haneshama:

Offered on the first day of Rosh Hashanah, Kol Nidre, and Yom Kippur through the end of Musaf, Kol Haneshama is a mix of tradition and innovation, music and ideas. Led by Rabbi Jenna Stein Turow and congregants, the service is warm and accessible, participatory, and engaging. The Kol Haneshama service will be livestreamed.

Family Services:

Offered on both days of Rosh Hashanah and Yom Kippur morning, the Family Service is geared toward families with children in 3rd - 5th grades (younger and older siblings are welcome). Led by Rabbi Jess Minnen, the services are designed to include both parents and children in the themes of the holidays, exploring Rosh Hashanah and Yom Kippur through stories, songs, and prayer. Due to space limitations, at least one child in the household must be in the appropriate grade range in order for Family Service tickets to be issued. A virtual Family Service is also available this year.

Services and Programming for Children, Teens, and Young Families:

- **Young Family Service:** This service for young families with children from birth to 2nd grade celebrates and recognizes the holidays with singing and stories.
- **Junior Congregation:** This service for children in 6th and 7th grades offers a focus on prayer and making connections with the holidays as students prepare for the b'nai mitzvah. This year, this service will be held only at the Hyatt Regency to allow for greater social distancing.
- **Teen Discussions:** In addition to attending a service above, all post-b'nai mitzvah teens are invited to discuss themes of the High Holidays with members of Beth El's Upper School faculty. Both in-person and virtual teen discussions will be available.

Ma'ariv and Meditation:

Held on the second evening of Rosh Hashanah, the Ma'ariv and Meditation service offers a second chance to look back, look within, and settle ourselves on the path of spiritual renewal.

Tashlich

Beth El gathers on the bridge over the stream behind the Sunrise Senior Living building (formerly Spring House) on Battery Lane to conduct the ritual of symbolically throwing our sins in a body of moving water at Tashlich. New this year, we will also have a separate Tashlich service for young families. BYO stale bagels and bread.

Virtual and At-Home Services and Programming:

Recognizing that spirituality happens well beyond the sanctuary, Beth El will offer a variety of virtual and community-based services and programs. A list of planned services is included on the next page and details on the many additional programs being planned will be forthcoming.

Payment Information

How to Pay

Payment for all dues, tuition, Yizkor book, and youth and affinity groups, should be made by check payable to Beth El, unless you are paying through the member portal (see next paragraph). At least the first quarter of your dues and Religious School tuition (if applicable) must be returned with your High Holiday Registration Form in order to receive High Holiday tickets.

High Holiday Registration through the Member Portal

Congregants can make payments, request High Holiday seats, and update their Yizkor book information through the member portal. Make payments on the “My Finances” tab; check the boxes next to the desired invoices, then click “Pay Bills” and follow the directions. Links to request High Holiday tickets and Yizkor book information are available on the home page under “My Messages.” Log in or sign up for the member portal at members.bethelmc.org. For questions and assistance, contact Tiarra Joslyn at tjoslyn@bethelmc.org.



Special Financial Arrangements

If you need to make special financial arrangements for dues and/or tuition, please contact our Executive Director, Henry Feller, at 301-652-2606, extension 106, by Monday, August 9. All inquiries are kept private.

High Holiday Seats

On the Registration Form, please rank your first three choices of service location and enter the total number of tickets needed for members, children 7-25 years of age (as of June 1, 2021), and non-members, or indicate if you wish to attend services virtually only. Full payment for additional High Holiday tickets must accompany the Registration Form.

While tickets are for a specific service, there is no reserved seating within each service. Seating is first-come, first-served. Please help us accommodate everyone comfortably and without commotion by not holding seats for family members and/or guests who arrive later. Ushers will fill unoccupied seats as needed.

High Holiday Registration Forms will be processed on a first-come, first-served basis. In order to maximize the probability of obtaining seats for the service of your choice, please submit the Registration Form, together

with the appropriate payment, as soon as possible; tickets will go on sale to non-members after Monday, August 9. The form must be fully completed and include payment of any past-due balance, at least one quarter of the 2021-2022 membership dues, security assessment, building fund, and tuition (if applicable), and full payment of optional organization/activity fees and additional High Holiday tickets. Please order tickets for yourself and immediate family members only if they are attending services.

In accordance with our policy, we can provide free tickets to members' children who did not reach their 26th birthday before June 1, 2021. Tickets for adult children 26 and over, relatives of Beth El families visiting for the High Holidays, and members of the community may be purchased for \$250 per adult and \$125 per child under 18. Alternatively, those between 26-29 years of age may join Beth El for \$50 (individual) or \$100 (couple).

Yizkor Memorial Book

You may memorialize your loved ones by submitting their names on the Yizkor Book form included in this registration packet or on the member portal. Please be sure to print the names clearly. Listings for the Yizkor Memorial Book must be received by Monday, August 9. Please make sure your name is on the form. It is customary, but not required, to give a donation in memory of your loved ones when listing their names in the Yizkor Book.



Support Congregation Beth El

At Beth El, we pray, learn, sing, dance, celebrate, schmooze, debate, and, last but not least, eat. Our full schedule of services, classes, and programs offers ways for us to share a vibrant, communal Jewish life. At Beth El, we are accepting of our differences and embrace what makes each of us unique.

The past pandemic year, while difficult, truly brought out the best in our community. We pivoted to address the challenges of operating despite quarantine restrictions, which led to upgraded technical equipment and services; an increase in both size and scope of subsidized memberships; and substantial investment in COVID-safe materials – all while meeting government-mandated guidelines and successfully avoiding layoffs of our custodial, kitchen, teaching, and office staff.

Beth El's goal of responding to challenges while continuing to build a thriving Jewish community is bold. Whether your focus is community service through tikkun olam, lifelong learning, religious observance and spirituality, or the future of the Jewish community, **a gift to Beth El will support these efforts where membership dues, tuition, and fees alone cannot.**



A simpler approach to Annual Giving at Beth El

Immediately before Rosh Hashanah, you will receive in the mail our traditional High Holiday Appeal from Beth El clergy. In the past two years, our congregation has answered the call – we have received most of our Annual Campaign contributions for the fiscal year (we are now in FY22: June 2021 – May 2022) in response to our clergy's appeal. We hope that those who can will continue to give generously.

Keep our community whole

Long a part of Beth El's efforts to keep our community whole, the Pillars Fund provides dues and tuition support for those who want to retain membership/student enrollment in Religious School in the face of financial challenges. With nearly 10% of the Beth El budget annually earmarked for member subsidies, donations to Pillars are just one way of addressing these often unseen needs.

A celebratory "Thank You!"

Everyone is invited to the highlight of Beth El's fundraising year – the Annual Gala on Saturday, January 8, 2022. Individual tickets will be available for purchase later this fall BUT if your FY22 Annual Campaign contribution (including all donations to Ner Tamid, Pillars, Hanukkah Wish List, General Fund, and any other named funds), totals \$2,500 or more OR you pledge to reach the \$2,500+ contribution level before January 8, 2022, you will be invited to a pre-Gala reception and receive complimentary Gala tickets.



One of the great strengths of Beth El is our egalitarian nature. We hope everyone contributes a gift that is meaningful and makes you feel good so that all congregants share in the cost of maintaining the Beth El community.

To make your FY22 gift, please go to bethelmc.org/annualcampaign or contact Lori Ulanow, Development Director, at 301-652-2606, ext. 118, or lulanow@bethelmc.org.

Whatever the amount, your generous support will make a real impact as Beth El goes from strength to strength.

5782 High Holiday

	BETH EL MAIN SERVICE <i>(All services will also be livestreamed.)</i>	BETH EL KOL HANESHAMA SERVICE <i>(All services will also be livestreamed.)</i>	HYATT MAIN SERVICE*	(For
Erev Rosh Hashanah Monday, September 6 <i>Festival Evening Service</i>	6:30 pm Rabbi Harris, Rabbi Megdal, and Hazzan Fradkin	With Main Service	Service only at Beth El	
Rosh Hashanah - Day 1 Tuesday, September 7 <i>Festival Morning Service</i>	9:00 am Rabbi Megdal and Hazzan Fradkin	10:00 am Rabbi Turow and Lay Leaders	9:00 am Rabbi Harris and Lay Leaders	
Rosh Hashanah - Day 1 Tuesday, September 7 <i>Tashlich Service</i> <i>(Livestreaming not available)</i>	4:00 pm Behind Sunrise Senior Living Building on Battery Lane			
Rosh Hashanah - Day 2 Tuesday, September 7 <i>Festival Evening Service - Sanctuary</i>	6:30 pm Rabbi Harris and Lay Leaders	With Main Service	Service only at Beth El	
Rosh Hashanah - Day 2 Tuesday, September 7 <i>Ma'ariv and Meditation - Chapel</i>	6:30 pm Hazzan Fradkin and Rabbi Megdal		Service only at Beth El	
Rosh Hashanah - Day 2 Wednesday, September 8 <i>Festival Morning Service</i>	9:00 am Rabbi Harris, Rabbi Megdal, Hazzan Fradkin, and Lay Leaders	With Main Service	Service only at Beth El	
Kol Nidre Wednesday, September 15	6:30 pm Rabbi Harris and Lay Leaders	6:30 pm Rabbi Turow and Lay Leaders <i>Complete Kol Nidre Service</i>	6:30 pm Rabbi Megdal and Hazzan Fradkin	
Yom Kippur Thursday, September 16 <i>Morning Service 9:00 am</i> <i>Torah Reading 10:00 am</i> <i>Sermon/Yizkor/Musaf 11:30 am</i> <i>Meditation 2:30 pm (Beth El only)</i> <i>High Holiday Seminar 4:00 pm</i> <i>Mincha 5:35 pm</i> <i>Neilah/Ma'ariv 6:55 pm</i> <i>Conclusion of Fast/Shofar 7:55 pm</i>	Rabbi Harris and Lay Leaders	10:00 am Rabbi Turow and Lay Leaders <i>Service concludes with Musaf and Yizkor</i>	Rabbi Megdal and Hazzan Fradkin	

*Parking vouchers will be provided for those attending services at the Hyatt. Please park on level P3.

Service Schedule

FAMILY SERVICE

For families with children
(in 3rd-5th grade)

TEEN DISCUSSION

10:30 am-Noon
Rabbi Minnen
at Bethesda United
Methodist Church

11:00 am
at Beth El and
Hyatt

10:30 am-Noon
Rabbi Minnen
Swoff Chapel

11:00 am
at Beth El only

10:30 am-Noon
Rabbi Minnen
at Bethesda United
Methodist Church

11:00 am
at Beth El and
Hyatt

IN-PERSON SERVICES FOR YOUNG FAMILIES AND CHILDREN

	Beth El	Hyatt Regency
Rosh Hashanah - Day 1 Tuesday, September 7 <i>Young Families</i> (birth - 2nd grade)	10:00 am Bethesda United Methodist Church (downstairs)	10:00 am Hyatt Regency Cabinet and Judiciary Rooms
Rosh Hashanah - Day 1 Tuesday, September 7 <i>6th & 7th grades</i>	Service only at the Hyatt	10:30 am Hyatt Regency Rooftop Room
Rosh Hashanah - Day 1 Tuesday, September 7 <i>Tashlich Service for families</i> <i>with young children</i>	3:30 pm Behind Sunrise Senior Living Building on Battery Lane	
Rosh Hashanah - Day 2 Wednesday, September 8 <i>Young Families</i> (birth - 2nd grade)	10:00 am Beth El Multi-Purpose Room	Service only at Beth El
Rosh Hashanah - Day 2 Wednesday, September 8 <i>6th & 7th grades</i>	10:30 am Beth El Library	Service only at Beth El
Yom Kippur Thursday, September 16 <i>Young Families</i> (birth - 2nd grade)	10:00 am Bethesda United Methodist Church (downstairs)	10:00 am Hyatt Regency Cabinet and Judiciary Rooms
Yom Kippur Thursday, September 16 <i>6th & 7th grades</i>	Service only at the Hyatt	10:30 am Hyatt Regency Rooftop Room

VIRTUAL SERVICES FOR YOUNG FAMILIES AND CHILDREN

	Jr. Congregation (6th & 7th Grades)	Family Service	Teen Discussion
Rosh Hashanah - Day 1 Tuesday, September 7	10:30 am Zoom Service Sarah Roark	1:30 pm Zoom Service Rabbi Minnen	11:00 am-Noon Zoom Discussion Sheldon Novek
Rosh Hashanah - Day 2 Wednesday, September 8	10:30 am Zoom Service Sarah Roark	10:30 am Livestream from Chapel Rabbi Minnen	11:00 am-Noon Zoom Discussion Sheldon Novek
Yom Kippur Thursday, September 16	10:30 am Zoom Service Sarah Roark	1:30 pm Zoom Service Rabbi Minnen	11:00 am-Noon Zoom Discussion Sheldon Novek

Families attending one of the Family Services listed may also register to attend one of the available Main Services and attend that service once the Family Services conclude at noon or on Kol Nidre.

Beth El Men's Club

The Beth El Men's Club gives men and their families meaningful ways to participate in the Beth El community through a range of programs designed to foster spirituality, community, and social action. Join us most Sundays at 10:00 am for the **Breakfast Series**; or the first Thursday evening of each month for the **Hearing Men's Voices** discussion group. We also sponsor a number of events throughout the year. Look for social media posts and other notices about activities such as:



- Purim Carnival
- Yellow Candle/Yom HaShoah observance
- Mitzvah Day projects
- Annual Fishing Trip on the Chesapeake Bay
- Annual Sukkah Hop
- Jews & Brews, where Rabbi Harris leads spiritual/spiritual discussions at a local bar or congregant's home
- Beer and bourbon tastings
- World Wide Wrap (t'fillin instructions)

The Men's Club continues its initiative to promote activism by younger men, including a range of family programs:

- Beth El softball team
- Outdoor family Havdalah service
- Family Volunteering at Manna Food Center
- Summer family hikes in Great Falls
- Beth El Family Night at Bethesda Big Train Baseball
- Magic shows and carnival artists during the year

Please join us for an event and support Men's Club by attending or sponsoring a Sunday morning breakfast.

Contact Josh Rosenstein, Men's Club President, at joshua.rosenstein@gmail.com or Jeff Spector, VP of Membership, at rjspector@rcn.com to learn more about the Men's Club.

You can also visit our page on the Beth El website at <https://www.bethelmc.org/mens-club>.

Beth El Sisterhood/Zhava

Dynamic, engaging, and relevant to the lives of Beth El women and our community. Sisterhood and Zhava provide women with social, educational, religious, and social action involvement to support personal growth and Jewish connections to the congregation and community. Zhava is geared towards women in their 30s-50s, but all women are welcome to join events hosted by both Sisterhood and Zhava.



Sisterhood/Zhava: Supporting connections for women of all ages and interests.

Community

- Beth El Cookbook
- Grandparent's Memory Book
- Kesher Nashim
- Gift Shop and Invitations
- Mah Jongg
- Mitzvah Day and Good Deeds Day Projects
- Food, Clothing, and Toiletry Collections

Personal Growth

- Rosh Chodesh Study Group
- Torah Study
- Speakers
- Book Group
- Crafts Workshops

Jewish Involvement

- Sisterhood Shabbat
- Passover Program
- Hamantaschen Baking
- Sukkah Program
- Tallit Workshop
- Torah Fund

Connect and Grow with Zhava

Zhava provides opportunities to socialize, network, learn, and share dynamic, meaningful experiences. Join us for crafting nights, holiday wine exchanges, tikkun olam opportunities for Good Deeds Day and Mitzvah Day, mah jongg and canasta, educational and religious programs, and more! Zhava specifically addresses the interests of young women and women with school-age children, but all women are welcome at all events and activities.

Membership questions?

For Sisterhood: Contact our membership chairs, Linda Fassberg at flugerfassberg@verizon.net and Susan King at susanking41@gmail.com.

For Zhava: Contact Zhava co-chairs Joy Demain and Dara Freling at bethelzhava@gmail.com.

Join Us! Men's Club and Sisterhood/Zhava

PLEASE JOIN THE MEN'S CLUB OF CONGREGATION BETH EL!

Name _____ Email _____

Address _____

Phone (H) _____ Phone (C) _____

Please complete the form by checking the appropriate boxes.

Members in 2020-21 will find the \$36 membership dues included on the High Holiday registration form.

Please Check Membership Status:

- ☐ I was a Men's Club member last year and wish to continue as a member.
- ☐ I was not a Men's Club member last year and wish to join the Men's Club this year.
- ☐ I am a new member of Beth El (joined after March 1, 2021) and wish to have a one-year free membership in the Men's Club.

Please Check Method of Payment:

- ☐ The \$36 Men's Club dues are included with my Beth El fees on the High Holiday Registration Form.
- ☐ A check for the \$36 dues (**payable to Congregation Beth El**) is attached to this form since payment was **not** included with the High Holiday registration form.
- ☐ I joined Beth El after March 1, 2021, and will accept a one-year free membership in Men's Club.

Return this form with your High Holiday registration or send to the Beth El office.

SISTERHOOD/ZHAVA OF BETH EL

Name _____ Email _____

Address _____

Phone (H) _____ Phone (C) _____

Continuing Members: Members in 2020-21 will find the \$36 membership dues already included on the Sisterhood/Zhava line of the High Holiday Registration Form.

New members can write \$36 on the Sisterhood/Zhava line of the Registration Form or include a separate check.

Please Check Membership Status:

- ☐ I was a Sisterhood/Zhava member last year and wish to continue as a member.
- ☐ I was not a member of either group last year and wish to join Sisterhood/Zhava this year. (Please circle one.)
- ☐ I am a new member of Beth El (joined after March 1, 2021) and wish to have a one-year free membership in Sisterhood/Zhava (Please circle one.)

Please Check Method of Payment:

- ☐ The \$36 Sisterhood/Zhava dues are included with my Beth El fees on the High Holiday Registration Form.
- ☐ A check for the \$36 dues (**payable to Congregation Beth El Sisterhood**) is attached to this form since payment is **not** included with the High Holiday registration form.
- ☐ I joined Beth El after March 1, 2021, and will accept a one-year free membership in Sisterhood/Zhava. (Circle one.)

Return this form with your High Holiday registration or send to the Beth El office.

Get Involved! Youth Groups at Beth El

BETH EL YOUTH DEPARTMENT MEMBERSHIP APPLICATION 2021-22

Please complete this application and return it, along with a check for the appropriate youth dues, with your High Holiday registration or to Congregation Beth El, 8215 Old Georgetown Road, Bethesda, MD 20814.

Children covered by this application

1. Name: _____ Grade: _____ Program: _____ Email: _____

2. Name: _____ Grade: _____ Program: _____ Email: _____

3. Name: _____ Grade: _____ Program: _____ Email: _____

4. Name: _____ Grade: _____ Program: _____ Email: _____

Names and email addresses of Jewish friends not from Beth El who may be interested in joining our Youth Groups:

Parent/Guardian 1: _____ Email: _____ Phone (C) _____

Parent/Guardian 2: _____ Email: _____ Phone (C) _____

Address: _____ Phone (H) _____

Child's Cell Phone (6th-12th Grade Only): _____

Emergency Contact Person: _____ Cell Phone Number: _____

Second Emergency Contact Person: _____ Cell Phone Number: _____

Does your child have any allergies or physical conditions that require special medication? ☐ Yes ☐ No
If yes, please explain...

Are your child's activities to be restricted in any way? ☐ Yes ☐ No
If yes, please explain...

Do you consent to your child being driven by parent volunteers? ☐ Yes ☐ No

Do you consent to your child being driven by a professional bus/van service? ☐ Yes ☐ No

Photos are sometimes taken of youth participating in activities. Do you consent to your child's photo being used for publicity purposes? (For their safety, children's names are never published.) ☐ Yes ☐ No

Health Insurance Company Name: _____ ID#: _____

In the event I cannot be reached in an emergency, I give permission for a physician to hospitalize, secure treatment for, and order injections, anesthesia, or surgery for my child. Furthermore, in consideration of the involvement of my child in activities sponsored by the Youth Department of Congregation Beth El, I release Congregation Beth El from all liabilities as a result of any injury which might result from my child's participation in such activities or in transit to or from such activities. I agree that the supervising employee or volunteer from Congregation Beth El retains the authority to refuse participation of my child should he/she engage in inappropriate behavior or refuse to follow instructions of the supervisor of the activity.

Parent or Guardian Signature

Date

Youth Groups at Beth El

Live Jewish, Play Jewish!

Beth El Youth Groups offer a warm, welcoming, and inclusive experience for kids in Kindergarten through 12th grade. Our goal is to provide a fun atmosphere where our youth feel at home, make friends, and explore their Judaism through informal social and educational experiences. Fun social activities, Israel-themed events, social action projects, and sports leagues are just some of the activities our department has to offer. Through our inclusive programs, our youth have the opportunity to build a strong Jewish identity and learn valuable social and leadership skills, as well as gain self-confidence and a positive self-image. Joining a Beth El Youth Group ensures that you will receive all mailings, phone calls, and discounts for youth group activities, and be able to participate in regional and international programs.

How to Join?

1. Read the information below and choose the appropriate youth group(s).
2. Complete the Youth Department Application Form and return it with your High Holiday Registration Form.

Bonim Youth Group

Grades K, 1, and 2

Dues \$20

Beth El Teens

Grades 6 through 12

Dues \$75

Machar Youth Group

Grades 3, 4, and 5

Dues \$36



For more information on elementary youth programming, contact Rozzie Eppsteiner, Youth Engagement Coordinator, at reppsteiner@bethelmc.org. For more information on teen programming, contact Tali Moscowitz, Assistant Education Director, at tmoscowitz@bethelmc.org.



Join Our Magen David Adom Fundraiser

Standing with Israel is a core value of our community and it happens in many ways. Join together as we raise money for an ambulance to respond to emergencies across Israel. Magen David Adom (MDA) is Israel's emergency ambulance service. MDA EMTs and paramedics, many of whom are volunteers, devote their lives to saving lives of Israeli Jews, Israeli Arabs, and anyone who is in urgent need of help. Magen David Adom is Israel's national ambulance, blood-services, and disaster-relief organization, as well as Israel's representative to the International Red Cross. MDA is not a government agency and relies on people like us for funding. Through our gifts to Beth El's ambulance drive, we're saving Jewish, Muslim, Christian, Druze, and other lives throughout Israel.

MDA responds during disasters and conflicts as well as the daily needs of people.



Please help Beth El show support for Israel at this critical time of need. Go to bethelmc.org/stand-with-israel to join us in raising \$100,000 for a new Magen David Adom ambulance.

Lucy Ozarin Legacy Society

Lucy Ozarin was a member of Beth El for nearly 60 years when she passed away at the age of 103 in 2017. With her long and active association as both a volunteer and congregant in mind, Lucy remembered Beth El in her will...and left an astonishing legacy to pay off our synagogue's mortgage. In addition, Lucy requested that funds be set aside to dedicate the Early Shabbat Minyan anniversary breakfast in her name. Beth El has honored Lucy's generosity by naming our Legacy Society for her. The Lucy Ozarin Legacy Society seeks to establish a solid and secure financial foundation for Beth El's next generation and ensure that Beth El remains a leader within the Conservative movement and a vibrant center of Jewish life in Montgomery County.

Leaving a Legacy Gift

There are different ways to plan a legacy gift. Some can be completed without the help of an advisor, although you are always encouraged to consult a professional. Your legacy gift of any size can be designed to match your personal circumstances. In the same way that we plan for legacy gifts to colleges, universities, or hospitals, we can plan for the future of our synagogue.

Options include:

- a beneficiary designation in your retirement account
- a gift in your will or trust
- a life insurance policy designation or gift
- an outright gift using cash, stock, real estate, or other property
- a charitable trust

Ready to join the other 75 Beth El members who have committed to Beth El's future? Contact Lori Ulanow at lulanow@bethelmc.org or 301-652-8569, ext.118.



Lucy Ozarin z"l

High Holiday Volunteers Needed

BETH EL HIGH HOLIDAY VOLUNTEER SIGN-UP

All members of Congregation Beth El are encouraged to sign up for one or more volunteer spots during the High Holidays. It's a great way to get involved, to meet wonderful people, and to feel part of the Beth El family. Just check the areas that interest you and send the form to Beth El.

SHIFTS ARE APPROXIMATELY 1 TO 1-1/2 HOURS

NAME: _____

PHONE: _____ EMAIL: _____

USHERING *Ushers will be trained as needed.*

Choose the days you wish to volunteer:

- | | |
|--|--|
| <input type="checkbox"/> Erev Rosh Hashanah | <input type="checkbox"/> Rosh Hashanah Day 2 |
| <input type="checkbox"/> Rosh Hashanah Day 1 | <input type="checkbox"/> 2nd Night Rosh Hashanah |
| <input type="checkbox"/> Kol Nidre | <input type="checkbox"/> Yom Kippur |
| <input type="checkbox"/> No preference | |

Finally, check the location at which you'd like to usher:

- | | |
|--|---|
| <input type="checkbox"/> FRONT DOORS | |
| <input type="checkbox"/> SMALL CHAPEL DOORS - Kol Haneshamah service | |
| <input type="checkbox"/> SANCTUARY | |
| <input type="checkbox"/> NO PREFERENCE | |
| <input type="checkbox"/> Beth El | <input type="checkbox"/> Hyatt Regency |
| | <input type="checkbox"/> Family Service at Bethesda United Methodist Church |

Thank you for your help and support.



Best Wishes for a Happy, Healthy, and Peaceful New Year!

**HIGH HOLIDAY REGISTRATION AND
YIZKOR BOOK FORMS ARE DUE
MONDAY, AUGUST 9, 2021.**



Congregation Beth El of Montgomery County

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